



September 2025

4 East Programs Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Labour Day 8:30am One to One Restorative Feeding and Activities - V 4E 8:40am Walking Club - V 4E 10:30am Adapted Dance with Riki - MPR 1:30pm Calming Sensory Relaxation - V 4E 1:30pm Montessori Group - AR4E 2:00pm Community Ice Cream Social - V	2 8:40am Walking Club - V 4E 10:00am Music Appreciation - V 4E 10:00am Unit Decorating - V 4E 10:30am Bingo Club - AR4E 10:30am Throwback Tuesdays - MPR 2:00pm Comedy Time - V 4E 2:00pm Outdoor Activities - C	3 8:45am Walking Club - V 4E 10:00am Table Top Activities - AR4E 10:15am Residents Choice (TV) - V 4E 10:30am Church Service - MPR 2:30pm Community Bingo Club - MPR 3:00pm Movie - V 4E	4 8:45am Walking Club - V 4E 10:30am Exploring The Internet - AR4E 2:00pm Comedy Time - V 4E 2:30pm Live Entertainment - Jay Franco - MPR 3:30pm Window on the World - V 4E	5 8:35am One to One Visits - V 4E 8:45am Walking Club - V 4E 9:45am Hymn Singing - V 4E 10:00am Bingo Club/Outdoor Patio - AR4E 2:30pm Jewish Service - MPR 3:15pm Praise & Worship Songs - V 4E	6 10:30am Church Service - MPR 2:30pm Spiritual Songs MPR
7 2:00pm Outdoor Activities - C	8 8:30am One to One Restorative Feeding and Activities - V 4E 8:40am Walking Club - V 4E 10:30am Adapted Dance with Riki - MPR 1:15pm Snoezelen Experience - V 4E 1:30pm Calming Sensory Relaxation - V 4E 1:30pm Montessori Group - AR4E	9 8:40am Walking Club - V 4E 10:00am Music Appreciation - V 4E 10:30am Bingo Club - AR4E 10:30am Throwback Tuesdays - MPR 2:00pm Armchair Travel - V 4E	10 8:45am Walking Club - V 4E 10:00am Table Top Activities - AR4E 10:15am Residents Choice (TV) - V 4E 10:30am Church Service - MPR 12:00pm Summer PICNIC * New Date! - MPR 3:00pm Movie - V 4E	11 8:45am Walking Club - V 4E 10:30am Patio Pals Club - V 4E 10:45am Music And Movement - V 4E 2:30pm Board Games Bonanza - MPR 3:30pm Window on the World - V 4E	12 8:35am One to One Visits - V 4E 8:45am Walking Club - V 4E 9:45am Hymn Singing - V 4E 10:00am Bingo Club/Outdoor Patio - AR4E 2:30pm Jewish Service - MPR 3:15pm Praise & Worship Songs - V 4E	13 10:30am Church Service - MPR 2:30pm Spiritual Songs MPR 3:00pm Special Event - Seven Day Adventist Group - MPR
14 2:00pm Outdoor Activities - C	15 8:30am One to One Restorative Feeding and Activities - V 4E 8:40am Walking Club - V 4E 10:30am Adapted Dance with Riki - MPR 1:15pm Snoezelen Experience - V 4E 1:30pm Calming Sensory Relaxation - V 4E 1:30pm Montessori Group - AR4E 2:30pm Residents' Council Meeting - MPR Residents Council Week	16 8:40am Walking Club - V 4E 10:00am Music Appreciation - V 4E 10:30am Bingo Club - AR4E 10:30am Throwback Tuesdays - MPR 2:00pm Tranquil Nature - AR4E Residents Council Week	17 8:45am Walking Club - V 4E 10:00am Table Top Activities - AR4E 10:15am Residents Choice (TV) - V 4E 10:30am Church Service - MPR 2:30pm Community Melodies - MPR 3:00pm Movie - V 4E Residents Council Week	18 8:45am Walking Club - V 4E 10:00am Pet Therapy - Hands on Exotic - V 10:30am Patio Pals Club - V 4E 10:45am Moving to Music - V 4E 3:30pm Window on the World - V 4E Residents Council Week	19 8:35am One to One Visits - V 4E 8:45am Walking Club - V 4E 9:45am Hymn Singing - V 4E 10:00am Bingo Club/Outdoor Patio - AR4E 2:30pm Jewish Service - MPR 3:15pm Praise & Worship Songs - V 4E Residents Council Week	20 10:30am Church Service - MPR 2:30pm Spiritual Songs MPR 3:00pm Special Event - Japanese SDA Group - MPR
21 2:00pm Outdoor Activities - C	22 Rosh Hashanah 8:30am One to One Restorative Feeding and Activities - V 4E 8:40am Walking Club - V 4E 10:30am Adapted Dance with Riki - MPR 1:15pm Snoezelen Experience - V 4E 1:30pm Calming Sensory Relaxation - V 4E 1:30pm Montessori Group - AR4E First Day of Autumn	23 Rosh Hashanah 8:40am Walking Club - V 4E 10:00am Music Appreciation - V 4E 10:30am Bingo Club - AR4E 10:30am Throwback Tuesdays - MPR 2:30pm Creative Artists Group - AR4E	24 8:45am Walking Club - V 4E 10:00am Table Top Activities - AR4E 10:15am Residents Choice (TV) - V 4E 10:30am Church Service - MPR 2:30pm Birthday Party - MPR 3:00pm Movie - V 4E	25 8:45am Walking Club - V 4E 10:30am Patio Pals Club - V 4E 10:45am Moving to Music - V 4E 2:30pm Live Entertainment - David Wildsmith - MPR 3:30pm Window on the World - V 4E	26 8:35am One to One Visits - V 4E 8:45am Walking Club - V 4E 9:45am Hymn Singing - V 4E 10:00am Bingo Club/Outdoor Patio - AR4E 2:30pm Jewish Service - MPR 3:15pm Praise & Worship Songs - V 4E	27 10:30am Church Service - MPR 2:30pm Spiritual Songs MPR
28 2:00pm Outdoor Activities - C	29 8:30am One to One Restorative Feeding and Activities - V 4E 8:40am Walking Club - V 4E 10:30am Adapted Dance with Riki - MPR 1:15pm Snoezelen Experience - V 4E 1:30pm Calming Sensory Relaxation - V 4E 1:30pm Montessori Group - AR4E	30 8:40am Walking Club - V 4E 10:00am Music Appreciation - V 4E 10:30am Bingo Club - AR4E 10:30am Throwback Tuesdays - MPR 2:30pm Colouring and Painting - M - AR4E				

