

February 2026



4 East Programs Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 8:45am Walking Club/One to One Visits - V 4E 10:00am Catholic Service T. V Virtual on YouTube - AR4E 11:00am Praise & Worship Songs - V 4E 1:30pm Cognitive Games - AR4E 2:00pm Movie - V 4E	2 8:30am One to One Visits - V 4E 8:40am Walking Club - V 4E 10:30am Adapted Dance with Riki - MPR 1:15pm Snoezelen Experience - V 4E 1:30pm Calming Sensory Relaxation - V 4E 1:30pm Montessori Group - AR4E 2:30pm Unit Decorating - V 4E 3:00pm Music And Movement - V 4E	3 8:45am Walking Club - V 4E 9:30am Group Exercise - AR4E 9:30am One to One Visits - V 4E 10:00am Moving to Music - V 4E 10:00am Music Appreciation - V 4E 10:30am Bingo Club /Table Top Games - AR4E 2:30pm Throwback Tuesdays - MPR	4 8:45am Walking Club - V 4E 10:00am Table Top Activities - AR4E 10:15am Residents Choice (TV) - V 4E 10:30am Church Service - MPR 1:15pm Music Appreciation - V 4E 2:30pm Artists Club in Celebration of Black History Month - MPR 3:00pm Movie - V 4E	5 8:45am Walking Club - V 4E 9:30am Group Exercise - AR4E 10:00am Valentines Baking - MPR 2:00pm Music Appreciation - V 4E 2:30pm Community Melodies Love Songs - MPR 3:30pm Window on the World - V 4E	6 8:35am One to One Visits - V 4E 8:45am Walking Club - V 4E 9:45am Hymn Singing - V 4E 10:00am Bingo Club/Table Top Games - AR4E 2:00pm Jewish Service - MPR 2:00pm Jewish Service/ Sabbath Shalom Virtual - V 4E 2:00pm Winter Olympics Opening Ceremonies - V 3:15pm Praise & Worship Songs - V 4E	7 10:30am Church Service - MPR 2:30pm Spiritual Songs MPR
8	9 8:30am One to One Visits - V 4E 8:40am Walking Club - V 4E 10:30am Adapted Dance with Riki - MPR 10:30am Hearts in Action - Valentine's Day craft - CHAP 1:15pm Snoezelen Experience - V 4E 1:30pm Calming Sensory Relaxation - V 4E 1:30pm Montessori Group - AR4E 3:00pm Music And Movement - V 4E	10 8:45am Walking Club - V 4E 9:30am Group Exercise - AR4E 9:30am One to One Visits - V 4E 10:00am Moving to Music - V 4E 10:00am Music Appreciation - V 4E 10:30am Bingo Club /Table Top Games - AR4E 2:30pm Throwback Tuesdays - MPR	11 8:45am Walking Club - V 4E 10:00am Table Top Activities - AR4E 10:15am Residents Choice (TV) - V 4E 10:30am Church Service - MPR 1:15pm Music Appreciation - V 4E 2:30pm Winter Olympics Sports - V 3:00pm Movie - V 4E	12 8:45am Walking Club - V 4E 9:30am Group Exercise - AR4E 10:30am Valentine's Coffee & Tea Social Club - AR4E 11:00am Reminiscing - Trip Down Memory Lane - AR4E 2:00pm Romantic Movie - MPR 3:30pm Window on the World - V 4E	13 8:35am One to One Visits - V 4E 8:45am Walking Club - V 4E 9:45am Hymn Singing - V 4E 10:00am Bingo Club/Table Top Games - AR4E 2:00pm Jewish Service - MPR 2:00pm Jewish Service/ Sabbath Shalom Virtual - V 4E 3:15pm Praise & Worship Songs - V 4E	14 10:30am Church Service - MPR 2:30pm Spiritual Songs MPR 
15	16 Family Day 8:30am One to One Visits - V 4E 8:40am Walking Club - V 4E 10:30am Adapted Dance with Riki - MPR 1:15pm Snoezelen Experience - V 4E 1:30pm Calming Sensory Relaxation - V 4E 1:30pm Montessori Group - AR4E 2:00pm Valentines Day Tea - MPR 3:00pm Music And Movement - V 4E	17 8:45am Walking Club - V 4E 9:30am Group Exercise - AR4E 9:30am One to One Visits - V 4E 10:00am Moving to Music - V 4E 10:00am Music Appreciation - V 4E 10:30am Bingo Club /Table Top Games - AR4E 2:30pm Throwback Tuesdays - MPR	18 8:45am Walking Club - V 4E 10:00am Table Top Activities - AR4E 10:15am Residents Choice (TV) - V 4E 10:30am Church Service - MPR 1:15pm Music Appreciation - V 4E 2:30pm Community Bingo Club - MPR 3:00pm Movie - V 4E	19 8:45am Walking Club - V 4E 9:30am Group Exercise - AR4E 10:30am Celebration of Culture - AR4E 2:30pm Artists Club in Celebration of Chinese New Year - MPR 3:30pm Window on the World - V 4E	20 8:35am One to One Visits - V 4E 8:45am Walking Club - V 4E 9:45am Hymn Singing - V 4E 10:00am Bingo Club/Table Top Games - AR4E 10:30am Ladies Club - Poetry - MPR 2:00pm Jewish Service - MPR 2:00pm Jewish Service/ Sabbath Shalom Virtual - V 4E 3:15pm Praise & Worship Songs - V 4E	21 10:30am Church Service - MPR 2:30pm Spiritual Songs MPR
22 2:00pm Winter Olympics Closing Ceremonies - V	23 8:30am One to One Visits - V 4E 8:40am Walking Club - V 4E 10:30am Adapted Dance with Riki - MPR 1:15pm Snoezelen Experience - V 4E 1:30pm Calming Sensory Relaxation - V 4E 1:30pm Montessori Group - AR4E 2:15pm Hearts in Action - Boardgames - CHAP 3:00pm Music And Movement - V 4E	24 8:45am Walking Club - V 4E 9:30am Group Exercise - AR4E 9:30am One to One Visits - V 4E 10:00am Moving to Music - V 4E 10:00am Music Appreciation - V 4E 10:30am Bingo Club /Table Top Games - AR4E 2:30pm Throwback Tuesdays - MPR	25 8:45am Walking Club - V 4E 10:00am Table Top Activities - AR4E 10:15am Residents Choice (TV) - V 4E 10:30am Church Service - MPR 1:15pm Music Appreciation - V 4E 2:00pm February Birthday Party - MPR 3:00pm Movie - V 4E 	26 8:45am Walking Club - V 4E 9:30am Group Exercise - AR4E 10:30am 4 Express (Sports Games) - AR4E 2:30pm Entertainment - Zachary Erickson - MPR 3:30pm Window on the World - V 4E	27 8:35am One to One Visits - V 4E 8:45am Walking Club - V 4E 9:45am Hymn Singing - V 4E 10:00am Bingo Club/Table Top Games - AR4E 2:00pm Jewish Service - MPR 2:00pm Jewish Service/ Sabbath Shalom Virtual - V 4E 3:15pm Praise & Worship Songs - V 4E	28 10:30am Church Service - MPR 2:30pm Spiritual Songs MPR