August 2026

2 East Programs Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	CIVIC HOLIDAY AUGUST 3, 2026	AUGUST				**1** **10:30am Church Service - MPR** 2:30pm Hymn Singing - V 2E
2 **2:30pm courtyard socials - C**	**3** Civic Holiday **10:30am Adapted Dance with Riki - MPR** 1:30pm Group Exercise - TV2E **2:30pm Courtyard Percussion Band - C**	**4** 10:30am Valleyview News - TV2E **2:30pm Throwback Tuesdays - MPR** **6:30pm Courtyard Club - Evenings - C**	**5** **10:30am Church Service - MPR** 1:30pm Group Exercise - TV2E 2:30pm Music Trivia - TV2E	**6** 9:30am Group Exercise - TV2E **2:30pm Live Entertainment - Zachary Erickson - MPR** **6:30pm Courtyard Club - Evenings - C**	**7** 10:30am Friendly Visits - V 2E **2:30pm Jewish Service - MPR**	**8** **10:30am Church Service - MPR** 2:30pm Hymn Singing - V 2E **3:00pm Bethel SDA Group - MPR**
9 **2:30pm courtyard socials - C**	**10** **10:30am Adapted Dance with Riki - MPR** 1:30pm Group Exercise - TV2E **2:30pm Courtyard Club - C**	**11** **2:30pm Throwback Tuesdays - MPR** **6:30pm Courtyard Club - Evenings - C**	**12** **10:30am Church Service - MPR** 1:30pm Group Exercise - TV2E **2:00pm Memorial Service - MPR**	**13** 9:30am Group Exercise - TV2E 10:30am Friendly Visits - V 2E **2:30pm Community Bingo Club - MPR** **6:30pm Courtyard Club - Evenings - C**	**14** **2:30pm Jewish Service - MPR**	**15** **10:30am Church Service - MPR** 2:30pm Hymn Singing - V 2E **3:00pm Japanese SDA Group - MPR**
16 10:30am Hymn Singing - V 2E 2:30pm Video Entertainment and Discussion - TV2E **2:30pm courtyard socials - C**	**17** **10:30am Adapted Dance with Riki - MPR** 1:30pm Group Exercise - TV2E **2:30pm Residents' Council - MPR**	**18** 10:30am Cultural Mosaic - TV2E **2:30pm Throwback Tuesdays - MPR** **6:30pm Courtyard Club - Evenings - C**	**19** **10:30am Church Service - MPR** 1:30pm Group Exercise - TV2E 2:30pm Current Events - TV2E	**20** 9:30am Group Exercise - TV2E **2:30pm August Birthday Party - MPR** **6:30pm Courtyard Club - Evenings - C**	**21** 10:30am Friendly Visits - V 2E **2:30pm Jewish Service - MPR**	**22** **10:30am Church Service - MPR** 2:30pm Hymn Singing - V 2E
23 **2:30pm courtyard socials - C**	**24** **10:30am Adapted Dance with Riki - MPR** 1:30pm Group Exercise - TV2E **2:30pm Courtyard Club - C**	**25** **2:30pm Throwback Tuesdays - MPR** **6:30pm Courtyard Club - Evenings - C**	**26** 10:30am Music Appreciation - TV2E **12:00pm Annual Picnic - MPR** 1:30pm Group Exercise - TV2E 2:30pm movie - TV2E	**27** 9:30am Group Exercise - TV2E 10:30am Friendly Visits - V 2E **2:00pm Ladies Club - Baking - MPR** **6:30pm Courtyard Club - Evenings - C**	**28** 10:30am Favorite Entertainers - TV2E 2:00pm Spiritual Songs - MPR **2:30pm Jewish Service - MPR**	**29** **10:30am Church Service - MPR** 2:30pm Hymn Singing - V 2E
30 **2:30pm courtyard socials - C**	**31** **10:30am Adapted Dance with Riki - MPR** 1:30pm Group Exercise - TV2E **2:30pm Courtyard Club - C**					

C - Courtyard MPR - Multi-Purpose Room TV2E - TV Room 2E V 2E - Varied 2E

Some programs may take place outdoors, weather permitting. Programs may be subject to change.