August 2026

3 West Programs Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	CIVIC HOLIDAY	August				1 10:30am Church Service - MPR
2 2:30pm courtyard socials - C	3 Civic Holiday 10:30am Adapted Dance with Riki - MPR 2:30pm Courtyard Percussion Band - C	4 11:15am Trivia - TV3W 1:30pm Group Exercise - TV3W 2:30pm Throwback Tuesdays - MPR 6:30pm Courtyard Club - Evenings - C	5 10:30am Church Service - MPR	6 1:30pm Group Exercise - TV3W 2:30pm Live Entertainment - Zachary Erickson - MPR 6:30pm Courtyard Club - Evenings - C	7 11:15am Sing Along - AR3W 2:30pm Jewish Service - MPR	8 10:30am Church Service - MPR 3:00pm Bethel SDA Group - MPR
9 11:15am Sing Along - AR3W 2:30pm Ice Tea Social - AR3W 2:30pm courtyard socials - C	10 8:45am One to One Dining - DR3W 10:30am Adapted Dance with Riki - MPR 1:30pm Group Exercise - TV3W 2:30pm Courtyard Club - C	11 8:45am One to One Dining - DR3W 11:15am Sing Along - AR3W 1:30pm Group Exercise - TV3W 2:30pm Ice Cream Social - V 3W 2:30pm Throwback Tuesdays - MPR 6:30pm Courtyard Club - Evenings - C	12 10:30am Church Service - MPR 2:00pm Memorial Service - MPR 3:30pm Concert on tv	13 11:15am Trivia - TV3W 1:30pm Group Exercise - TV3W 2:30pm Community Bingo Club - MPR 6:30pm Courtyard Club - Evenings - C	14 2:30pm Jewish Service - MPR	15 10:30am Church Service - MPR 3:00pm Japanese SDA Group - MPR
16 2:30pm courtyard socials - C	17 10:30am Adapted Dance with Riki - MPR 1:30pm Group Exercise - TV3W 2:30pm Residents' Council - MPR	18 11:15am Board Games - AR3W 1:30pm Group Exercise - TV3W 2:30pm Throwback Tuesdays - MPR 6:30pm Courtyard Club - Evenings - C	19 10:30am Church Service - MPR	20 1:30pm Group Exercise - TV3W 2:30pm August Birthday Party - MPR 6:30pm Courtyard Club - Evenings - C	21 2:30pm Jewish Service - MPR	22 10:30am Church Service - MPR
23 2:30pm courtyard socials - C	24 8:45am One to One Dining - DR3W 10:30am Adapted Dance with Riki - MPR 1:30pm Group Exercise - TV3W 2:30pm Courtyard Club - C	25 8:45am One to One Dining - DR3W 11:15am Sing Along - TV3W 1:30pm Group Exercise - TV3W 2:30pm Throwback Tuesdays - MPR 6:30pm Courtyard Club - Evenings - C	26 12:00pm Annual Picnic - MPR 3:30pm Movie - TV3W	27 11:15am Sing Along - AR3W 1:30pm Group Exercise - TV3W 2:00pm Ladies Club - Baking - MPR 6:30pm Courtyard Club - Evenings - C	28 2:00pm Spiritual Songs - MPR 2:30pm Jewish Service - MPR	29 10:30am Church Service - MPR 2:30pm Hymn Singing - TV3W
30 10:00am Bingo - AR3W 2:30pm Lemonade Social - AR3W 2:30pm courtyard socials - C	31 8:45am One to One Dining - DR3W 10:30am Adapted Dance with Riki - MPR 1:30pm Group Exercise - TV3W 2:30pm Courtyard Club - C					

AR3W - Activity Room 3W C - Courtyard DR3W - Dining Room 3W MPR - Multi-Purpose Room TV3W - TV Room 3W

V 3W - Varied 3W

Some programs may take place outdoors, weather permitting. Programs may be subject to change.