



September 2025

3 West Programs Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Labour Day 10:30am Adapted Dance with Riki - MPR 2:00pm Community Ice Cream Social - V	2 9:00am One to One Visits - RR3W 10:30am Throwback Tuesdays - MPR 11:15am Sing Along - AR3W 1:30pm Group Exercises - TV3W 2:00pm Outdoor Activities - C 2:15pm Bingo - AR3W	3 10:30am Church Service - MPR 2:30pm Community Bingo Club - MPR	4 9:30am Jeopardy - AR3W 11:15am Sing Along - AR3W 1:30pm Group Exercises - TV3W 2:30pm Live Entertainment - Jay Franco - MPR	5 10:00am Outdoor Activity - V 3W 11:15am Hymn Singing - TV3W 2:30pm Jewish Service - MPR 3:30pm Oldies Music - AR3W	6 10:30am Church Service - MPR
7 2:00pm Outdoor Activities - C	8 9:00am One to One Visits - RR3W 10:30am Adapted Dance with Riki - MPR 1:30pm Group Exercises - TV3W 3:15pm Oldies Music - AR3W	9 10:00am Baking - AR3W 10:30am Throwback Tuesdays - MPR 1:30pm Group Exercises - TV3W 2:15pm Watermelon Social - AR3W	10 10:30am Church Service - MPR 12:00pm Summer PICNIC * New Date! - MPR	11 1:30pm Group Exercises - TV3W 2:30pm Board Games Bonanza - MPR	12 2:30pm Jewish Service - MPR	13 10:30am Church Service - MPR 3:00pm Special Event - Seven Day Adventist Group - MPR
14 2:00pm Outdoor Activities - C	15 9:00am One to One Visits - RR3W 10:30am Adapted Dance with Riki - MPR 1:30pm Group Exercises - TV3W 2:30pm Residents' Council Meeting - MPR <i>Residents Council Week</i>	16 9:00am One to One Visits - RR3W 10:30am Throwback Tuesdays - MPR 11:15am Sing Along - AR3W 1:30pm Group Exercises - TV3W 2:15pm Bingo - AR3W <i>Residents Council Week</i>	17 10:30am Church Service - MPR 2:30pm Community Melodies - MPR <i>Residents Council Week</i>	18 10:00am Pet Therapy - Hands on Exotic - V 1:30pm Group Exercises - TV3W 2:15pm Bingo - AR3W <i>Residents Council Week</i>	19 2:30pm Jewish Service - MPR <i>Residents Council Week</i>	20 10:30am Church Service - MPR 3:00pm Special Event - Japanese SDA Group - MPR
21 11:15am Sing Along - AR3W 2:00pm Outdoor Activities - C 2:30pm Bingo - AR3W	22 Rosh Hashanah 10:30am Adapted Dance with Riki - MPR 1:30pm Group Exercises - TV3W First Day of Autumn	23 Rosh Hashanah 10:00am Baking - AR3W 10:30am Throwback Tuesdays - MPR 1:30pm Group Exercises - TV3W 2:15pm Strawberry Social - AR3W	24 10:30am Church Service - MPR 2:30pm Birthday Party - MPR	25 9:30am Jeopardy - AR3W 11:15am Sing Along - AR3W 1:30pm Group Exercises - TV3W 2:30pm Live Entertainment - David Wildsmith - MPR	26 10:00am Outdoor Activity - V 3W 11:15am Hymn Singing - TV3W 2:30pm Jewish Service - MPR 3:30pm Oldies Music - AR3W	27 10:30am Church Service - MPR
28 2:00pm Outdoor Activities - C	29 9:00am One to One Visits - RR3W 10:30am Adapted Dance with Riki - MPR 1:30pm Group Exercises - TV3W 3:15pm Oldies Music - AR3W	30 10:30am Throwback Tuesdays - MPR 11:15am Sing Along - AR3W 1:30pm Group Exercises - TV3W 2:15pm Bingo - AR3W				

AR3W - Activity Room 3W

C - Courtyard

MPR - Multi-Purpose Room

RR3W - Resident Rooms 3W

TV3W - TV Room 3W

V - Varied

V 3W - Varied 3W

Some programs may take place outdoors, weather permitting. Programs may be subject to change.

