

May 2026

2 West Programs Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
					9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Bingo - AR2W 2:00pm Spiritual Songs - TV2W 2:30pm Jewish Service - MPR	10:30am Church Service - MPR
3	4	5	6	7	8	9
10:00am 1:1 - V 2W 10:30am Residents Choice (Movie) - TV2W 2:30pm Live Entertainment - Toronto Chinese Philharmonic Arts Centre - MPR	9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Adapted Dance with Riki - MPR 2:30pm Resident Sing-a-Long - TV2W	9:30am Oldies Tunes/Music Appreciation - TV2W 2:30pm Lovable Companions (Pet Therapy) - AR2W 2:30pm Residents Choice (TV) - TV2W 2:30pm Throwback Tuesdays - MPR	9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Church Service - MPR 2:30pm Community Music Jamming Session - MPR	10:30am 1:1 Puzzles - V 2W 10:30am Armchair Travel - TV2W 2:30pm Community Artists Club - MPR 2:30pm Residents Choice (TV) - TV2W	9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Bingo - AR2W 2:00pm Spiritual Songs - TV2W 2:30pm Jewish Service - MPR	10:30am Church Service - MPR 3:00pm Special Event - Bethel Church Group - MPR
10	11	12	13	14	15	16
 10:00am 1:1 - V 2W 10:30am Residents Choice (Movie) - TV2W 2:00pm Special Event - Mother's Day Tea - MPR	9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Adapted Dance with Riki - MPR 10:30am Hearts in Action - Mother's Day - CHAP 2:30pm Resident Sing-a-Long - TV2W	9:30am Oldies Tunes/Music Appreciation - TV2W 2:30pm Lovable Companions (Pet Therapy) - AR2W 2:30pm Residents Choice (TV) - TV2W 2:30pm Throwback Tuesdays - MPR	9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Church Service - MPR 2:30pm Community Bingo Club - MPR	10:30am 1:1 Puzzles - V 2W 10:30am Armchair Travel - TV2W 2:30pm Live Entertainment - The West Enders - MPR 2:30pm Residents Choice (TV) - TV2W	9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Bingo - AR2W 2:00pm Spiritual Songs - TV2W 2:30pm Jewish Service - MPR	10:30am Church Service - MPR 3:00pm Special Event - Japanese Church Group - MPR
17	18	19	20	21	22	23
10:00am 1:1 - V 2W 10:30am Residents Choice (Movie) - TV2W 2:30pm Travel the World - MPR	Victoria Day 9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Adapted Dance with Riki - MPR 2:30pm Resident Sing-a-Long - TV2W	9:30am Oldies Tunes/Music Appreciation - TV2W 2:30pm Lovable Companions (Pet Therapy) - AR2W 2:30pm Residents Choice (TV) - TV2W 2:30pm Throwback Tuesdays - MPR	9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Church Service - MPR 2:30pm Men's Club Table Sports - MPR	10:30am 1:1 Puzzles - V 2W 10:30am Armchair Travel - TV2W 2:30pm Courtyard - Moving to Music - C 2:30pm Residents Choice (TV) - TV2W	9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Bingo - AR2W 2:00pm Spiritual Songs - TV2W 2:30pm Jewish Service - MPR	10:30am Church Service - MPR
24	25	26	27	28	29	30
10:00am 1:1 - V 2W 10:30am Residents Choice (Movie) - TV2W 2:30pm Travel the World - MPR	9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Adapted Dance with Riki - MPR 2:30pm Hearts in Action - Trivia - CHAP 2:30pm Resident Sing-a-Long - TV2W 2:30pm Residents' Council - MPR	9:30am Oldies Tunes/Music Appreciation - TV2W 2:30pm Lovable Companions (Pet Therapy) - AR2W 2:30pm Residents Choice (TV) - TV2W 2:30pm Throwback Tuesdays - MPR	9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Church Service - MPR 2:00pm May Birthday Party - MPR	10:30am 1:1 Puzzles - V 2W 10:30am Armchair Travel - TV2W 2:30pm Bowling Club - West Side - MPR 2:30pm Residents Choice (TV) - TV2W	9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Bingo - AR2W 2:00pm Spiritual Songs - TV2W 2:30pm Jewish Service - MPR	10:30am Church Service - MPR
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10:00am 1:1 - V 2W 10:30am Residents Choice (Movie) - TV2W 2:30pm Travel the World - MPR						

AR2W - Activity Room 2W

C - Courtyard

CHAP - Chapel

MPR - Multi-Purpose Room

TV2W - TV Room 2W

V 2W - Varied 2W

Some programs may take place outdoors, weather permitting. Programs may be subject to change.

