

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Labour Day 9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Adapted Dance with Riki - MPR 2:00pm Community Ice Cream Social - V 2:30pm Resident Sing-a-Long - TV2W	2 9:30am Oldies Tunes/Music Appreciation - TV2W 10:30am 1:1 - V 2W 10:30am Throwback Tuesdays - MPR 2:00pm Outdoor Activities - C 2:30pm Lovable Companions (Pet Therapy) - AR2W 2:30pm Residents Choice (TV) - TV2W	3 9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Church Service - MPR 2:30pm Community Bingo Club - MPR	4 10:30am 1:1 Puzzles - V 2W 10:30am Armchair Travel - TV2W 2:30pm Live Entertainment - Jay Franco - MPR 2:30pm Residents Choice (TV) - TV2W	5 9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Bingo - AR2W 2:00pm Spiritual Songs - TV2W 2:30pm Jewish Service - MPR	6 10:30am Church Service - MPR
7 10:30am Residents Choice (TV) - TV2W 2:00pm Outdoor Activities - C 2:30pm 1:1 - V 2W	8 9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Adapted Dance with Riki - MPR 2:30pm Resident Sing-a-Long - TV2W	9 9:30am Oldies Tunes/Music Appreciation - TV2W 10:30am 1:1 - V 2W 10:30am Throwback Tuesdays - MPR 2:30pm Lovable Companions (Pet Therapy) - AR2W 2:30pm Residents Choice (TV) - TV2W	10 9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Church Service - MPR 12:00pm Summer PICNIC * New Date! - MPR	11 10:30am 1:1 Puzzles - V 2W 10:30am Armchair Travel - TV2W 2:30pm Board Games Bonanza - MPR 2:30pm Residents Choice (TV) - TV2W	12 9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Bingo - AR2W 2:00pm Spiritual Songs - TV2W 2:30pm Jewish Service - MPR	13 10:30am Church Service - MPR 3:00pm Special Event - Seven Day Adventist Group - MPR
14 10:30am Residents Choice (TV) - TV2W 2:00pm Outdoor Activities - C 2:30pm 1:1 - V 2W	15 9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Adapted Dance with Riki - MPR 2:30pm Resident Sing-a-Long - TV2W 2:30pm Residents' Council Meeting - MPR <i>Residents Council Week</i>	16 9:30am Oldies Tunes/Music Appreciation - TV2W 10:30am 1:1 - V 2W 10:30am Throwback Tuesdays - MPR 2:30pm Lovable Companions (Pet Therapy) - AR2W 2:30pm Residents Choice (TV) - TV2W <i>Residents Council Week</i>	17 9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Church Service - MPR 2:30pm Community Melodies - MPR <i>Residents Council Week</i>	18 10:00am Pet Therapy - Hands on Exotic - V 10:30am 1:1 Puzzles - V 2W 10:30am Armchair Travel - TV2W 2:30pm Residents Choice (TV) - TV2W <i>Residents Council Week</i>	19 9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Bingo - AR2W 2:00pm Spiritual Songs - TV2W 2:30pm Jewish Service - MPR <i>Residents Council Week</i>	20 10:30am Church Service - MPR 3:00pm Special Event - Japanese SDA Group - MPR
21 10:30am Residents Choice (TV) - TV2W 2:00pm Outdoor Activities - C 2:30pm 1:1 - V 2W	22 Rosh Hashanah 9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Adapted Dance with Riki - MPR 2:30pm Resident Sing-a-Long - TV2W First Day of Autumn	23 Rosh Hashanah 9:30am Oldies Tunes/Music Appreciation - TV2W 10:30am 1:1 - V 2W 10:30am Throwback Tuesdays - MPR 2:30pm Lovable Companions (Pet Therapy) - AR2W 2:30pm Residents Choice (TV) - TV2W	24 9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Church Service - MPR 2:30pm Birthday Party - MPR	25 10:30am 1:1 Puzzles - V 2W 10:30am Armchair Travel - TV2W 2:30pm Live Entertainment - David Wildsmith - MPR 2:30pm Residents Choice (TV) - TV2W	26 9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Bingo - AR2W 2:00pm Spiritual Songs - TV2W 2:30pm Jewish Service - MPR	27 10:30am Church Service - MPR
28 10:30am Residents Choice (TV) - TV2W 2:00pm Outdoor Activities - C 2:30pm 1:1 - V 2W	29 Rosh Hashanah 9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Adapted Dance with Riki - MPR 2:30pm Resident Sing-a-Long - TV2W	30 9:30am Oldies Tunes/Music Appreciation - TV2W 10:30am 1:1 - V 2W 10:30am Throwback Tuesdays - MPR 2:30pm Lovable Companions (Pet Therapy) - AR2W 2:30pm Residents Choice (TV) - TV2W				

AR2W - Activity Room 2W

C - Courtyard

MPR - Multi-Purpose Room

TV2W - TV Room 2W

V - Varied

V 2W - Varied 2W

Some programs may take place outdoors, weather permitting. Programs may be subject to change.