

# February 2026



## 3 East Programs Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
	10:30am Adapted Dance with Riki - MPR 10:30am Comedy Hour - V 3E 2:30pm music appreciation - V 3E	10:30am Cognitive game - AR3E 10:30am armchair travel - V 3E 2:30pm Throwback Tuesdays - MPR	10:30am Church Service - MPR 10:30am cook show - V 3E 1:30pm Group Exercise - TV3E 2:30pm Artists Club in Celebration of Black History Month - MPR 2:30pm animal show - TV3E	10:00am Valentines Baking - MPR 10:30am Nature appreciation. - TV3E 2:30pm Community Melodies Love Songs - MPR	10:30am Arts & Crafts Appreciation - V 3E 10:30am Cognitive game - AR3E 1:30pm Group Exercise - TV3E 2:00pm Jewish Service - MPR 2:00pm Winter Olympics Opening Ceremonies - V 2:30pm cook show - V 3E	10:30am Church Service - MPR
8	9	10	11	12	13	14
	10:30am Adapted Dance with Riki - MPR 10:30am Comedy Hour - V 3E 10:30am Hearts in Action - Valentine's Day craft - CHAP 2:30pm music appreciation - V 3E	10:30am Cognitive game - AR3E 10:30am armchair travel - V 3E 2:30pm Throwback Tuesdays - MPR	10:30am Church Service - MPR 10:30am cook show - V 3E 1:30pm Group Exercise - TV3E 2:30pm Winter Olympics Sports - V 2:30pm animal show - TV3E	10:30am Cognitive game - AR3E 10:30am Nature appreciation. - TV3E 2:00pm Romantic Movie - MPR	10:30am Arts & Crafts Appreciation - V 3E 10:30am Cognitive game - AR3E 1:30pm Group Exercise - TV3E 2:00pm Jewish Service - MPR 2:30pm cook show - V 3E	10:30am Church Service - MPR 
15	16	17	18	19	20	21
	Family Day 10:30am Adapted Dance with Riki - MPR 10:30am Comedy Hour - V 3E 2:00pm Valentines Day Tea - MPR 2:30pm music appreciation - V 3E	10:30am Cognitive game - AR3E 10:30am armchair travel - V 3E 2:30pm Throwback Tuesdays - MPR	10:30am Church Service - MPR 10:30am cook show - V 3E 1:30pm Group Exercise - TV3E 2:30pm Community Bingo Club - MPR 2:30pm animal show - TV3E	10:30am Cognitive game - AR3E 10:30am Nature appreciation. - TV3E 2:30pm Artists Club in Celebration of Chinese New Year - MPR	10:30am Arts & Crafts Appreciation - V 3E 10:30am Cognitive game - AR3E 10:30am Ladies Club - Poetry - MPR 1:30pm Group Exercise - TV3E 2:00pm Jewish Service - MPR 2:30pm cook show - V 3E	10:30am Church Service - MPR
22	23	24	25	26	27	28
2:00pm Winter Olympics Closing Ceremonies - V	10:30am Adapted Dance with Riki - MPR 10:30am Comedy Hour - V 3E 2:15pm Hearts in Action - Boardgames - CHAP 2:30pm music appreciation - V 3E	10:30am Cognitive game - AR3E 10:30am armchair travel - V 3E 2:30pm Throwback Tuesdays - MPR	10:30am Church Service - MPR 10:30am cook show - V 3E 1:30pm Group Exercise - TV3E 2:00pm February Birthday Party - MPR 2:30pm animal show - TV3E	10:30am Cognitive game - AR3E 10:30am Nature appreciation. - TV3E 2:30pm Entertainment - Zachary Erickson - MPR 2:30pm cook show - V 3E	10:30am Arts & Crafts Appreciation - V 3E 10:30am Cognitive game - AR3E 1:30pm Group Exercise - TV3E 2:00pm Jewish Service - MPR 2:30pm cook show - V 3E	10:30am Church Service - MPR

AR3E - Activity Room 3E

CHAP - Chapel

MPR - Multi-Purpose Room

TV3E - TV Room 3E

V - Varied

V 3E - Varied 3E

Programs may be subject to change.