

October 2025



4 West Programs Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Erev Yom Kippur 9:30am Walk And Roll Club - V 4W 10:15am Window on the World - V 4W 10:30am Church Service - MPR 2:00pm Reminiscing - Musical Trip Down Memory Lane - V 4W 2:30pm Unit Decorating - V 4W	2 Yom Kippur 10:00am Music Appreciation - V 4W 10:30am Celebration of Culture - Yom Kippur - TV4W 1:00pm Group Exercises - TV4W 2:00pm Residents Choice (TV) - V 4W 2:30pm Live Entertainment - Country Kenny - MPR	3 10:30am Creative Artists Group - AR4W 2:00pm Spiritual Songs - V 4W 2:30pm Jewish Service - MPR 3:45pm One To Ones - V 4W	4 10:30am Church Service - MPR
5	6 Erev Sukkot 9:30am Walk And Roll Club - V 4W 10:00am Residents Choice (TV) - V 4W 10:30am Adapted Dance with Riki - MPR 2:00pm Armchair Travel - TV4W 2:30pm Mixed Bag - AR4W	7 Sukkot 10:30am Throwback Tuesdays - MPR 10:45am Sing With Us - TV4W 1:30pm Group Exercises - TV4W 2:00pm Tranquil Nature - V 4W 2:30pm Sensory Therapy - AR4W	8 Sukkot 9:30am Walk And Roll Club - V 4W 10:15am Window on the World - V 4W 10:30am Church Service - MPR 2:00pm Music Appreciation - V 4W 2:30pm Community Bingo Club - MPR	9 Sukkot 10:45am Brain Teasers - V 4W 11:00am Good Neighbours Discussion Club - V 4W 1:00pm Group Exercises - TV4W 2:00pm Community Artists Club - Fall Decorations - MPR	10 Sukkot 10:30am Mixed Bag - AR4W 2:00pm Spiritual Songs - V 4W 2:30pm Jewish Service - MPR 3:45pm One To Ones - V 4W	11 Sukkot 10:30am Church Service - MPR 3:00pm Community Church Group - Bethel Church - MPR
12 Sukkot	13 Thanksgiving Day 9:30am Walk And Roll Club - V 4W 10:00am Music Appreciation - V 4W 10:30am Adapted Dance with Riki - MPR 2:00pm Unit Movie - TV4W 2:30pm Community Ice Cream Social - V	14 10:30am Throwback Tuesdays - MPR 10:45am Celebration of Culture - TV4W 1:30pm Group Exercises - TV4W 2:00pm Tranquil Nature - V 4W 2:30pm Keeping Cozy - Hot Beverages Social - AR4W	15 9:30am Walk And Roll Club - V 4W 10:15am Window on the World - V 4W 10:30am Church Service - MPR 1:30pm Residents Choice (TV) - V 4W 2:00pm Community Club - Apple- themed Baking - MPR	16 10:45am Willowdale Warriors (Sports Games) - V 4W 11:15am Good Neighbours Discussion Club - V 4W 1:00pm Group Exercises - TV4W 2:00pm Comedy Club - V 4W 2:30pm Live Entertainment - Jay Franco - MPR	17 10:30am Music Appreciation - V 4W 2:00pm Spiritual Songs - V 4W 2:30pm Jewish Service - MPR 3:45pm One To Ones - V 4W	18 10:00am Classic Concert (TV) - V 4W 10:30am Church Service - MPR 2:00pm Tranquil Nature - V 4W 3:00pm Community Church Group - Japanese SDA - MPR
19 10:00am Talent Show (TV) - V 4W 10:15am Sweet Scents Baking Club - AR4W 2:15pm Classic Concert (TV) - V 4W 2:30pm Celebration of Culture - TV4W	20 9:30am Walk And Roll Club - V 4W 10:00am Comedy Club - V 4W 10:30am Adapted Dance with Riki - MPR 2:30pm Residents' Council - MPR	21 10:30am Throwback Tuesdays - MPR 1:30pm Group Exercises - TV4W 2:00pm Tranquil Nature - V 4W 2:30pm Sensory Therapy - AR4W 6:30pm Fall Tea Social - MPR	22 9:30am Walk And Roll Club - V 4W 10:15am Window on the World - V 4W 10:30am Church Service - MPR 2:00pm Music Appreciation - V 4W 2:30pm Community Music Jamming Session - MPR	23 10:45am Armchair Travel and Talk - TV4W 1:00pm Group Exercises - TV4W 2:00pm Pet Therapy - Hands on Exotic - V 2:00pm Amazing Animals (TV) - V 4W	24 10:30am Creative Artists Group - AR4W 2:00pm Spiritual Songs - V 4W 2:30pm Jewish Service - MPR 3:45pm One To Ones - V 4W	25 10:30am Church Service - MPR
26	27 9:30am Walk And Roll Club - V 4W 10:00am Music Appreciation - V 4W 10:30am Adapted Dance with Riki - MPR 2:30pm Songs, Stories & Jokes by the Campfire - TV4W	28 10:30am Throwback Tuesdays - MPR 10:45am Cool Rhythms Percussion Band - V 4W 1:30pm Group Exercises - TV4W 2:30pm Bingo Buddies Club - AR4W	29 9:30am Walk And Roll Club - V 4W 10:15am Window on the World - V 4W 10:30am Church Service - MPR 2:00pm Concert (TV) - V 4W 2:30pm Birthday Party - MPR	30 10:15am Brain Teasers - V 4W 10:45am Reminiscing - Trip Down Memory Lane - V 4W 1:00pm Group Exercises - TV4W 2:00pm Talented Kids (TV) - V 4W 2:30pm Community Artists Club - Veteran Letters - MPR	31 10:30am Bingo Buddies Club - AR4W 2:00pm Spiritual Songs - V 4W 2:30pm Jewish Service - MPR 3:45pm One To Ones - V 4W	

AR4W - Activity Room 4W

MPR - Multi-Purpose Room

TV4W - TV Room 4W

V - Varied

V 4W - Varied 4W

Some programs may take place outdoors, weather permitting. Programs may be subject to change.