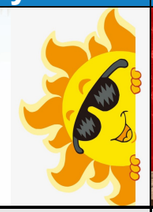
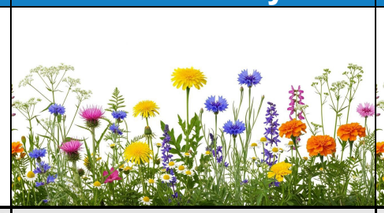
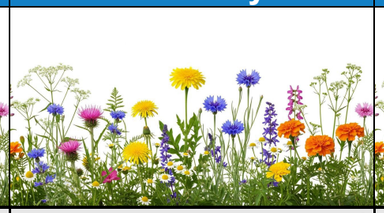
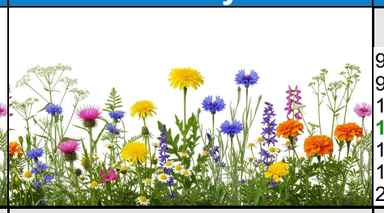
August 2026

4 East Programs Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						**1** 9:15am One to One Visits - V 4E 9:40am Walking Club - V 4E 10:00am Hymn Singing - V 4E **10:30am Church Service - MPR** 1:30pm Spiritual Songs - V 4E 1:30pm Spiritual Songs - V 4E 2:30pm Spiritual Songs MPR
2 9:15am One to One Visits - V 4E 9:40am Walking Club - V 4E 10:00am Catholic Service T. V Virtual on YouTube - AR4E 11:00am Praise & Worship Songs - V 4E 2:00pm Movie Matinee - V 4E **2:30pm courtyard socials - C**	**3** **Civic Holiday** 8:40am One to One Visits - V 4E 9:40am Walking Club - V 4E **10:30am Adapted Dance with Riki - MPR** 1:15pm Snoezelen Experience - V 4E 1:30pm Montessori Group - AR4E 2:00pm Music And Movement - V 4E **2:30pm Courtyard Percussion Band - C**	**4** 8:40am One to One Visits - V 4E 9:40am Group Exercise - AR4E 9:45am Walking Club - V 4E 10:00am Moving to Music - V 4E 10:30am Bingo Club /Table Top Games - AR4E **2:30pm Throwback Tuesdays - MPR** **6:30pm Courtyard Club - Evenings - C**	**5** 9:40am Walking Club - V 4E 10:00am Table Top Activities - AR4E 10:15am Residents Choice (TV) - V 4E **10:30am Church Service - MPR** 1:15pm Music Appreciation - V 4E 3:00pm Movie - V 4E	**6** 8:45am One to One Visits - V 4E 9:30am Group Exercise - AR4E 9:30am Walking Club - V 4E **2:30pm Live Entertainment - Zachary Erickson - MPR** 3:30pm Window on the World - V 4E **6:30pm Courtyard Club - Evenings - C**	**7** 8:40am One to One Visits - V 4E 9:40am Walking Club - V 4E 9:45am Hymn Singing - V 4E 10:30am Bingo Club - AR4E 2:00pm Unit Jewish Service/ Sabbath Shalom Virtual - V 4E **2:30pm Jewish Service - MPR** 3:15pm Praise & Worship Songs - V 4E	**8** 9:15am One to One Visits - V 4E 9:40am Walking Club - V 4E 10:00am Hymn Singing - V 4E **10:30am Church Service - MPR** 1:30pm Spiritual Songs - V 4E 1:30pm Spiritual Songs - V 4E 2:30pm Spiritual Songs MPR **3:00pm Bethel SDA Group - MPR**
9 9:15am One to One Visits - V 4E 9:40am Walking Club - V 4E 10:00am Catholic Service T. V Virtual on YouTube - AR4E 11:00am Praise & Worship Songs - V 4E 2:00pm Movie Matinee - V 4E **2:30pm courtyard socials - C**	**10** 8:40am One to One Visits - V 4E 9:40am Walking Club - V 4E **10:30am Adapted Dance with Riki - MPR** 1:15pm Snoezelen Experience - V 4E 1:30pm Montessori Group - AR4E 2:00pm Music And Movement - V 4E **2:30pm Courtyard Club - C**	**11** 8:40am One to One Visits - V 4E 9:40am Group Exercise - AR4E 9:45am Walking Club - V 4E 10:00am Moving to Music - V 4E 10:30am Bingo Club /Table Top Games - AR4E **2:30pm Throwback Tuesdays - MPR** **6:30pm Courtyard Club - Evenings - C**	**12** 9:40am Walking Club - V 4E 10:00am Table Top Activities - AR4E 10:15am Residents Choice (TV) - V 4E **10:30am Church Service - MPR** 1:15pm Music Appreciation - V 4E **2:00pm Memorial Service - MPR** 3:00pm Movie - V 4E	**13** 8:45am One to One Visits - V 4E 9:30am Group Exercise - AR4E 9:30am Walking Club - V 4E 10:00am Patio Pals Club - V 4E **2:30pm Community Bingo Club - MPR** 3:30pm Window on the World - V 4E **6:30pm Courtyard Club - Evenings - C**	**14** 8:40am One to One Visits - V 4E 9:40am Walking Club - V 4E 9:45am Hymn Singing - V 4E 10:30am Bingo Club - AR4E 2:00pm Unit Jewish Service/ Sabbath Shalom Virtual - V 4E **2:30pm Jewish Service - MPR** 3:15pm Praise & Worship Songs - V 4E	**15** 9:15am One to One Visits - V 4E 9:40am Walking Club - V 4E 10:00am Hymn Singing - V 4E **10:30am Church Service - MPR** 1:30pm Spiritual Songs - V 4E 1:30pm Spiritual Songs - V 4E 2:30pm Spiritual Songs MPR **3:00pm Japanese SDA Group - MPR**
16 9:15am One to One Visits - V 4E 9:40am Walking Club - V 4E 10:00am Catholic Service T. V Virtual on YouTube - AR4E 11:00am Praise & Worship Songs - V 4E 2:00pm Movie Matinee - V 4E **2:30pm courtyard socials - C**	**17** 8:40am One to One Visits - V 4E 9:40am Walking Club - V 4E **10:30am Adapted Dance with Riki - MPR** 1:15pm Snoezelen Experience - V 4E 1:30pm Montessori Group - AR4E 2:00pm Music And Movement - V 4E **2:30pm Residents' Council - MPR**	**18** 8:40am One to One Visits - V 4E 9:40am Group Exercise - AR4E 9:45am Walking Club - V 4E 10:00am Moving to Music - V 4E 10:30am Bingo Club /Table Top Games - AR4E **2:30pm Throwback Tuesdays - MPR** **6:30pm Courtyard Club - Evenings - C**	**19** 9:40am Walking Club - V 4E 10:00am Table Top Activities - AR4E 10:15am Residents Choice (TV) - V 4E **10:30am Church Service - MPR** 1:15pm Music Appreciation - V 4E 3:00pm Movie - V 4E	**20** 8:45am One to One Visits - V 4E 9:30am Group Exercise - AR4E 9:30am Walking Club - V 4E 10:00am Patio Pals Club - V 4E **2:30pm August Birthday Party - MPR** 3:30pm Window on the World - V 4E **6:30pm Courtyard Club - Evenings - C**	**21** 8:40am One to One Visits - V 4E 9:40am Walking Club - V 4E 9:45am Hymn Singing - V 4E 10:30am Bingo Club - AR4E 2:00pm Unit Jewish Service/ Sabbath Shalom Virtual - V 4E **2:30pm Jewish Service - MPR** 3:15pm Praise & Worship Songs - V 4E	**22** 9:15am One to One Visits - V 4E 9:40am Walking Club - V 4E 10:00am Hymn Singing - V 4E **10:30am Church Service - MPR** 1:30pm Spiritual Songs - V 4E 1:30pm Spiritual Songs - V 4E 2:30pm Spiritual Songs MPR
23 9:15am One to One Visits - V 4E 9:40am Walking Club - V 4E 10:00am Catholic Service T. V Virtual on YouTube - AR4E 11:00am Praise & Worship Songs - V 4E 2:00pm Movie Matinee - V 4E **2:30pm courtyard socials - C**	**24** 8:40am One to One Visits - V 4E 9:40am Walking Club - V 4E **10:30am Adapted Dance with Riki - MPR** 1:15pm Snoezelen Experience - V 4E 1:30pm Montessori Group - AR4E 2:00pm Music And Movement - V 4E **2:30pm Courtyard Club - C**	**25** 8:40am One to One Visits - V 4E 9:40am Group Exercise - AR4E 9:45am Walking Club - V 4E 10:00am Moving to Music - V 4E 10:30am Bingo Club /Table Top Games - AR4E **2:30pm Throwback Tuesdays - MPR** **6:30pm Courtyard Club - Evenings - C**	**26** 9:40am Walking Club - V 4E 10:00am Table Top Activities - AR4E 10:15am Residents Choice (TV) - V 4E **12:00pm Annual Picnic - MPR** 1:15pm Music Appreciation - V 4E 3:00pm Movie - V 4E	**27** 8:45am One to One Visits - V 4E 9:30am Group Exercise - AR4E 9:30am Walking Club - V 4E **2:00pm Ladies Club - Baking - MPR** 3:30pm Window on the World - V 4E **6:30pm Courtyard Club - Evenings - C**	**28** 8:40am One to One Visits - V 4E 9:40am Walking Club - V 4E 9:45am Hymn Singing - V 4E 10:30am Patio Pals Club (4E/4W) - V 4E 2:00pm Unit Jewish Service/ Sabbath Shalom Virtual - V 4E 2:00pm Spiritual Songs - MPR **2:30pm Jewish Service - MPR**	**29** 9:15am One to One Visits - V 4E 9:40am Walking Club - V 4E 10:00am Hymn Singing - V 4E **10:30am Church Service - MPR** 1:30pm Spiritual Songs - V 4E 1:30pm Spiritual Songs - V 4E 2:30pm Spiritual Songs MPR
30 9:15am One to One Visits - V 4E 9:40am Walking Club - V 4E 10:00am Catholic Service T. V Virtual on YouTube - AR4E 11:00am Praise & Worship Songs - V 4E	**31** 8:40am One to One Visits - V 4E 9:40am Walking Club - V 4E **10:30am Adapted Dance with Riki - MPR** 1:15pm Snoezelen Experience - V 4E 1:30pm Montessori Group - AR4E					

2:00pm Movie Matinee - V 4E **2:30pm courtyard socials - C**	2:00pm Music And Movement - V 4E **2:30pm Courtyard Club - C**					

AR4E - Activity Room 4E C - Courtyard MPR - Multi-Purpose Room V 4E - Varied 4E

Some programs may take place outdoors, weather permitting. Programs may be subject to change.