



December 2025

4 East Programs Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	8:30am One to One Visits - V 4E 8:40am Walking Club - V 4E 10:30am Adapted Dance with Riki - MPR 1:15pm Snoezelen Experience - V 4E 1:30pm Calming Sensory Relaxation - V 4E 1:30pm Montessori Group - AR4E	8:45am Walking Club - V 4E 9:30am Group Exercise - AR4E 10:00am Moving to Music - V 4E 10:30am Bingo Club - AR4E 10:30am Throwback Tuesdays - MPR 2:00pm Resident Sing-Along - AR4E	8:45am Walking Club - V 4E 10:00am Table Top Activities - AR4E 10:15am Residents Choice (TV) - V 4E 10:30am Church Service - MPR 1:15pm Music Appreciation - V 4E 2:00pm Holiday Decorating - MPR 3:00pm Movie - V 4E	8:45am Walking Club - V 4E 9:30am Group Exercise - AR4E 10:00am Creative Artists Group - AR4E 10:30am Unit Decorating - V 4E 2:30pm Community Melodies - Holiday Sing-a-Long - MPR 3:30pm Window on the World - V 4E	8:35am One to One Visits/R. Feeding - V 4E 8:45am Walking Club - V 4E 9:45am Hymn Singing - V 4E 10:00am Bingo Club/Table Top Games - AR4E 2:00pm Jewish Service - MPR 3:15pm Praise & Worship Songs - V 4E	10:30am Church Service - MPR 2:30pm Spiritual Songs MPR 3:40pm Special Event - Visit from Willowdale Church Youth Group - MPR
7	8	9	10	11	12	13
	8:30am One to One Visits - V 4E 8:40am Walking Club - V 4E 10:30am Adapted Dance with Riki - MPR 1:15pm Snoezelen Experience - V 4E 1:30pm Calming Sensory Relaxation - V 4E 1:30pm Montessori Group - AR4E	8:45am Walking Club - V 4E 9:30am Group Exercise - AR4E 9:30am One to One Visits - V 4E 10:00am Moving to Music - V 4E 10:30am Bingo Club - AR4E 10:30am Throwback Tuesdays - MPR 2:30pm 4 Express (Sports Games) - AR4E	8:45am Walking Club - V 4E 10:00am Table Top Activities - AR4E 10:15am Residents Choice (TV) - V 4E 10:30am Church Service - MPR 1:15pm Music Appreciation - V 4E 2:00pm Community Artists Club - Holiday Decorations - MPR 3:00pm Movie - V 4E	8:45am Walking Club - V 4E 9:30am Group Exercise - AR4E 10:30am Gingerbread Decorating Challenge - MPR 2:30pm Gingerbread Decorating Challenge Judging - MPR 3:30pm Window on the World - V 4E	8:35am One to One Visits/R. Feeding - V 4E 8:45am Walking Club - V 4E 9:45am Hymn Singing - V 4E 10:00am Bingo Club/Table Top Games - AR4E 2:00pm Jewish Service - MPR 3:15pm Praise & Worship Songs - V 4E	10:30am Church Service - MPR 2:30pm Spiritual Songs MPR 3:00pm Special Event - Visit from Bethel Church - MPR
14	15	16	17	18	19	20
	8:30am One to One Visits - V 4E 8:40am Walking Club - V 4E 10:30am Adapted Dance with Riki - MPR 1:15pm Snoezelen Experience - V 4E 1:30pm Calming Sensory Relaxation - V 4E 1:30pm Montessori Group - AR4E 2:30pm Residents' Council - MPR 4:00pm Lighting the Menorah - MPR	8:45am Walking Club - V 4E 9:30am Group Exercise - AR4E 9:30am One to One Visits - V 4E 10:00am Moving to Music - V 4E 10:30am Bingo Club - AR4E 10:30am Throwback Tuesdays - MPR 4:00pm Lighting the Menorah - MPR 6:30pm Christmas Carolling - MPR	8:45am Walking Club - V 4E 10:00am Table Top Activities - AR4E 10:15am Residents Choice (TV) - V 4E 10:30am Church Service - MPR 1:15pm Music Appreciation - V 4E 2:00pm Community Games - Holiday Edition - MPR 3:00pm Movie - V 4E 4:00pm Lighting the Menorah - MPR	8:45am Walking Club - V 4E 9:30am Group Exercise - AR4E 10:30am Celebration of Culture - AR4E 2:00pm Pet Therapy - Hands on Exotic - V 3:30pm Window on the World - V 4E 4:00pm Lighting the Menorah - MPR	8:35am One to One Visits/R. Feeding - V 4E 8:45am Walking Club - V 4E 9:45am Hymn Singing - V 4E 10:00am Bingo Club/Table Top Games - AR4E 2:00pm Jewish Service - MPR 3:15pm Praise & Worship Songs - V 4E 4:00pm Lighting the Menorah - MPR	10:30am Church Service - MPR 2:30pm Spiritual Songs MPR 3:00pm Special Event - Visit from Japanese Seven Day Adventist Church - MPR 4:00pm Lighting the Menorah - MPR
21	22	23	24	25	26	27
4:00pm Lighting the Menorah - MPR  HAPPY HANUKKAH	8:30am One to One Visits - V 4E 8:40am Walking Club - V 4E 10:30am Adapted Dance with Riki - MPR 1:15pm Snoezelen Experience - V 4E 1:30pm Calming Sensory Relaxation - V 4E 1:30pm Montessori Group - AR4E 4:00pm Lighting the Menorah - MPR	8:45am Walking Club - V 4E 9:30am Group Exercise - AR4E 9:30am One to One Visits - V 4E 10:00am Moving to Music - V 4E 10:30am Bingo Club - AR4E 10:30am Throwback Tuesdays - MPR 2:00pm Baking Social Club - AR4E	8:45am Walking Club - V 4E All Day Movie Marathon - MPR 10:00am Table Top Activities - AR4E 10:15am Residents Choice (TV) - V 4E 1:15pm Music Appreciation - V 4E 3:00pm Movie - V 4E	8:45am Walking Club - V 4E 9:30am Group Exercise - AR4E 10:00am Reminiscing - Trip Down Memory Lane - AR4E 10:30am Coffee & Tea Social Club - AR4E 3:30pm Window on the World - V 4E Merry Christmas 	8:35am One to One Visits/R. Feeding - V 4E 8:45am Walking Club - V 4E 9:45am Hymn Singing - V 4E 10:00am Bingo Club/Table Top Games - AR4E 2:00pm Jewish Service - MPR 3:15pm Praise & Worship Songs - V 4E	10:30am Church Service - MPR 2:30pm Special Event - Visit from Toronto Central Seven Day Adventist Church Youth Group - MPR 2:30pm Spiritual Songs MPR
28	29	30	31			
	8:30am One to One Visits - V 4E 8:40am Walking Club - V 4E 10:30am Adapted Dance with Riki - MPR 1:15pm Snoezelen Experience - V 4E 1:30pm Calming Sensory Relaxation - V 4E 1:30pm Montessori Group - AR4E 2:30pm Virtual Reality with Help Mobility - MPR	8:45am Walking Club - V 4E 9:30am Group Exercise - AR4E 9:30am One to One Visits - V 4E 10:00am Moving to Music - V 4E 10:30am Bingo Club - AR4E 10:30am Throwback Tuesdays - MPR 2:30pm Birthday Party - MPR	8:45am Walking Club - V 4E 10:00am Table Top Activities - AR4E 10:15am Residents Choice (TV) - V 4E 10:30am Church Service - MPR 1:15pm Music Appreciation - V 4E 2:30pm Live Entertainment - The West Enders - MPR 3:00pm Movie - V 4E			

AR4E - Activity Room 4E

MPR - Multi-Purpose Room

V - Varied

V 4E - Varied 4E

Programs may be subject to change.