

May 2026

3 West Programs Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3	4	5	6	7	8	9
2:30pm Live Entertainment - Toronto Chinese Philharmonic Arts Centre - MPR	10:30am Adapted Dance with Riki - MPR 1:30pm Group Exercise - TV3W	10:00am Seasonal Decorating - V 3W 10:30am Music Appreciation - TV3W 1:30pm Group Exercise - TV3W 2:30pm Throwback Tuesdays - MPR 2:45pm Seasonal Decorating - V 3W	10:30am Church Service - MPR 2:30pm Community Music Jamming Session - MPR	10:00am Bible Study - AR3W 11:15am Sing Along - AR3W 1:30pm Group Exercise - TV3W 2:30pm Bingo - AR3W 2:30pm Community Artists Club - MPR	8:45am One to One Dining - RR3W 10:00am Ball Throw - TV3W 11:15am Hymn Singing - TV3W 2:30pm Jewish Service - MPR 3:30pm Oldies Music - AR3W	10:30am Church Service - MPR 3:00pm Special Event - Bethel Church Group - MPR
10	11	12	13	14	15	16
	10:30am Adapted Dance with Riki - MPR 10:30am Hearts in Action - Mother's Day - CHAP 1:30pm Group Exercise - TV3W 3:30pm Rock and Roll Music - AR3W	10:00am Baking - AR3W 10:30am Coffee/Tea Social - AR3W 1:30pm Group Exercise - TV3W 2:15pm Spring Social - AR3W 2:30pm Throwback Tuesdays - MPR	10:30am Church Service - MPR 2:30pm Community Bingo Club - MPR	1:30pm Group Exercise - TV3W 2:30pm Live Entertainment - The West Enders - MPR	2:30pm Jewish Service - MPR	10:30am Church Service - MPR 3:00pm Special Event - Japanese Church Group - MPR
17	18	19	20	21	22	23
11:15am Sing Along - AR3W 2:30pm Bingo - AR3W 2:30pm Travel the World - MPR	Victoria Day 10:30am Adapted Dance with Riki - MPR	10:00am Coffee/Tea Social - AR3W 11:15am Sing Along - AR3W 1:30pm Group Exercise - TV3W 2:15pm Bingo - AR3W 2:30pm Throwback Tuesdays - MPR	10:30am Church Service - MPR 2:30pm Men's Club Table Sports - MPR	10:00am Active Games - AR3W 11:15am Sing Along - AR3W 1:30pm Group Exercise - TV3W 2:30pm Courtyard - Moving to Music - C	8:45am One to One Dining - RR3W 10:00am Arts and Crafts - V 3W 10:30am Oldies Music - AR3W 11:15am Hymn Singing - TV3W 2:30pm Jewish Service - MPR 3:30pm Country Music - AR3W	10:30am Church Service - MPR
24	25	26	27	28	29	30
2:30pm Travel the World - MPR	10:30am Adapted Dance with Riki - MPR 1:30pm Group Exercise - TV3W 2:30pm Hearts in Action - Trivia - CHAP 2:30pm Residents' Council - MPR	10:00am Baking - AR3W 10:30am Coffee/Tea Social - AR3W 1:30pm Group Exercise - TV3W 2:15pm Ice Cream Social - V 3W 2:30pm Throwback Tuesdays - MPR	10:30am Church Service - MPR 2:00pm May Birthday Party - MPR	10:00am Bingo - AR3W 11:15am Sing Along - AR3W 1:30pm Group Exercise - TV3W 2:30pm Bowling Club - West Side - MPR	8:45am One to One Dining - RR3W 10:00am Bean Bag Toss - TV3W 11:15am Hymn Singing - TV3W 2:30pm Jewish Service - MPR 3:30pm Rock and Roll Music - AR3W	10:30am Church Service - MPR
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2:30pm Travel the World - MPR						

AR3W - Activity Room 3W C - Courtyard CHAP - Chapel MPR - Multi-Purpose Room RR3W - Resident Rooms 3W
 TV3W - TV Room 3W V 3W - Varied 3W

Some programs may take place outdoors, weather permitting. Programs may be subject to change.

