

January 2026



2 East Programs Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:30am Group Exercise - TV2E 10:30am Friendly Visits - V 2E 2:30pm New Year Video Concert - TV2E	2 10:30am Jolly Good Interest Club - TV2E 2:00pm Jewish Service - MPR	3 10:30am Church Service - MPR 2:30pm Hymn Singing - V 2E
4 10:30am Armchair Travel - TV2E 2:30pm Reminiscing - TV2E	5 10:30am Adapted Dance with Riki - MPR 1:30pm Group Exercise - TV2E 2:30pm Resident Sing-a-Long	6 2:30pm Bingo - AR2E 2:30pm Throwback Tuesdays - MPR	7 10:30am Church Service - MPR 1:30pm Group Exercise - TV2E 2:30pm Board Games Bonanza - MPR 2:30pm current events - TV2E	8 9:30am Group Exercise - TV2E 10:30am Friendly Visits - V 2E 2:00pm Hot Chocolate Social - MPR 2:30pm Music Appreciation - TV2E	9 10:30am Valleyview News - TV2E 2:00pm Jewish Service - MPR	10 10:30am Church Service - MPR 2:30pm Hymn Singing - V 2E
11 10:30am Music Trivia - TV2E 2:30pm Friendly Visits - V 2E	12 10:30am Adapted Dance with Riki - MPR 1:30pm Group Exercise - TV2E 2:30pm Resident Sing-a-Long	13 2:30pm Bingo - AR2E 2:30pm Throwback Tuesdays - MPR	14 10:30am Church Service - MPR 1:30pm Group Exercise - TV2E 2:00pm Community Artists Club - MPR 2:30pm Cultural Mosaic - TV2E	15 9:30am Group Exercise - TV2E 10:30am Friendly Visits - V 2E 2:30pm Entertainment - Country Kenny - MPR	16 10:30am Armchair Travel - TV2E 2:00pm Jewish Service - MPR	17 10:30am Church Service - MPR 2:30pm Hymn Singing - V 2E
18 10:30am Video Entertainment and Discussion - TV2E 2:30pm Favorite Entertainers - TV2E	19 10:30am Adapted Dance with Riki - MPR 1:30pm Group Exercise - TV2E 2:30pm Resident Sing-a-Long	20 2:30pm Bingo - AR2E 2:30pm Throwback Tuesdays - MPR	21 10:30am Church Service - MPR 1:30pm Group Exercise - TV2E 2:30pm Community Bingo Club - MPR 2:30pm Video Entertainment and Discussion - TV2E	22 9:30am Group Exercise - TV2E 10:30am Friendly Visits - V 2E 2:30pm Jolly Good Interest Club - TV2E 2:30pm Men's Club - Current Events - MPR	23 10:30am Favorite Entertainers - TV2E 2:00pm Jewish Service - MPR	24 10:30am Church Service - MPR 2:30pm Hymn Singing - V 2E
25 10:30am Cultural Mosaic - TV2E 2:30pm Music Appreciation - TV2E	26 10:30am Adapted Dance with Riki - MPR 1:30pm Group Exercise - TV2E 2:30pm Resident Sing-a-Long	27 2:30pm Bingo - AR2E 2:30pm Throwback Tuesdays - MPR	28 10:30am Church Service - MPR 1:30pm Group Exercise - TV2E 2:00pm Memorial Service - MPR 2:30pm Activity Calendar Planning - TV2E	29 9:30am Group Exercise - TV2E 10:30am Friendly Visits - V 2E 2:00pm January Birthday Party - MPR 2:30pm Video Concert - TV2E	30 10:30am Reminiscing - TV2E 2:00pm Jewish Service - MPR	31 10:30am Church Service - MPR 2:30pm Hymn Singing - V 2E

AR2E - Activity Room 2E

MPR - Multi-Purpose Room

TV2E - TV Room 2E

V 2E - Varied 2E

Programs may be subject to change.