

March 2026



2 West Programs Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:30am Residents Choice (Movie) - TV2W 2:30pm Travel the World - MPR	2 9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Adapted Dance with Riki - MPR 2:30pm Resident Sing-a-Long - TV2W	3 9:30am Oldies Tunes/Music Appreciation - TV2W 1:30pm Special Event - Purim Gathering - MPR 2:30pm Lovable Companions (Pet Therapy) - AR2W 2:30pm Throwback Tuesdays - MPR	4 9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Church Service - MPR 2:30pm Current Events	5 10:30am 1:1 Puzzles - V 2W 10:30am Armchair Travel - TV2W 2:00pm I Love Lucy Show - MPR 2:30pm Residents Choice (TV) - TV2W	6 9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Bingo - AR2W 2:00pm Jewish Service - MPR 2:00pm Spiritual Songs - TV2W	7 10:30am Church Service - MPR 2:00pm Spiritual Songs
8  Daylight Savings Time begins (clocks move forward one hour) International Women's Day 10:00am 1:1 - V 2W 10:30am Residents Choice (Movie) - TV2W 2:30pm Travel the World - MPR	9 9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Adapted Dance with Riki - MPR 10:30am Hearts in Action St. Patrick's Day Craft - CHAP 2:30pm Resident Sing-a-Long - TV2W	10 9:30am Oldies Tunes/Music Appreciation - TV2W 10:00am Baking Socials - AR2W 2:30pm Lovable Companions (Pet Therapy) - AR2W 2:30pm Throwback Tuesdays - MPR	11 9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Church Service - MPR 2:30pm Puzzle Club - MPR	12 10:30am 1:1 Puzzles - V 2W 10:30am Armchair Travel - TV2W 2:30pm Community Bingo Club - MPR 2:30pm Residents Choice (TV) - TV2W	13 9:30am Group Exercise - TV2W 10:30am Bingo - AR2W 2:00pm Jewish Service - MPR 2:00pm Spiritual Songs - TV2W	14 10:30am Church Service - MPR 2:00pm Spiritual Songs 3:00pm Special Event - Bethel Church Group - MPR
15 10:00am 1:1 - V 2W 10:30am Residents Choice (Movie) - TV2W 2:30pm Travel the World - MPR	16 9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Adapted Dance with Riki - MPR 2:30pm Resident Sing-a-Long - TV2W 2:30pm Residents' Council - MPR	17 St. Patrick's Day 9:30am Oldies Tunes/Music Appreciation - TV2W 2:30pm Lovable Companions (Pet Therapy) - AR2W 2:30pm St. Patrick's Day Celebration - MPR	18 9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Church Service - MPR 2:30pm Men's Club - Science Experiment - MPR	19 10:30am 1:1 Puzzles - V 2W 10:30am Armchair Travel - TV2W 2:30pm Community Melodies - Irish Music - MPR 2:30pm Residents Choice (TV) - TV2W	20 Spring Equinox 9:30am Group Exercise - TV2W 10:30am Bingo - AR2W 10:30am Spring Planting - MPR 2:00pm Jewish Service - MPR 2:00pm Spiritual Songs - TV2W	21 10:30am Church Service - MPR 2:00pm Spiritual Songs 3:00pm Special Event - Japanese SDA Group - MPR
22 10:00am 1:1 - V 2W 10:30am Residents Choice (Movie) - TV2W 2:30pm Travel the World - MPR	23 9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Adapted Dance with Riki - MPR 2:15pm Hearts in Action - Trivia - CHAP 2:30pm Resident Sing-a-Long - TV2W	24 9:30am Oldies Tunes/Music Appreciation - TV2W 10:00am Baking Socials - AR2W 2:30pm Lovable Companions (Pet Therapy) - AR2W 2:30pm Throwback Tuesdays - MPR	25 9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Church Service - MPR 2:00pm March Birthday Party - MPR	26 10:30am 1:1 Puzzles - V 2W 10:30am Armchair Travel - TV2W 2:30pm Live Entertainment - Country Kenny - MPR 2:30pm Residents Choice (TV) - TV2W	27 9:30am Group Exercise - TV2W 10:30am Bingo - AR2W 2:00pm Jewish Service - MPR 2:00pm Spiritual Songs - TV2W	28 10:30am Church Service - MPR 2:00pm Spiritual Songs
29 10:00am 1:1 - V 2W 10:30am Residents Choice (Movie) - TV2W 2:30pm Travel the World - MPR	30 9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Adapted Dance with Riki - MPR 2:30pm Resident Sing-a-Long - TV2W	31 9:30am Oldies Tunes/Music Appreciation - TV2W 2:30pm Lovable Companions (Pet Therapy) - AR2W 2:30pm Throwback Tuesdays - MPR			Happy St. Patrick's Day! 	

AR2W - Activity Room 2W

CHAP - Chapel

MPR - Multi-Purpose Room

TV2W - TV Room 2W

V 2W - Varied 2W

Programs may be subject to change.