

# February 2026



## 4 West Programs Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
9:30am Walk And Roll Club - V 4W <b>10:30am Adapted Dance with Riki - MPR</b> 2:00pm Monday Movie - TV4W 2:30pm Unit Decorating - V 4W 3:45pm One To Ones - V 4W	10:15am Cool Rhythms Percussion Band - V 4W 1:30pm Group Exercise - TV4W 2:00pm Concert (TV) - V 4W <b>2:30pm Throwback Tuesdays - MPR</b>	9:30am Walk And Roll Club - V 4W 10:15am Window on the World - V 4W <b>10:30am Church Service - MPR</b> 2:00pm Talent Show (TV) - V 4W <b>2:30pm Artists Club in Celebration of Black History Month - MPR</b>	10:00am <b>Valentines Baking - MPR</b> 1:00pm Group Exercise - TV4W 2:00pm Amazing Animals (TV) - V 4W <b>2:30pm Community Melodies Love Songs - MPR</b>	10:15am Armchair Travel - TV4W <b>2:00pm Jewish Service - MPR</b> 2:00pm Spiritual Songs - V 4W <b>2:00pm Winter Olympics Opening Ceremonies - V</b>	9:45am Tranquil Nature - V 4W 10:15am Comedy Club - V 4W <b>10:30am Church Service - MPR</b> 2:30pm Reminiscing - Trip Down Memory Lane - V 4W 3:45pm Mixed Bag - AR4W	
9:45am Talent Show (TV) - V 4W 10:30am Willowdale Warriors (Sport Games) - V 4W 11:15am Good Neighbours Discussion Club - V 4W 2:30pm Sensory Therapy - AR4W 4:00pm One To Ones - V 4W	9:30am Walk And Roll Club - V 4W <b>10:30am Adapted Dance with Riki - MPR</b> <b>10:30am Hearts in Action - Valentine's Day craft - CHAP</b> 2:30pm Table Top Activities - AR4W	9:45am Guess The Answer! - V 4W 10:30am Sing With Us - Love Songs - TV4W 1:30pm Group Exercise - TV4W 2:00pm Comedy Club - V 4W <b>2:30pm Throwback Tuesdays - MPR</b>	9:30am Walk And Roll Club - V 4W 10:15am Window on the World - V 4W <b>10:30am Church Service - MPR</b> 2:00pm Residents Choice (TV) - V 4W <b>2:30pm Winter Olympics Sports - V</b>	9:30am Comedy Club - V 4W 10:15am Keeping Cozy - Valentine's Hot Beverages Social - AR4W 1:00pm Group Exercise - TV4W <b>2:00pm Romantic Movie - MPR</b>	9:30am Tranquil Nature - V 4W 10:15am Creative Artists Group - Valentine's Theme - AR4W <b>2:00pm Jewish Service - MPR</b> 2:00pm Spiritual Songs - V 4W 3:45pm One To Ones - V 4W	<b>10:30am Valentine's Day</b>
15	16	17	18	19	20	21
	<b>Family Day</b> 9:30am Walk And Roll Club - V 4W <b>10:30am Adapted Dance with Riki - MPR</b> 1:30pm Winter Olympics (TV) - V 4W <b>2:00pm Valentines Day Tea - MPR</b>	10:15am Mixed Bag - AR4W 1:30pm Group Exercise - TV4W 2:00pm Armchair Travel - V 4W <b>2:30pm Throwback Tuesdays - MPR</b>	9:30am Walk And Roll Club - V 4W 10:15am Window on the World - V 4W <b>10:30am Church Service - MPR</b> 2:00pm Music Appreciation - V 4W <b>2:30pm Community Bingo Club - MPR</b>	9:30am Tranquil Nature - V 4W 10:15am Celebration of Culture - Chinese New Year - TV4W 1:00pm Group Exercise - TV4W <b>2:30pm Artists Club in Celebration of Chinese New Year - MPR</b>	9:30am Comedy Club - V 4W <b>10:30am Ladies Club - Poetry - MPR</b> <b>2:00pm Jewish Service - MPR</b> 2:00pm Spiritual Songs - V 4W 3:45pm One To Ones - V 4W	<b>10:30am Church Service - MPR</b>
22	23	24	25	26	27	28
<b>2:00pm Winter Olympics Closing Ceremonies - V</b>	9:30am Walk And Roll Club - V 4W <b>10:30am Adapted Dance with Riki - MPR</b> <b>2:15pm Hearts in Action - Boardgames - CHAP</b> 3:45pm Celebrating Black History Month with Songs and Stories by the Campfire - TV4W	10:00am Brain Teasers - V 4W 10:30am Bingo Buddies Club - AR4W 1:30pm Group Exercise - TV4W 2:00pm Amazing Animals (TV) - V 4W <b>2:30pm Throwback Tuesdays - MPR</b>	9:30am Walk And Roll Club - V 4W 10:15am Window on the World - V 4W <b>10:30am Church Service - MPR</b> 1:30pm Classic Movie - TV4W <b>2:00pm February Birthday Party - MPR</b>	9:30am Residents Choice (TV) - V 4W 10:30am Obie Games - AR4W 1:00pm Group Exercise - TV4W 2:00pm Concert (TV) - V 4W <b>2:30pm Entertainment - Zachary Erickson - MPR</b>	9:30am Music Appreciation - V 4W 10:15am Willowdale Warriors (Sport Games) - V 4W 11:15am Good Neighbours Discussion Club - V 4W <b>2:00pm Jewish Service - MPR</b> 3:45pm One To Ones - V 4W	<b>10:30am Church Service - MPR</b>

AR4W - Activity Room 4W

CHAP - Chapel

MPR - Multi-Purpose Room

TV4W - TV Room 4W

V - Varied

V 4W - Varied 4W

Programs may be subject to change.