

# March 2026



## 2 East Programs Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> 10:30am Armchair Travel - TV2E 2:30pm Reminiscing - TV2E 2:30pm <b>Travel the World - MPR</b>	<b>2</b> 10:30am <b>Adapted Dance with Riki - MPR</b> 1:30pm Group Exercise - TV2E 2:30pm Resident Sing-a-Long	<b>3</b> 1:30pm <b>Special Event - Purim Gathering - MPR</b> 2:30pm Bingo - AR2E 2:30pm <b>Throwback Tuesdays - MPR</b>	<b>4</b> 10:30am <b>Church Service - MPR</b> 1:30pm Group Exercise - TV2E 2:30pm <b>Current Events</b> 2:30pm Music Appreciation - TV2E	<b>5</b> 9:30am Group Exercise - TV2E 10:30am Friendly Visits - V 2E 2:00pm <b>I Love Lucy Show - MPR</b> 2:30pm Valleyview News - TV2E	<b>6</b> 10:30am Jolly Good Interest Club - TV2E 2:00pm <b>Jewish Service - MPR</b>	<b>7</b> 10:30am <b>Church Service - MPR</b> 2:00pm <b>Spiritual Songs</b> 2:30pm Hymn Singing - V 2E
<b>8</b> <b>Daylight Savings Time begins (clocks move forward one hour)</b> <b>International Women's Day</b> 10:30am International Women's Day Tribute - TV2E 2:30pm Friendly Visits - V 2E 2:30pm <b>Travel the World - MPR</b>	<b>9</b> 10:30am <b>Adapted Dance with Riki - MPR</b> 10:30am <b>Hearts in Action St. Patrick's Day Craft - CHAP</b> 1:30pm Group Exercise - TV2E 2:30pm Resident Sing-a-Long	<b>10</b> 10:00am Baking Socials - AR2E 2:30pm Bingo - AR2E 2:30pm <b>Throwback Tuesdays - MPR</b>	<b>11</b> 10:30am <b>Church Service - MPR</b> 1:30pm Group Exercise - TV2E 2:30pm <b>Puzzle Club - MPR</b>	<b>12</b> 9:30am Group Exercise - TV2E 10:30am Friendly Visits - V 2E 2:30pm <b>Community Bingo Club - MPR</b>	<b>13</b> 10:30am Cultural Mosaic - TV2E 2:00pm <b>Jewish Service - MPR</b>	<b>14</b> 10:30am <b>Church Service - MPR</b> 2:00pm <b>Spiritual Songs</b> 3:00pm Special Event - Bethel Church Group - MPR
<b>15</b> 10:30am Current Events - TV2E 2:30pm <b>Travel the World - MPR</b> 2:30pm Video Entertainment and Discussion - TV2E	<b>16</b> 10:30am <b>Adapted Dance with Riki - MPR</b> 1:30pm Group Exercise - TV2E 2:30pm Resident Sing-a-Long 2:30pm <b>Residents' Council - MPR</b>	<b>17</b> <b>St. Patrick's Day</b> 2:30pm Bingo - AR2E 2:30pm <b>St. Patrick's Day Celebration - MPR</b>	<b>18</b> 10:30am <b>Church Service - MPR</b> 1:30pm Group Exercise - TV2E 2:30pm <b>Men's Club - Science Experiment - MPR</b>	<b>19</b> 9:30am Group Exercise - TV2E 10:30am Friendly Visits - V 2E 2:30pm <b>Community Melodies - Irish Music - MPR</b>	<b>20</b> <b>Spring Equinox</b> 10:30am <b>Spring Planting - MPR</b> 2:00pm <b>Jewish Service - MPR</b>	<b>21</b> 10:30am <b>Church Service - MPR</b> 2:00pm <b>Spiritual Songs</b> 3:00pm Special Event - Japanese SDA Group - MPR
<b>22</b> 10:30am Cultural Mosaic - TV2E 2:30pm Music Appreciation - TV2E 2:30pm <b>Travel the World - MPR</b>	<b>23</b> 10:30am <b>Adapted Dance with Riki - MPR</b> 1:30pm Group Exercise - TV2E 2:15pm <b>Hearts in Action - Trivia - CHAP</b> 2:30pm Resident Sing-a-Long	<b>24</b> 10:00am Baking Socials - AR2E 2:30pm Bingo - AR2E 2:30pm <b>Throwback Tuesdays - MPR</b>	<b>25</b> 10:30am <b>Church Service - MPR</b> 1:30pm Group Exercise - TV2E 2:00pm <b>March Birthday Party - MPR</b>	<b>26</b> 9:30am Group Exercise - TV2E 10:30am Friendly Visits - V 2E 2:30pm <b>Live Entertainment - Country Kenny - MPR</b>	<b>27</b> 10:30am Reminiscing - TV2E 2:00pm <b>Jewish Service - MPR</b>	<b>28</b> 10:30am <b>Church Service - MPR</b> 2:00pm <b>Spiritual Songs</b> 2:30pm Hymn Singing - V 2E
<b>29</b> 10:30am Friendly Visits - V 2E 2:30pm Music Appreciation - TV2E 2:30pm <b>Travel the World - MPR</b>	<b>30</b> 10:30am <b>Adapted Dance with Riki - MPR</b> 1:30pm Group Exercise - TV2E 2:30pm Resident Sing-a-Long	<b>31</b> 2:30pm Bingo - AR2E 2:30pm <b>Throwback Tuesdays - MPR</b>			<b>St. Patrick's Day!</b> 	

AR2E - Activity Room 2E

CHAP - Chapel

MPR - Multi-Purpose Room

TV2E - TV Room 2E

V 2E - Varied 2E

Programs may be subject to change.