



September 2026

2 West Programs Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:30am Oldies Tunes/Music Appreciation - TV2W 2:00pm Courtyard Club Social - C 2:30pm Residents Choice (TV) - TV2W 2:30pm Throwback Tuesdays - MPR 6:30pm Courtyard Club - Evenings - C	2 9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Church Service - MPR 2:30pm Board Games - AR2W	3 9:30am Tranquil Nature - TV2W 10:30am Catholic Service - MPR 2:30pm Live Entertainment - Ensemble Vivant - MPR 2:30pm Residents Choice (TV) - TV2W 6:30pm Courtyard Club -Evenings - C	4 9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Bingo - AR2W 2:00pm Spiritual Songs - TV2W 2:30pm Jewish Service - MPR	5 10:30am Church Service - MPR 2:30pm Spiritual Songs - TV2W
6 10:00am 1:1 - V 2W 10:30am Resident's Choice Movie - TV2W 2:30pm Board Games - AR2W 2:30pm courtyard socials - C	7 Labour Day 9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Adapted Dance with Riki - MPR 2:30pm Courtyard Club - C 2:30pm Resident Sing-a-Long - TV2W	8 9:30am Oldies Tunes/Music Appreciation - TV2W 2:30pm Residents Choice (TV) - TV2W 2:30pm Throwback Tuesdays - MPR 6:30pm Courtyard Club - Evenings - C	9 9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Church Service - MPR 2:30pm Board Games - AR2W	10 9:30am Tranquil Nature - TV2W 2:30pm Men's Club - Baseball Fall Classic - MPR 2:30pm Residents Choice (TV) - TV2W 6:30pm Courtyard Club - Evenings - C	11 Rosh Hashananh 9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Bingo - AR2W 2:00pm Spiritual Songs - TV2W 2:30pm Jewish Service - MPR	12 Rosh Hashanah 10:30am Church Service - MPR 2:30pm Spiritual Songs - TV2W 3:00pm Bethel SDA Group - MPR
13 Grandparents' Day Rosh Hashanah 10:00am 1:1 - V 2W 10:30am Sing Along - TV2W 2:30pm Board Games - AR2W 2:30pm courtyard socials - C	14 Residents Council Week 9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Adapted Dance with Riki - MPR 2:30pm Resident Sing-a-Long - TV2W 2:30pm Residents' Council Meeting - MPR	15 Residents Council Week 9:30am Oldies Tunes/Music Appreciation - TV2W 2:00pm Residents Council Week - Memorial Garden Planting - MPR 2:30pm Residents Choice (TV) - TV2W 6:30pm Courtyard Club - Evenings - C	16 Residents Council Week 9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Church Service - MPR 2:00pm Residents Council Week - Webinar - MPR 2:30pm Board Games - AR2W	17 Residents Council Week 9:30am Tranquil Nature - TV2W 2:00pm Residents Council Week - OARC Forum 2:30pm Community Bingo Club - MPR 2:30pm Residents Choice (TV) - TV2W 6:30pm Courtyard Club - Evenings - C	18 Residents Council Week 9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Bingo - AR2W 10:30am Residents Council Week - Open House - MPR 2:00pm Spiritual Songs - TV2W 2:30pm Jewish Service - MPR	19 10:30am Church Service - MPR 2:30pm Spiritual Songs - TV2W 3:00pm Japanese SDA Group - MPR
20 Yom Kippur 10:00am 1:1 - V 2W 10:30am Community Melodies - MPR 10:30am Resident's Choice Movie - TV2W 2:30pm Sing Along - TV2W 2:30pm courtyard socials - C	21 Yom Kippur 9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Adapted Dance with Riki - MPR 2:30pm Courtyard Club - C 2:30pm Resident Sing-a-Long - TV2W	22 First Day of Autumn 9:30am Oldies Tunes/Music Appreciation - TV2W 2:30pm Residents Choice (TV) - TV2W 2:30pm Throwback Tuesdays - MPR 6:30pm Courtyard Club - Evenings - C	23 9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Church Service - MPR 2:30pm Board Games - AR2W	24 9:30am Tranquil Nature - TV2W 2:30pm Live Entertainment - The West Enders - MPR 2:30pm Residents Choice (TV) - TV2W 6:30pm Courtyard Club - Evenings - C	25 Sukkot 9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Bingo - AR2W 2:00pm Spiritual Songs - TV2W 2:30pm Jewish Service - MPR	26 Sukkot 10:30am Church Service - MPR 2:30pm Spiritual Songs - TV2W
27 Sukkot 10:00am 1:1 - V 2W 10:30am Resident's Choice Movie - TV2W 2:30pm Board Games - AR2W 2:30pm courtyard socials - C	28 Sukkot 9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Adapted Dance with Riki - MPR 2:30pm Courtyard Club - C 2:30pm Resident Sing-a-Long - TV2W	29 Sukkot 9:30am Oldies Tunes/Music Appreciation - TV2W 2:30pm Residents Choice (TV) - TV2W 2:30pm Throwback Tuesdays - MPR 6:30pm Courtyard Club - Evenings - C	30 Sukkot 9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Church Service - MPR 2:30pm Birthday Party - MPR 2:30pm Board Games - AR2W			

AR2W - Activity Room 2W

C - Courtyard

MPR - Multi-Purpose Room

TV2W - TV Room 2W

V 2W - Varied 2W

Some programs may take place outdoors, weather permitting. Programs may be subject to change.

