

May 2026



3 East Programs Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 10:00am 1:1 - V 3E 10:30am Arts & Crafts Appreciation - V 3E 10:30am Cognitive game - AR3E 1:30pm Group Exercise - TV3E 2:30pm Jewish Service - MPR	2 10:30am Church Service - MPR
3 2:30pm Live Entertainment - Toronto Chinese Philharmonic Arts Centre - MPR	4 10:30am Adapted Dance with Riki - MPR 10:30am Comedy Hour - V 3E 2:30pm music appreciation - V 3E	5 10:00am 1:1 - V 3E 10:30am Cognitive game - AR3E 10:30am Nature appreciation. - 2:30pm Throwback Tuesdays - MPR	6 10:30am Church Service - MPR 10:30am cook show - V 3E 1:30pm Group Exercise - TV3E 2:30pm Community Music Jamming Session - MPR 2:30pm animal show - TV3E	7 10:00am 1:1 - V 3E 10:30am Cognitive game - AR3E 10:30am Nature appreciation. - TV3E 2:30pm Community Artists Club - MPR 2:30pm singing along - V 3E	8 10:00am 1:1 - V 3E 10:30am Arts & Crafts Appreciation - V 3E 10:30am Cognitive game - AR3E 1:30pm Group Exercise - TV3E 2:30pm Jewish Service - MPR	9 10:30am Church Service - MPR 3:00pm Special Event - Bethel Church Group - MPR
10 2:00pm Special Event - Mother's Day Tea - MPR	11 10:30am Adapted Dance with Riki - MPR 10:30am Comedy Hour - V 3E 10:30am Hearts in Action - Mother's Day - CHAP 2:30pm music appreciation - V 3E	12 10:00am 1:1 - V 3E 10:30am Cognitive game - AR3E 10:30am Nature appreciation. - 2:30pm Throwback Tuesdays - MPR	13 10:30am Church Service - MPR 10:30am cook show - V 3E 1:30pm Group Exercise - TV3E 2:30pm Community Bingo Club - MPR 2:30pm animal show - TV3E	14 10:00am 1:1 - V 3E 10:30am Cognitive game - AR3E 10:30am Nature appreciation. - TV3E 2:30pm Live Entertainment - The West Enders - MPR	15 10:00am 1:1 - V 3E 10:30am Arts & Crafts Appreciation - V 3E 10:30am Cognitive game - AR3E 1:30pm Group Exercise - TV3E 2:30pm Jewish Service - MPR	16 10:30am Church Service - MPR 3:00pm Special Event - Japanese Church Group - MPR
17 10:00am Ball Toss - TV3E 10:30am Sing a long - TV3E 2:30pm Travel the World - MPR	18 Victoria Day 10:30am Adapted Dance with Riki - MPR 10:30am Comedy Hour - V 3E 2:30pm music appreciation - V 3E	19 10:00am 1:1 - V 3E 10:30am Cognitive game - AR3E 10:30am Nature appreciation. - 2:30pm Throwback Tuesdays - MPR	20 10:30am Church Service - MPR 10:30am cook show - V 3E 1:30pm Group Exercise - TV3E 2:30pm Men's Club Table Sports - MPR 2:30pm animal show - TV3E	21 10:00am 1:1 - V 3E 10:30am Cognitive game - AR3E 10:30am Nature appreciation. - TV3E 2:30pm Courtyard - Moving to Music - C 2:30pm singing along - V 3E	22 10:00am 1:1 - V 3E 10:30am Arts & Crafts Appreciation - V 3E 10:30am Cognitive game - AR3E 1:30pm Group Exercise - TV3E 2:30pm Jewish Service - MPR	23 10:30am Church Service - MPR
24 2:30pm Travel the World - MPR	25 10:30am Adapted Dance with Riki - MPR 10:30am Comedy Hour - V 3E 2:30pm Hearts in Action - Trivia - CHAP 2:30pm Residents' Council - MPR 2:30pm music appreciation - V 3E	26 10:00am 1:1 - V 3E 10:30am Cognitive game - AR3E 10:30am Nature appreciation. - 2:30pm Throwback Tuesdays - MPR 2:30pm cook show - V 3E	27 10:30am Church Service - MPR 10:30am cook show - V 3E 1:30pm Group Exercise - TV3E 2:00pm May Birthday Party - MPR 2:30pm animal show - TV3E	28 10:00am 1:1 - V 3E 10:30am Cognitive game - AR3E 10:30am Nature appreciation. - TV3E 2:30pm Bowling Club - West Side - MPR 2:30pm singing along - V 3E	29 10:00am 1:1 - V 3E 10:30am Arts & Crafts Appreciation - V 3E 10:30am Cognitive game - AR3E 1:30pm Group Exercise - TV3E 2:30pm Jewish Service - MPR	30 10:30am Church Service - MPR
31 2:30pm Travel the World - MPR						

- 3rd East

AR3E - Activity Room 3E

C - Courtyard

CHAP - Chapel

MPR - Multi-Purpose Room

TV3E - TV Room 3E

V 3E - Varied 3E

Some programs may take place outdoors, weather permitting. Programs may be subject to change.

