

# May 2026

## 4 West Programs Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<b>1</b>	<b>2</b>
					9:45am Morning Movie (Unit) - TV4W 10:30am Unit Decorating - V 4W 2:15pm Spiritual Songs - V 4W <b>2:30pm Jewish Service - MPR</b> 4:00pm One To Ones - V 4W	<b>10:30am Church Service - MPR</b>
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
<b>2:30pm Live Entertainment - Toronto Chinese Philharmonic Arts Centre - MPR</b>	9:30am Walk And Roll Club - V 4W 9:45am Music Appreciation - V 4W <b>10:30am Adapted Dance with Riki - MPR</b> 2:15pm Tranquil Nature - V 4W 2:30pm Sensory Therapy - AR4W	9:45am Music Appreciation - V 4W 10:30am Bingo Buddies Club - AR4W 1:30pm Group Exercise - TV4W 2:15pm Comedy Club - V 4W <b>2:30pm Throwback Tuesdays - MPR</b>	9:30am Walk And Roll Club - V 4W 10:15am Window on the World - V 4W <b>10:30am Church Service - MPR</b> <b>2:30pm Community Music Jamming Session - MPR</b> 2:30pm Lovable Companions (Pet Therapy) - AR4W	10:15am Brain Teasers - V 4W 10:45am Sing With Us - TV4W 1:00pm Group Exercise - TV4W 2:15pm Armchair Travel - TV4W <b>2:30pm Community Artists Club - MPR</b>	10:30am Lovable Companions (Pet Therapy) - AR4W 10:30am Mixed Bag - AR4W 2:15pm Spiritual Songs - V 4W <b>2:30pm Jewish Service - MPR</b> 4:00pm One To Ones - V 4W	<b>10:30am Church Service - MPR</b> <b>3:00pm Special Event - Bethel Church Group - MPR</b>
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
 <b>2:00pm Special Event - Mother's Day Tea - MPR</b>	9:30am Walk And Roll Club - V 4W 9:45am Comedy Club - V 4W <b>10:30am Adapted Dance with Riki - MPR</b> <b>10:30am Hearts in Action - Mother's Day - CHAP</b> 2:15pm Talent Show (TV) - V 4W 2:30pm Celebration of Culture - TV4W	10:15am Willowdale Warriors (Sport Games) - V 4W 11:15am Good Neighbours Discussion Club - V 4W 1:30pm Group Exercise - TV4W 2:15pm Tranquil Nature - V 4W 2:30pm Sensory Therapy - AR4W <b>2:30pm Throwback Tuesdays - MPR</b>	9:30am Walk And Roll Club - V 4W 10:15am Window on the World - V 4W <b>10:30am Church Service - MPR</b> <b>2:30pm Community Bingo Club - MPR</b> 2:30pm You Got To Know When To Fold 'Em (Laundry Club) - AR4W	9:45am Music Appreciation - V 4W 10:30am Armchair Travel and Talk - TV4W 1:00pm Group Exercise - TV4W 2:15pm Residents Choice (TV) - V 4W <b>2:30pm Live Entertainment - The West Enders - MPR</b>	10:15am Amazing Animals - V 4W 10:30am Creative Artists Group - AR4W 2:15pm Spiritual Songs - V 4W <b>2:30pm Jewish Service - MPR</b> 4:00pm One To Ones - V 4W	<b>10:30am Church Service - MPR</b> <b>3:00pm Special Event - Japanese Church Group - MPR</b>
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>
<b>2:30pm Travel the World - MPR</b>	<b>Victoria Day</b> 9:30am Walk And Roll Club - V 4W <b>10:30am Adapted Dance with Riki - MPR</b> 2:15pm Music Relaxation - V 4W 2:30pm Mixed Bag - AR4W 2:30pm Tender Moments (Doll Therapy) - V 4W	9:45am Morning Movie (Unit) - TV4W 10:15am Guess The Answer! - V 4W 10:45am Bingo Buddies Club - AR4W 1:30pm Group Exercise - TV4W 2:15pm Armchair Travel - TV4W <b>2:30pm Throwback Tuesdays - MPR</b>	9:30am Walk And Roll Club - V 4W 10:15am Window on the World - V 4W <b>10:30am Church Service - MPR</b> 2:15pm Celebration of Culture - TV4W <b>2:30pm Men's Club Table Sports - MPR</b>	9:45am Sing-Along - TV4W 10:30am Creative Artists Group - AR4W 1:00pm Group Exercise - TV4W 2:15pm Residents Choice (TV) - V 4W <b>2:30pm Courtyard - Moving to Music - C</b>	10:15am Comedy Club - V 4W 2:15pm Spiritual Songs - V 4W <b>2:30pm Jewish Service - MPR</b> 4:00pm Music Appreciation - V 4W	<b>10:30am Church Service - MPR</b> 2:15pm Hymn Singing - V 4W 2:30pm Lovable Companions (Pet Therapy) - AR4W 2:30pm Mixed Bag - AR4W
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>
9:45am One To Ones - V 4W 10:30am Reminiscing - Trip Down Memory Lane - V 4W 2:15pm Moving to Music - V 4W <b>2:30pm Travel the World - MPR</b> 3:15pm Celebration of Culture - TV4W	9:30am Walk And Roll Club - V 4W <b>10:30am Adapted Dance with Riki - MPR</b> 2:00pm Classic Concert (TV) - V 4W <b>2:30pm Hearts in Action - Trivia - CHAP</b> <b>2:30pm Residents' Council - MPR</b>	10:15am Willowdale Warriors (Sport Games) - V 4W 11:15am Good Neighbours Discussion Club - V 4W 1:30pm Group Exercise - TV4W 2:15pm Tranquil Nature - V 4W 2:30pm Sensory Therapy - AR4W <b>2:30pm Throwback Tuesdays - MPR</b>	9:30am Walk And Roll Club - V 4W 10:15am Window on the World - V 4W <b>10:30am Church Service - MPR</b> 1:45pm Classic Concert (TV) - V 4W <b>2:00pm May Birthday Party - MPR</b>	10:30am Cool Rhythms Percussion Band - V 4W 1:00pm Group Exercise - TV4W 2:15pm Gorgeous Gardens (TV) - V 4W <b>2:30pm Bowling Club - West Side - MPR</b>	10:30am Creative Artists Group - AR4W 2:15pm Spiritual Songs - V 4W <b>2:30pm Jewish Service - MPR</b> 4:00pm One To Ones - V 4W	<b>10:30am Church Service - MPR</b>
<b>31</b>						
<b>2:30pm Travel the World - MPR</b>						

AR4W - Activity Room 4W

C - Courtyard

CHAP - Chapel

MPR - Multi-Purpose Room

TV4W - TV Room 4W

V 4W - Varied 4W

Some programs may take place outdoors, weather permitting. Programs may be subject to change.

