

May 2026



2 East Programs Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
					10:30am Valleyview News - TV2E 2:30pm Jewish Service - MPR	10:30am Church Service - MPR 2:30pm Hymn Singing - V 2E
3	4	5	6	7	8	9
10:30am Reminiscing - TV2E 2:30pm Live Entertainment - Toronto Chinese Philharmonic Arts Centre - MPR	10:30am Adapted Dance with Riki - MPR 1:30pm Group Exercise - TV2E 2:30pm Resident Sing-a-Long	10:30am Bingo - AR2E 2:30pm Throwback Tuesdays - MPR	10:30am Church Service - MPR 1:30pm Group Exercise - TV2E 2:30pm Community Music Jamming Session - MPR 2:30pm Music Appreciation - TV2E	9:30am Group Exercise - TV2E 10:30am Friendly Visits - V 2E 2:30pm Armchair Travel - TV2E 2:30pm Community Artists Club - MPR	10:30am Cultural Mosaic - TV2E 2:30pm Jewish Service - MPR	10:30am Church Service - MPR 2:30pm Hymn Singing - V 2E 3:00pm Special Event - Bethel Church Group - MPR
10	11	12	13	14	15	16
Mother's Day 10:30am Mother's Day Tribute - TV2E 2:00pm Special Event - Mother's Day Tea - MPR	10:30am Adapted Dance with Riki - MPR 10:30am Hearts in Action - Mother's Day - CHAP 1:30pm Group Exercise - TV2E 2:30pm Resident Sing-a-Long	10:30am Bingo - AR2E 2:30pm Throwback Tuesdays - MPR	10:30am Church Service - MPR 1:30pm Group Exercise - TV2E 2:30pm Community Bingo Club - MPR 2:30pm Video Entertainment and Discussion - TV2E	9:30am Group Exercise - TV2E 10:30am Friendly Visits - V 2E 2:30pm Live Entertainment - The West Enders - MPR	10:30am Reminiscing - TV2E 2:30pm Jewish Service - MPR	10:30am Church Service - MPR 2:30pm Hymn Singing - V 2E 3:00pm Special Event - Japanese Church Group - MPR
17	18	19	20	21	22	23
10:30am Music Trivia - TV2E 2:30pm Cultural Mosaic - TV2E 2:30pm Travel the World - MPR	Victoria Day 10:30am Adapted Dance with Riki - MPR 1:30pm Group Exercise - TV2E 2:30pm Resident Sing-a-Long	10:30am Bingo - AR2E 2:30pm Throwback Tuesdays - MPR	10:30am Church Service - MPR 1:30pm Group Exercise - TV2E 2:30pm Men's Club Table Sports - MPR 2:30pm movie - TV2E	9:30am Group Exercise - TV2E 10:30am Friendly Visits - V 2E 2:30pm Courtyard - Moving to Music - C 2:30pm Favorite Entertainers - TV2E	10:30am Favorite Entertainers - TV2E 2:30pm Jewish Service - MPR	10:30am Church Service - MPR 2:30pm Hymn Singing - V 2E
24	25	26	27	28	29	30
10:30am Activity Calendar Planning - TV2E 2:30pm Jolly Good Interest Club - TV2E 2:30pm Travel the World - MPR	10:30am Adapted Dance with Riki - MPR 1:30pm Group Exercise - TV2E 2:30pm Hearts in Action - Trivia - CHAP 2:30pm Resident Sing-a-Long 2:30pm Residents' Council - MPR	10:30am Bingo - AR2E 2:30pm Throwback Tuesdays - MPR	10:30am Church Service - MPR 1:30pm Group Exercise - TV2E 2:00pm May Birthday Party - MPR 2:30pm Music Trivia - TV2E	9:30am Group Exercise - TV2E 10:30am Friendly Visits - V 2E 2:30pm Bowling Club - West Side - MPR 2:30pm Music Appreciation - TV2E	10:30am current events - TV2E 2:30pm Jewish Service - MPR	10:30am Church Service - MPR 2:30pm Hymn Singing - V 2E
31						
2:30pm Travel the World - MPR						

AR2E - Activity Room 2E

C - Courtyard

CHAP - Chapel

MPR - Multi-Purpose Room

TV2E - TV Room 2E

V 2E - Varied 2E

Some programs may take place outdoors, weather permitting. Programs may be subject to change.

