

November 2025



2 East Programs Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 10:30am Church Service - MPR 2:30pm Hymn Singing - V 2E
2 10:30am Cultural Mosaic - TV2E Daylight Savings Time ends.... turn back your clocks 1 hour! 2:30pm Music Appreciation - TV2E	3 10:30am Adapted Dance with Riki - MPR 2:30pm Resident Sing-a-Long	4 10:30am Catholic Service - MPR 2:30pm Bingo - AR2E	5 10:30am Church Service - MPR 2:30pm Community Artists Club - MPR	6 10:30am Friendly Visits - V 2E 2:30pm Live Entertainment - The West Enders - MPR	7 10:30am Valleyview News - TV2E 2:30pm Jewish Service - MPR	8 10:30am Church Service - MPR 3:00pm Special Event - Bethel Church Group - MPR
9 10:30am Reminiscing - TV2E 2:30pm Music Trivia - TV2E	10 10:30am Adapted Dance with Riki - MPR 2:30pm Resident Sing-a-Long	11 Remembrance Day 10:30am Remembrance Day Service - MPR 2:30pm Bingo - AR2E	12 10:30am Church Service - MPR 2:30pm Community Bingo Club - MPR	13 10:30am Friendly Visits - V 2E 2:30pm Community Melodies - MPR	14 10:30am Jolly Good Interest Club - TV2E 2:30pm Jewish Service - MPR	15 10:30am Church Service - MPR 3:00pm Special Event - Japanese SDA Group - MPR
16 10:30am Video Entertainment and Discussion - TV2E 2:00pm Special Event - Canadian Elite Eagles Club Outreach - MPR	17 10:30am Adapted Dance with Riki - MPR 2:30pm Resident Sing-a-Long 2:30pm Residents' Council - MPR	18 10:30am Throwback Tuesdays - MPR 2:30pm Bingo - AR2E 6:30pm Board Games Bonanza - MPR	19 10:30am Church Service - MPR 2:00pm Movie - MPR	20 10:00am Pet Therapy - Hands on Exotic - V 2:30pm Friendly Visits - V 2E	21 10:30am Favorite Entertainers - TV2E 2:30pm Jewish Service - MPR	22 10:30am Church Service - MPR 2:30pm Hymn Singing - V 2E
23 10:30am Favorite Entertainers - TV2E 2:30pm Current Events - TV2E	24 10:30am Adapted Dance with Riki - MPR 2:30pm Resident Sing-a-Long	25 10:30am Throwback Tuesdays - MPR 2:30pm Bingo - AR2E	26 10:30am Church Service - MPR 2:30pm Birthday Party - MPR	27 10:30am Friendly Visits - V 2E 2:00pm Special Event - Virtual Reality - MPR	28 9:30am Activity Calendar Planning - TV2E 2:30pm Jewish Service - MPR	29 10:30am Church Service - MPR 2:30pm Hymn Singing - V 2E
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AR2E - Activity Room 2E

MPR - Multi-Purpose Room

TV2E - TV Room 2E

V - Varied

V 2E - Varied 2E

Programs may be subject to change.

