

February 2026



2 East Programs Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:30am Armchair Travel - TV2E 2:30pm Reminiscing - TV2E	2 10:30am Adapted Dance with Riki - MPR 1:30pm Group Exercise - TV2E 2:30pm Resident Sing-a-Long	3 2:30pm Bingo - AR2E 2:30pm Throwback Tuesdays - MPR	4 10:30am Church Service - MPR 1:30pm Group Exercise - TV2E 2:30pm Artists Club in Celebration of Black History Month - MPR	5 9:30am Group Exercise - TV2E 10:00am Valentines Baking - MPR 10:30am Friendly Visits - V 2E 2:30pm Community Melodies Love Songs - MPR	6 2:00pm Jewish Service - MPR 2:00pm Winter Olympics Opening Ceremonies - V	7 10:30am Church Service - MPR 2:30pm Hymn Singing - V 2E
8 10:30am Music Trivia - TV2E 2:30pm Friendly Visits - V 2E	9 10:30am Adapted Dance with Riki - MPR 10:30am Hearts in Action - Valentine's Day craft - CHAP 1:30pm Group Exercise - TV2E 2:30pm Resident Sing-a-Long	10 2:30pm Bingo - AR2E 2:30pm Throwback Tuesdays - MPR	11 10:30am Church Service - MPR 1:30pm Group Exercise - TV2E 2:30pm Winter Olympics Sports - V	12 9:30am Group Exercise - TV2E 10:30am Friendly Visits - V 2E 2:00pm Romantic Movie - MPR	13 10:30am Jolly Good Interest Club - TV2E 2:00pm Jewish Service - MPR	14 10:30am Church Service - MPR 2:30pm Hymn Singing - V 2E 
15 10:30am Video Entertainment and Discussion - TV2E 2:30pm current events - TV2E	16 Family Day 10:30am Adapted Dance with Riki - MPR 1:30pm Group Exercise - TV2E 2:00pm Valentines Day Tea - MPR 2:30pm Resident Sing-a-Long	17 2:30pm Bingo - AR2E 2:30pm Throwback Tuesdays - MPR	18 10:30am Church Service - MPR 1:30pm Group Exercise - TV2E 2:30pm Community Bingo Club - MPR	19 9:30am Group Exercise - TV2E 10:30am Friendly Visits - V 2E 2:30pm Artists Club in Celebration of Chinese New Year - MPR	20 10:30am Ladies Club - Poetry - MPR 2:00pm Jewish Service - MPR	21 10:30am Church Service - MPR 2:30pm Hymn Singing - V 2E
22 10:30am Cultural Mosaic - TV2E 2:00pm Winter Olympics Closing Ceremonies - V 2:30pm Music Appreciation - TV2E	23 10:30am Adapted Dance with Riki - MPR 1:30pm Group Exercise - TV2E 2:15pm Hearts in Action - Boardgames - CHAP 2:30pm Resident Sing-a-Long	24 2:30pm Bingo - AR2E 2:30pm Throwback Tuesdays - MPR	25 10:30am Church Service - MPR 1:30pm Group Exercise - TV2E 2:00pm February Birthday Party - MPR 	26 9:30am Group Exercise - TV2E 10:30am Friendly Visits - V 2E 2:30pm Entertainment - Zachary Erickson - MPR	27 10:30am Favorite Entertainers - TV2E 2:00pm Jewish Service - MPR	28 10:30am Church Service - MPR 2:30pm Hymn Singing - V 2E

AR2E - Activity Room 2E

CHAP - Chapel

MPR - Multi-Purpose Room

TV2E - TV Room 2E

V - Varied

V 2E - Varied 2E

Programs may be subject to change.