

3 West Programs Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Sukkot 8:45am One to One Dining - DR3W 10:00am Seasonal Decorating - V 3W 1:00pm One to One Visits - RR3W 1:30pm Group Exercise - TV3W 2:30pm Oktoberfest Celebration - MPR 6:30pm Evening Unit Activities - V	2 Sukkot 10:00am Baking - AR3W 10:45am Coffee/Tea Social - AR3W 11:15am Oldies Music - AR3W 2:30pm Jewish Service - MPR 3:30pm Hymns 4:00pm One to One Visits - V 3W	3 10:30am Church Service - MPR 2:30pm Hymn Singing - TV3W
4 10:00am Armchair travel 2:30pm Sing Along - AR3W	5 8:45am One to One Dining - DR3W 10:30am Adapted Dance with Riki - MPR 10:45am Hymn Singing - TV3W 1:00pm One to One Visits - RR3W 1:30pm Group Exercise - TV3W 3:30pm I love Lucy Show - MPR	6 8:45am One to One Dining - DR3W 10:00am Bible Study - AR3W 10:30am Prayer Group - AR3W 10:45am Coffee/Tea Social - AR3W 1:30pm Group Exercise - TV3W 2:30pm Throwback Tuesdays - MPR 6:30pm Community Melodies - Evenings - MPR	7 10:30am Church Service - MPR 1:00pm One to One Visits - RR3W 2:30pm Arts and Crafts - Pumpkin Decorating - V 3W 4:00pm Italian Music - AR3W	8 8:45am One to One Dining - DR3W 10:30am Hot Chocolate Social - AR3W 11:00am Oldies Music - AR3W 1:30pm Group Exercise - TV3W 2:30pm Ladies Club - Beauty Care Spa - MPR 6:30pm Evening Unit Activities - V	9 10:30am Community Artists Club - Thanksgiving Theme - MPR 2:30pm Jewish Service - MPR 3:30pm Country Music - AR3W 4:00pm One to One Visits - RR3W	10 10:30am Church Service - MPR 3:00pm Bethel SDA Group - MPR
11 10:30am Community Baking Pie Making - MPR 2:30pm Community Thanksgiving Celebration - V	12 Thanksgiving 10:30am Adapted Dance with Riki - MPR 1:00pm One to One Visits - RR3W 2:00pm Thanksgiving Tea - V	13 10:30am Sing Along - AR3W 1:30pm Group Exercise - TV3W 2:30pm Throwback Tuesdays - MPR 3:00pm Wise Old Sayings - MPR 6:30pm Latin Ballroom Dancing - Evenings - MPR	14 10:00am Chaplain Visits - V 10:00am Residents Choice (TV) - TV3W 2:00pm Music Appreciation - TV3W	15 11:15am Sing Along - AR3W 1:30pm Group Exercise - TV3W 2:30pm Live Entertainment - Zachary Erickson - MPR	16 10:00am Bread Making - AR3W 10:45am Coffee/Tea Social - AR3W 11:15am Oldies Music - AR3W 2:30pm Jewish Service - MPR 3:30pm Hymns 4:00pm One to One Visits - RR3W	17 10:30am Church Service - MPR 3:00pm Japanese SDA Group - MPR
18 10:00am One to One Visits - RR3W 2:30pm Movie Afternoon - TV3W	19 8:45am One to One Dining - DR3W 10:30am Adapted Dance with Riki - MPR 10:45am One to One fitness - AR3W 1:00pm One to One Visits - RR3W 1:30pm Group Exercise - TV3W 2:30pm Residents' Council Meeting - MPR	20 8:45am One to One Dining - DR3W 10:00am Wise Old Sayings - TV3W 11:15am Sing Along - AR3W 1:30pm Group Exercise - TV3W 2:30pm Throwback Tuesdays - MPR 6:30pm Movie Time - Evenings - MPR	21 10:30am Church Service - MPR 1:00pm One to One Visits - RR3W 2:30pm Bingo - AR3W 4:00pm Disco Music - AR3W	22 8:45am One to One Dining - DR3W 10:00am Jeopardy - AR3W 11:15am Sing Along - TV3W 1:00pm One to One Visits - RR3W 1:30pm Group Exercise - TV3W 2:30pm Live Entertainment - Steven Schulman - MPR 6:30pm Evening Unit Activities - V	23 8:45am One to One Dining - DR3W 10:15am Mmmm Muffin Social - AR3W 11:15am Hymn Singing 2:30pm Jewish Service - MPR 3:30pm Spanish Music - AR3W 4:00pm One to One Visits - RR3W	24 10:30am Church Service - MPR 2:30pm Hymn Singing - TV3W
25 10:30am Oldies Music - AR3W 2:30pm I love Lucy Show - MPR	26 Municipal Election Day 8:45am One to One Dining - DR3W 10:30am Active Games - AR3W 11:15am Sing Along - AR3W 1:00pm One to One Visits - RR3W 1:30pm Group Exercise - TV3W 3:30pm Movie Afternoon - TV3W	27 10:00am Baking - AR3W 10:45am Coffee/Tea Social - AR3W 11:15am Oldies Music - AR3W 1:30pm Group Exercise - TV3W 2:15pm Fall Social - AR3W 2:30pm Throwback Tuesdays - MPR 6:30pm Evening Unit Activities - V	28 10:30am Church Service - MPR 1:00pm One to One Visits - RR3W 2:30pm Birthday Party - MPR 4:00pm Latin Music - AR3W	29 8:45am One to One Dining - DR3W 10:00am Arts and Crafts - V 3W 11:15am Sing Along - TV3W 1:00pm One to One Visits - RR3W 1:30pm Group Exercise - TV3W 2:30pm Community Baking - Autumn Theme - MPR 6:30pm Latin Ballroom Dancing - Evenings - MPR	30 10:30am Ball Throw - TV3W 11:15am Hymn Singing - TV3W 2:30pm Jewish Service - MPR	31 10:30am Church Service - MPR 2:30pm Hymn Singing

AR3W - Activity Room 3W

DR3W - Dining Room 3W

MPR - Multi-Purpose Room

RR3W - Resident Rooms 3W

TV3W - TV Room 3W

V - Varied

V 3W - Varied 3W

Some programs may take place outdoors, weather permitting. Programs may be subject to change.