



September 2025

2 East Programs Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Labour Day 10:30am Adapted Dance with Riki - MPR 2:00pm Community Ice Cream Social - V 2:30pm Resident Sing-a-Long	2 10:30am Throwback Tuesdays - MPR 2:00pm Outdoor Activities - C 2:30pm Bingo - AR2E	3 10:30am Church Service - MPR 2:30pm Community Bingo Club - MPR	4 10:30am Friendly Visits - V 2E 2:30pm Live Entertainment - Jay Franco - MPR	5 10:30am Valleyview News - TV2E 2:30pm Jewish Service - MPR	6 10:30am Church Service - MPR 2:30pm Hymn Singing - V 2E
7 10:30am Favorite Entertainers - TV2E 2:00pm Outdoor Activities - C 2:30pm Music Trivia - TV2E	8 10:30am Adapted Dance with Riki - MPR 2:30pm Resident Sing-a-Long	9 10:30am Throwback Tuesdays - MPR 2:30pm Bingo - AR2E	10 10:30am Church Service - MPR 12:00pm Summer PICNIC * New Date! - MPR 2:30pm Cultural Mosaic - TV2E	11 10:30am Friendly Visits - V 2E 2:30pm Board Games Bonanza - MPR	12 10:30am Jolly Good Interest Club - TV2E 2:30pm Jewish Service - MPR	13 10:30am Church Service - MPR 3:00pm Special Event - Seven Day Adventist Group - MPR
14 10:30am Music Appreciation - TV2E 2:00pm Outdoor Activities - C 2:30pm Reminiscing - TV2E	15 10:30am Adapted Dance with Riki - MPR 2:30pm Resident Sing-a-Long 2:30pm Residents' Council Meeting - MPR Residents Council Week	16 10:30am Throwback Tuesdays - MPR 2:30pm Bingo - AR2E Residents Council Week	17 10:30am Church Service - MPR 2:30pm Community Melodies - MPR 2:30pm Music Appreciation - TV2E Residents Council Week	18 10:00am Pet Therapy - Hands on Exotic - V 2:30pm Friendly Visits - V 2E Residents Council Week	19 10:30am Armchair Travel - TV2E 2:30pm Jewish Service - MPR Residents Council Week	20 10:30am Church Service - MPR 3:00pm Special Event - Japanese SDA Group - MPR
21 10:30am Music Trivia - TV2E 2:00pm Outdoor Activities - C 2:30pm current events - TV2E	22 Rosh Hashanah 10:30am Adapted Dance with Riki - MPR 2:30pm Resident Sing-a-Long First Day of Autumn	23 Rosh Hashanah 10:30am Throwback Tuesdays - MPR 2:30pm Bingo - AR2E	24 10:30am Church Service - MPR 2:30pm Birthday Party - MPR	25 10:30am Friendly Visits - V 2E 2:30pm Live Entertainment - David Wildsmith - MPR	26 10:30am Favorite Entertainers - TV2E 2:30pm Jewish Service - MPR	27 10:30am Church Service - MPR 2:30pm Hymn Singing - V 2E
28 2:00pm Outdoor Activities - C 2:30pm Video Concert - TV2E 3:00pm Activity Calendar Planning - TV2E	29 10:30am Adapted Dance with Riki - MPR 2:30pm Resident Sing-a-Long	30 10:30am Throwback Tuesdays - MPR 2:30pm Bingo - AR2E				

AR2E - Activity Room 2E

C - Courtyard

MPR - Multi-Purpose Room

TV2E - TV Room 2E

V - Varied

V 2E - Varied 2E

Some programs may take place outdoors, weather permitting. Programs may be subject to change.

