

February 2026



4 West Programs Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
	9:30am Walk And Roll Club - V 4W 10:30am Adapted Dance with Riki - MPR 2:00pm Monday Movie - TV4W 2:30pm Unit Decorating - V 4W 3:45pm One To Ones - V 4W	10:15am Cool Rhythms Percussion Band - V 4W 1:30pm Group Exercise - TV4W 2:00pm Concert (TV) - V 4W 2:30pm Throwback Tuesdays - MPR	9:30am Walk And Roll Club - V 4W 10:15am Window on the World - V 4W 10:30am Church Service - MPR 2:00pm Talent Show (TV) - V 4W 2:30pm Artists Club in Celebration of Black History Month - MPR	10:00am Valentines Baking - MPR 1:00pm Group Exercise - TV4W 2:00pm Amazing Animals (TV) - V 4W 2:30pm Community Melodies Love Songs - MPR	10:15am Armchair Travel - TV4W 2:00pm Jewish Service - MPR 2:00pm Spiritual Songs - V 4W 2:00pm Winter Olympics Opening Ceremonies - V	9:45am Tranquil Nature - V 4W 10:15am Comedy Club - V 4W 10:30am Church Service - MPR 2:30pm Reminiscing - Trip Down Memory Lane - V 4W 3:45pm Mixed Bag - AR4W
8	9	10	11	12	13	14
9:45am Talent Show (TV) - V 4W 10:30am Willowdale Warriors (Sport Games) - V 4W 11:15am Good Neighbours Discussion Club - V 4W 2:30pm Sensory Therapy - AR4W 4:00pm One To Ones - V 4W	9:30am Walk And Roll Club - V 4W 10:30am Adapted Dance with Riki - MPR 10:30am Hearts in Action - Valentine's Day craft - CHAP 2:30pm Table Top Activities - AR4W	9:45am Guess The Answer! - V 4W 10:30am Sing With Us - Love Songs - TV4W 1:30pm Group Exercise - TV4W 2:00pm Comedy Club - V 4W 2:30pm Throwback Tuesdays - MPR	9:30am Walk And Roll Club - V 4W 10:15am Window on the World - V 4W 10:30am Church Service - MPR 2:00pm Residents Choice (TV) - V 4W 2:30pm Winter Olympics Sports - V	9:30am Comedy Club - V 4W 10:15am Keeping Cozy - Valentine's Hot Beverages Social - AR4W 1:00pm Group Exercise - TV4W 2:00pm Romantic Movie - MPR	9:30am Tranquil Nature - V 4W 10:15am Creative Artists Group - Valentine's Theme - AR4W 2:00pm Jewish Service - MPR 2:00pm Spiritual Songs - V 4W 3:45pm One To Ones - V 4W	10:30am Church Service - MPR 
15	16	17	18	19	20	21
	Family Day 9:30am Walk And Roll Club - V 4W 10:30am Adapted Dance with Riki - MPR 1:30pm Winter Olympics (TV) - V 4W 2:00pm Valentines Day Tea - MPR	10:15am Mixed Bag - AR4W 1:30pm Group Exercise - TV4W 2:00pm Armchair Travel - V 4W 2:30pm Throwback Tuesdays - MPR	9:30am Walk And Roll Club - V 4W 10:15am Window on the World - V 4W 10:30am Church Service - MPR 2:00pm Music Appreciation - V 4W 2:30pm Community Bingo Club - MPR	9:30am Tranquil Nature - V 4W 10:15am Celebration of Culture - Chinese New Year - TV4W 1:00pm Group Exercise - TV4W 2:30pm Artists Club in Celebration of Chinese New Year - MPR	9:30am Comedy Club - V 4W 10:30am Ladies Club - Poetry - MPR 2:00pm Jewish Service - MPR 2:00pm Spiritual Songs - V 4W 3:45pm One To Ones - V 4W	10:30am Church Service - MPR
22	23	24	25	26	27	28
2:00pm Winter Olympics Closing Ceremonies - V	9:30am Walk And Roll Club - V 4W 10:30am Adapted Dance with Riki - MPR 2:15pm Hearts in Action - Boardgames - CHAP 3:45pm Celebrating Black History Month with Songs and Stories by the Campfire - TV4W	10:00am Brain Teasers - V 4W 10:30am Bingo Buddies Club - AR4W 1:30pm Group Exercise - TV4W 2:00pm Amazing Animals (TV) - V 4W 2:30pm Throwback Tuesdays - MPR	9:30am Walk And Roll Club - V 4W 10:15am Window on the World - V 4W 10:30am Church Service - MPR 1:30pm Classic Movie - TV4W 2:00pm February Birthday Party - MPR 	9:30am Residents Choice (TV) - V 4W 10:30am Obie Games - AR4W 1:00pm Group Exercise - TV4W 2:00pm Concert (TV) - V 4W 2:30pm Entertainment - Zachary Erickson - MPR	9:30am Music Appreciation - V 4W 10:15am Willowdale Warriors (Sport Games) - V 4W 11:15am Good Neighbours Discussion Club - V 4W 2:00pm Jewish Service - MPR 3:45pm One To Ones - V 4W	10:30am Church Service - MPR

AR4W - Activity Room 4W

CHAP - Chapel

MPR - Multi-Purpose Room

TV4W - TV Room 4W

V - Varied

V 4W - Varied 4W

Programs may be subject to change.