November 2026

2 East Programs Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:30am Favorite Entertainers - TV2E 2:30pm Armchair Travel - TV2E 2:30pm Bingo - AR2E	**2** 10:30am Adapted Dance with Riki - MPR 1:30pm Group Exercise - TV2E 2:30pm Valleyview News - TV2E	**3** 10:30am Favorite Entertainers - TV2E 2:30pm Throwback Tuesdays - MPR 6:30pm Evening Unit Activities - V	**4** 10:30am Church Service - MPR 1:30pm Group Exercise - TV2E 2:00pm Happy Hour - MPR 2:30pm Favorite Entertainers - TV2E	**5** 9:30am Group Exercise - TV2E 10:30am Catholic Service - MPR 10:30am Friendly Visits - V 2E 2:30pm Community Artists Club - Remembrance Day Theme - MPR 6:30pm Evening Unit Activities - V	**6** 10:30am Music Appreciation - TV2E 2:30pm Jewish Service - MPR	**7** 10:30am Church Service - MPR 2:30pm Hymn Singing - V 2E
8 10:30am Armchair Travel - TV2E 2:30pm Music Appreciation - TV2E	**9** 10:30am Adapted Dance with Riki - MPR 1:30pm Group Exercise - TV2E 2:15pm Hearts in Action - Crawford Academy Students - CHAP 2:30pm current events - TV2E	**10** 10:30am Arts and Crafts - AR2E 2:30pm Throwback Tuesdays - MPR 6:30pm Evening Unit Activities - V	**11** Remembrance Day 10:30am Remembrance Day Service - MPR 1:30pm Group Exercise - TV2E 2:30pm Physical Games - TV2E	**12** 9:30am Group Exercise - TV2E 10:30am Friendly Visits - V 2E 2:30pm Community Bingo Club - MPR 2:30pm Video Entertainment and Discussion - TV2E 6:30pm Evening Unit Activities - V	**13** 10:30am Reminiscing - TV2E 10:30am Fellowship with Pastor George - MPR 2:30pm Jewish Service - MPR	**14** 10:30am Church Service - MPR 3:00pm Bethel SDA Group - MPR
15 10:15am movie - TV2E 2:30pm Video Concert - TV2E	**16** 10:30am Adapted Dance with Riki - MPR 1:30pm Group Exercise - TV2E 2:00pm Tim Horton's Coffee Cart - MPR 2:30pm Armchair Travel - TV2E	**17** 10:00am Special Event - Glamour Photo Booth - MPR 10:30am Cognitive Games - AR2E 2:30pm Throwback Tuesdays - MPR 6:30pm Evening Unit Activities - V	**18** 10:30am Church Service - MPR 1:30pm Group Exercise - TV2E 2:30pm Men's Club with Special Guest - Fisherman Jeremy - MPR 2:30pm movie - TV2E	**19** 9:30am Group Exercise - TV2E 10:30am Catholic Service - MPR 10:30am Friendly Visits - V 2E 2:30pm Entertainment - The Sparklettes - MPR 2:30pm Favorite Entertainers - TV2E 6:30pm Evening Unit Activities - V	**20** 10:30am Armchair Travel - TV2E 2:30pm Jewish Service - MPR	**21** 10:30am Church Service - MPR 3:00pm Japanese SDA Group - MPR
22 10:30am Hymn Singing - V 2E 2:30pm Reminiscing - TV2E	**23** 10:30am Adapted Dance with Riki - MPR 1:30pm Group Exercise - TV2E 2:30pm Music Appreciation - TV2E 2:30pm Residents' Council Meeting - MPR	**24** 10:30am Quiz and Sing Along" - TV2E 2:30pm Throwback Tuesdays - MPR 6:30pm Latin Ballroom Dancing - Evenings - MPR	**25** 10:30am Church Service - MPR 1:30pm Group Exercise - TV2E 2:30pm Birthday Party with James Regan - MPR	**26** 9:30am Group Exercise - TV2E 10:30am Friendly Visits - V 2E 2:30pm Cultural Mosaic - TV2E 6:30pm Pub Night with Country Kenny - MPR	**27** 10:30am Music Trivia - TV2E 2:30pm Jewish Service - MPR	**28** 10:30am Church Service - MPR 2:30pm Hymn Singing - V 2E
29 10:30am Video Entertainment and Discussion - TV2E 2:30pm Jolly Good Interest Club - TV2E	**30** 10:30am Adapted Dance with Riki - MPR 1:30pm Group Exercise - TV2E 2:15pm Hearts in Action - Crawford Academy Students - CHAP					

AR2E - Activity Room 2E CHAP - Chapel MPR - Multi-Purpose Room TV2E - TV Room 2E V - Varied

V 2E - Varied 2E

Programs may be subject to change.