

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 1:30pm Group Exercise - TV3W 2:00pm Courtyard Club Social - C 2:30pm Throwback Tuesdays - MPR 6:30pm Courtyard Club - Evenings - C	2 10:30am Church Service - MPR	3 8:45am One to One Dining - DR3W 10:30am Catholic Service - MPR 1:30pm Group Exercise - TV3W 2:30pm Live Entertainment - Ensemble Vivant - MPR 6:30pm Courtyard Club -Evenings - C	4 8:45am One to One Dining - DR3W 10:00am Ball Throw - TV3W 10:45am Classical Music - AR3W 11:15am Hymn Singing 2:30pm Jewish Service - MPR 3:30pm Oldies Music - AR3W 4:00pm One to One Visits - RR3W	5 9:30am One to One Visits - RR3W 10:30am Church Service - MPR 2:30pm Hymn Singing - TV3W
6 2:30pm courtyard socials - C	7 Labour Day 8:45am One to One Dining - DR3W 10:30am Adapted Dance with Riki - MPR 1:00pm One to One Visits - RR3W 2:30pm Courtyard Club - C	8 8:45am One to One Dining - DR3W 11:15am Sing Along - TV3W 1:30pm Group Exercise - TV3W 2:30pm Throwback Tuesdays - MPR 6:30pm Courtyard Club - Evenings - C	9 10:30am Church Service - MPR 2:30pm Bingo - AR3W	10 8:45am One to One Dining - DR3W 10:30am Tim Horton Social - AR3W 11:15am Sing Along - TV3W 1:30pm Group Exercise - TV3W 2:30pm Men's Club - Baseball Fall Classic - MPR 6:30pm Courtyard Club - Evenings - C	11 Rosh Hashananh 8:45am One to One Dining - DR3W 11:15am Hymn Singing 2:30pm Jewish Service - MPR 3:30pm Countyr Music - AR3W 4:00pm One to One Visits - RR3W	12 Rosh Hashananh 10:30am Church Service - MPR 3:00pm Bethel SDA Group - MPR
13 Grandparents' Day Rosh Hashanah 2:30pm courtyard socials - C	14 Residents Council Week 8:45am One to One Dining - DR3W 10:30am Adapted Dance with Riki - MPR 1:00pm One to One Visits - RR3W 1:30pm Group Exercise - TV3W 2:30pm Residents' Council Meeting - MPR 3:30pm Comedy Show	15 Residents Council Week 1:30pm Group Exercise - TV3W 2:00pm Residents Council Week - Memorial Garden Planting - MPR 6:30pm Courtyard Club - Evenings - C	16 Residents Council Week 10:30am Church Service - MPR 2:00pm Residents Council Week - Webinar - MPR 2:30pm Ice Cream Social - V 3W	17 Residents Council Week 8:45am One to One Dining - DR3W 11:15am Sing Along - AR3W 1:30pm Group Exercise - TV3W 2:00pm Residents Council Week - OARC Forum 2:30pm Community Bingo Club - MPR 6:30pm Courtyard Club - Evenings - C	18 Residents Council Week 10:15am Baking - AR3W 10:30am Residents Council Week - Open House - MPR 10:45am Coffee/Tea Social - AR3W 11:15am Oldies Music - AR3W 2:30pm Jewish Service - MPR 3:30pm Spiritual Music - AR3W 4:00pm One to One Visits - RR3W	19 9:30am One to One Visits - RR3W 10:30am Church Service - MPR 1:45pm One to One fitness - AR3W 3:00pm Japanese SDA Group - MPR
20 Yom Kippur 10:30am Community Melodies - MPR 2:30pm Fruit Social - AR3W 2:30pm courtyard socials - C	21 Yom Kippur 10:30am Adapted Dance with Riki - MPR 1:30pm Group Exercise - TV3W 2:30pm Courtyard Club - C	22 First Day of Autumn 8:45am One to One Dining - DR3W 11:15am Sing Along - TV3W 1:00pm One to One Visits - RR3W 1:30pm Group Exercise - TV3W 2:30pm Throwback Tuesdays - MPR 6:30pm Courtyard Club - Evenings - C	23 10:30am Church Service - MPR 2:30pm Bingo - AR3W	24 1:30pm Group Exercise - TV3W 2:30pm Live Entertainment - The West Enders - MPR 6:30pm Courtyard Club - Evenings - C	25 Sukkot 8:45am One to One Dining - DR3W 10:15am Stories and Songs - AR3W 11:15am Hymn Singing 2:30pm Jewish Service - MPR 3:30pm Rock and Roll Music - AR3W 4:00pm One to One Visits - RR3W	26 Sukkot 10:30am Church Service - MPR
27 Sukkot 2:30pm courtyard socials - C	28 Sukkot 8:45am One to One Dining - DR3W 10:30am Adapted Dance with Riki - MPR 1:00pm One to One Visits - RR3W 1:30pm Group Exercise - TV3W 2:30pm Courtyard Club - C	29 Sukkot 1:30pm Group Exercise - TV3W 2:30pm Throwback Tuesdays - MPR 6:30pm Courtyard Club - Evenings - C	30 Sukkot 10:30am Church Service - MPR 2:30pm Birthday Party - MPR			

AR3W - Activity Room 3W
TV3W - TV Room 3W

C - Courtyard
V 3W - Varied 3W

DR3W - Dining Room 3W

MPR - Multi-Purpose Room

RR3W - Resident Rooms 3W

Some programs may take place outdoors, weather permitting. Programs may be subject to change.