
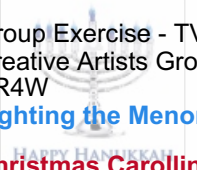


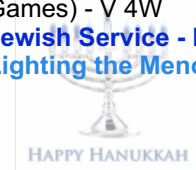






December 2025

4 West Programs Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 9:30am Walk And Roll Club - V 4W 10:30am Adapted Dance with Riki - MPR 2:30pm Music Appreciation - V 4W	2 10:30am Throwback Tuesdays - MPR 10:45am Mixed Bag - AR4W 1:30pm Group Exercise - TV4W 2:00pm Unit Movie - TV4W 2:30pm Unit Decorating - V 4W	3 9:30am Walk And Roll Club - V 4W 10:15am Window on the World - V 4W 10:30am Church Service - MPR 2:00pm Comedy Club - V 4W 2:00pm Holiday Decorating - MPR	4 10:30am Bingo Buddies Club - AR4W 1:00pm Group Exercise - TV4W 2:30pm Community Melodies - Holiday Sing-a-Long - MPR	5 10:30am Creative Artists Group - AR4W 2:00pm Jewish Service - MPR 2:00pm Spiritual Songs - V 4W 3:45pm One To Ones - V 4W	6 10:30am Church Service - MPR 3:40pm Special Event - Visit from Willowdale Church Youth Group - MPR
7	8 9:30am Walk And Roll Club - V 4W 10:30am Adapted Dance with Riki - MPR	9 10:30am Throwback Tuesdays - MPR 11:00am Reminiscing - Trip Down Memory Lane - V 4W 1:30pm Group Exercise - TV4W	10 9:30am Walk And Roll Club - V 4W 10:15am Window on the World - V 4W 10:30am Church Service - MPR 2:00pm Community Artists Club - Holiday Decorations - MPR	11 10:30am Gingerbread Decorating Challenge - MPR 1:00pm Group Exercise - TV4W 2:30pm Gingerbread Decorating Challenge Judging - MPR	12 10:30am Willowdale Warriors (Sports Games) - V 4W 2:00pm Jewish Service - MPR 3:45pm Celebration of Culture - TV4W	13 10:30am Church Service - MPR 3:00pm Special Event - Visit from Bethel Church - MPR
14	15 9:30am Walk And Roll Club - V 4W 10:30am Adapted Dance with Riki - MPR 2:30pm Residents' Council - MPR 4:00pm Lighting the Menorah - MPR  HAPPY HANUKKAH	16 10:30am Throwback Tuesdays - MPR 1:30pm Group Exercise - TV4W 2:00pm Creative Artists Group - AR4W 4:00pm Lighting the Menorah - MPR 6:30pm Christmas Carolling - MPR  HAPPY HANUKKAH	17 9:30am Walk And Roll Club - V 4W 10:15am Window on the World - V 4W 10:30am Church Service - MPR 2:00pm Community Games - Holiday Edition - MPR 4:00pm Lighting the Menorah - MPR  HAPPY HANUKKAH	18 10:30am Mixed Bag - AR4W 1:00pm Group Exercise - TV4W 2:00pm Pet Therapy - Hands on Exotic - V 4:00pm Lighting the Menorah - MPR  HAPPY HANUKKAH	19 10:30am Willowdale Warriors (Sports Games) - V 4W 2:00pm Jewish Service - MPR 4:00pm Lighting the Menorah - MPR  HAPPY HANUKKAH	20 10:30am Church Service - MPR 3:00pm Special Event - Visit from Japanese Seven Day Adventist Church - MPR 4:00pm Lighting the Menorah - MPR  HAPPY HANUKKAH
21 4:00pm Lighting the Menorah - MPR  HAPPY HANUKKAH	22 9:30am Walk And Roll Club - V 4W 10:30am Adapted Dance with Riki - MPR 2:30pm Celebration of Culture - TV4W 4:00pm Lighting the Menorah - MPR  HAPPY HANUKKAH	23 10:30am Throwback Tuesdays - MPR 10:45am Music Appreciation - Songs of the Season - V 4W 1:30pm Group Exercise - TV4W 2:30pm Tranquil Nature - V 4W	24 9:30am Walk And Roll Club - V 4W All Day Movie Marathon - MPR 10:15am Window on the World - V 4W 2:30pm Comedy Club - V 4W	25 10:30am Santa Claus Parade (TV) - V 4W 1:00pm Group Exercise - TV4W 2:30pm Festive Tunes - V 4W Merry Christmas 	26 10:30am Armchair Travel - TV4W 2:00pm Jewish Service - MPR 2:00pm Spiritual Songs - V 4W 3:45pm One To Ones - V 4W	27 10:30am Church Service - MPR 2:30pm Special Event - Visit from Toronto Central Seven Day Adventist Church Youth Group - MPR
28	29 9:30am Walk And Roll Club - V 4W 10:30am Adapted Dance with Riki - MPR 2:30pm Virtual Reality with Help Mobility - MPR	30 10:30am Throwback Tuesdays - MPR 10:45am Sing With Us - TV4W 1:30pm Group Exercise - TV4W 2:30pm Birthday Party - MPR	31 9:30am Walk And Roll Club - V 4W 10:15am Window on the World - V 4W 10:30am Church Service - MPR 2:30pm Live Entertainment - The West Enders - MPR			

AR4W - Activity Room 4W

MPR - Multi-Purpose Room

TV4W - TV Room 4W

V - Varied

V 4W - Varied 4W

Programs may be subject to change.

