

October 2026



2 East Programs Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Sukkot 9:30am Group Exercise - TV2E 10:30am Spiritual Songs - TV2E 2:30pm Octoberfest Celebration - MPR 6:30pm Evening Unit Activities - V	2 Sukkot 10:30am Physical Games - TV2E 2:30pm Jewish Service - MPR	3 10:30am Church Service - MPR 2:30pm Hymn Singing - V 2E
4 10:30am Friendly Visits - V 2E 2:30pm Armchair Travel - TV2E 3:30pm Music Appreciation - TV2E	5 10:30am Adapted Dance with Riki - MPR 1:00pm Friendly Visits - V 2E 1:30pm Group Exercise - TV2E 2:30pm Armchair Travel - TV2E 3:30pm I love Lucy Show - MPR	6 10:30am Valleyview News - TV2E 2:30pm Throwback Tuesdays - MPR 6:30pm Community Melodies - Evenings - MPR	7 10:30am Church Service - MPR 1:30pm Group Exercise - TV2E 2:30pm Arts and Crafts - Pumpkin Decorating - AR2E	8 9:30am Group Exercise - TV2E 10:30am Jolly Good Interest Club - TV2E 2:30pm Ladies Club - Beauty Care Spa - MPR 6:30pm Evening Unit Activities - V	9 10:30am Community Artists Club - Thanksgiving Theme - MPR 10:30am Music Appreciation - TV2E 2:30pm Jewish Service - MPR	10 10:30am Church Service - MPR 2:30pm Hymn Singing - V 2E 3:00pm Bethel SDA Group - MPR
11 10:30am Community Baking Pie Making - MPR 2:30pm Community Thanksgiving Celebration - V	12 Thanksgiving 10:30am Adapted Dance with Riki - MPR 1:30pm Group Exercise - TV2E 2:00pm Thanksgiving Tea - V	13 10:30am Armchair Travel - TV2E 2:30pm Throwback Tuesdays - MPR 3:00pm Wise Old Sayings - MPR 6:30pm Latin Ballroom Dancing - Evenings - MPR	14 10:00am Chaplain Visits - V 1:30pm Group Exercise - TV2E 2:30pm Video Entertainment and Discussion - TV2E	15 9:30am Group Exercise - TV2E 10:30am Bible Study - V 2E 2:30pm Live Entertainment - Zachary Erickson - MPR	16 10:30am Music Appreciation - TV2E 11:00am Reminiscing - TV2E 2:30pm Jewish Service - MPR	17 10:30am Church Service - MPR 2:30pm Hymn Singing - V 2E 3:00pm Japanese SDA Group - MPR
18 10:30am Hymn Singing - V 2E 2:30pm Jolly Good Interest Club - TV2E 3:30pm Movie - TV2E	19 10:30am Adapted Dance with Riki - MPR 1:30pm Group Exercise - TV2E 2:30pm Reminiscing - TV2E	20 10:30am Cultural Mosaic - TV2E 2:30pm Throwback Tuesdays - MPR 6:30pm Movie Time - Evenings - MPR	21 10:30am Church Service - MPR 1:30pm Group Exercise - TV2E 2:30pm Music Trivia - TV2E	22 9:30am Group Exercise - TV2E 10:30am Friendly Visits - V 2E 2:30pm Live Entertainment - Steven Schulman - MPR 6:30pm Evening Unit Activities - V	23 10:30am Favorite Entertainers - TV2E 2:30pm Jewish Service - MPR	24 10:30am Church Service - MPR 2:30pm Hymn Singing - V 2E
25 10:30am Arts and Crafts - AR2E 2:30pm I love Lucy Show - MPR 4:00pm Hymn Singing - V 2E	26 Municipal Election Day 10:30am Music Trivia - TV2E 1:30pm Group Exercise - TV2E 2:30pm Friendly Visits - V 2E 2:30pm Residents' Council Meeting - MPR	27 10:30am Music Appreciation - TV2E 2:30pm Throwback Tuesdays - MPR 6:30pm Evening Unit Activities - V	28 10:30am Church Service - MPR 1:30pm Group Exercise - TV2E 2:30pm Birthday Party - MPR	29 9:30am Group Exercise - TV2E 10:30am Friendly Visits - V 2E 2:30pm Community Baking - Autumn Theme - MPR 6:30pm Latin Ballroom Dancing - Evenings - MPR	30 10:30am Video Entertainment and Discussion - TV2E 2:30pm Jewish Service - MPR	31 10:30am Church Service - MPR 2:30pm Hymn Singing - V 2E 2:30pm Hymn Singing

AR2E - Activity Room 2E

MPR - Multi-Purpose Room

TV2E - TV Room 2E

V - Varied

V 2E - Varied 2E

Some programs may take place outdoors, weather permitting. Programs may be subject to change.