# August 2026

## 2 West Programs Calendar

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|---|---|---|
| | CIVIC HOLIDAY AUGUST 3, 2026 | AUGUST | | | | **1**<br>**10:30am Church Service - MPR**<br>2:30pm Spiritual Songs - TV2W |
| **2**<br>10:00am 1:1 - V 2W<br>10:30am comedy Club - TV2W<br>2:30pm Board Games - AR2W<br>**2:30pm courtyard socials - C** | **3**<br>**Civic Holiday**<br>9:30am Group Exercise - TV2W<br>9:30am one to one - V 2W<br>**10:30am Adapted Dance with Riki - MPR**<br>**2:30pm Courtyard Percussion Band - C**<br>2:30pm Resident Sing-a-Long - TV2W | **4**<br>9:30am Oldies Tunes/Music Appreciation - TV2W<br>2:30pm Residents Choice (TV) - TV2W<br>**2:30pm Throwback Tuesdays - MPR**<br>**6:30pm Courtyard Club - Evenings - C** | **5**<br>9:30am Group Exercise - TV2W<br>9:30am one to one - V 2W<br>**10:30am Church Service - MPR**<br>2:30pm Board Games - AR2W | **6**<br>9:30am Tranquil Nature - TV2W<br>**2:30pm Live Entertainment - Zachary Erickson - MPR**<br>2:30pm Residents Choice (TV) - TV2W<br>**6:30pm Courtyard Club - Evenings - C** | **7**<br>9:30am Group Exercise - TV2W<br>9:30am one to one - V 2W<br>10:30am Bingo - AR2W<br>2:00pm Spiritual Songs - TV2W<br>**2:30pm Jewish Service - MPR** | **8**<br>**10:30am Church Service - MPR**<br>2:30pm Spiritual Songs - TV2W<br>**3:00pm Bethel SDA Group - MPR** |
| **9**<br>10:00am 1:1 - V 2W<br>10:30am Resident's Choice Movie - TV2W<br>2:30pm Board Games - AR2W<br>**2:30pm courtyard socials - C** | **10**<br>9:30am Group Exercise - TV2W<br>9:30am one to one - V 2W<br>10:00am Multicultural Street Food Show (TV) - TV2W<br>**10:30am Adapted Dance with Riki - MPR**<br>**2:30pm Courtyard Club - C**<br>2:30pm Resident Sing-a-Long - TV2W | **11**<br>9:30am Oldies Tunes/Music Appreciation - TV2W<br>2:30pm Residents Choice (TV) - TV2W<br>**2:30pm Throwback Tuesdays - MPR**<br>**6:30pm Courtyard Club - Evenings - C** | **12**<br>9:30am Group Exercise - TV2W<br>9:30am one to one - V 2W<br>**10:30am Church Service - MPR**<br>**2:00pm Memorial Service - MPR**<br>2:30pm Board Games - AR2W | **13**<br>9:30am Tranquil Nature - TV2W<br>**2:30pm Community Bingo Club - MPR**<br>2:30pm Residents Choice (TV) - TV2W<br>**6:30pm Courtyard Club - Evenings - C** | **14**<br>9:30am Group Exercise - TV2W<br>9:30am one to one - V 2W<br>10:30am Bingo - AR2W<br>2:00pm Spiritual Songs - TV2W<br>**2:30pm Jewish Service - MPR** | **15**<br>**10:30am Church Service - MPR**<br>2:30pm Spiritual Songs - TV2W<br>**3:00pm Japanese SDA Group - MPR** |
| **16**<br>10:00am 1:1 - V 2W<br>10:30am comedy Club - TV2W<br>2:30pm Board Games - AR2W<br>**2:30pm courtyard socials - C** | **17**<br>9:30am Group Exercise - TV2W<br>9:30am one to one - V 2W<br>**10:30am Adapted Dance with Riki - MPR**<br>2:30pm Resident Sing-a-Long - TV2W<br>**2:30pm Residents' Council - MPR** | **18**<br>9:30am Oldies Tunes/Music Appreciation - TV2W<br>2:30pm Residents Choice (TV) - TV2W<br>**2:30pm Throwback Tuesdays - MPR**<br>**6:30pm Courtyard Club - Evenings - C** | **19**<br>9:30am Group Exercise - TV2W<br>9:30am one to one - V 2W<br>**10:30am Church Service - MPR**<br>2:30pm Board Games - AR2W | **20**<br>9:30am Tranquil Nature - TV2W<br>**2:30pm August Birthday Party - MPR**<br>2:30pm Residents Choice (TV) - TV2W<br>**6:30pm Courtyard Club - Evenings - C** | **21**<br>9:30am Group Exercise - TV2W<br>9:30am one to one - V 2W<br>10:30am Bingo - AR2W<br>2:00pm Spiritual Songs - TV2W<br>**2:30pm Jewish Service - MPR** | **22**<br>**10:30am Church Service - MPR**<br>2:30pm Spiritual Songs - TV2W |
| **23**<br>10:00am 1:1 - V 2W<br>10:30am Resident's Choice Movie - TV2W<br>2:30pm Board Games - AR2W<br>**2:30pm courtyard socials - C** | **24**<br>9:30am Group Exercise - TV2W<br>9:30am one to one - V 2W<br>**10:30am Adapted Dance with Riki - MPR**<br>**2:30pm Courtyard Club - C**<br>2:30pm Resident Sing-a-Long - TV2W | **25**<br>9:30am Oldies Tunes/Music Appreciation - TV2W<br>2:30pm Residents Choice (TV) - TV2W<br>**2:30pm Throwback Tuesdays - MPR**<br>**6:30pm Courtyard Club - Evenings - C** | **26**<br>9:30am Group Exercise - TV2W<br>9:30am one to one - V 2W<br>**12:00pm Annual Picnic - MPR**<br>2:30pm Board Games - AR2W | **27**<br>9:30am Tranquil Nature - TV2W<br>**2:00pm Ladies Club - Baking - MPR**<br>2:30pm Residents Choice (TV) - TV2W<br>**6:30pm Courtyard Club - Evenings - C** | **28**<br>9:30am Group Exercise - TV2W<br>9:30am one to one - V 2W<br>10:30am Bingo - AR2W<br>2:00pm Spiritual Songs - TV2W<br>2:00pm Spiritual Songs - MPR<br>**2:30pm Jewish Service - MPR** | **29**<br>**10:30am Church Service - MPR**<br>2:30pm Spiritual Songs - TV2W |
| **30**<br>10:00am 1:1 - V 2W<br>10:30am Resident's Choice Movie - TV2W<br>2:30pm Board Games - AR2W<br>**2:30pm courtyard socials - C** | **31**<br>9:30am Group Exercise - TV2W<br>9:30am one to one - V 2W<br>**10:30am Adapted Dance with Riki - MPR**<br>**2:30pm Courtyard Club - C**<br>2:30pm Resident Sing-a-Long - TV2W | | | | | |

AR2W - Activity Room 2W  C - Courtyard  MPR - Multi-Purpose Room  TV2W - TV Room 2W  V 2W - Varied 2W

Some programs may take place outdoors, weather permitting. Programs may be subject to change.