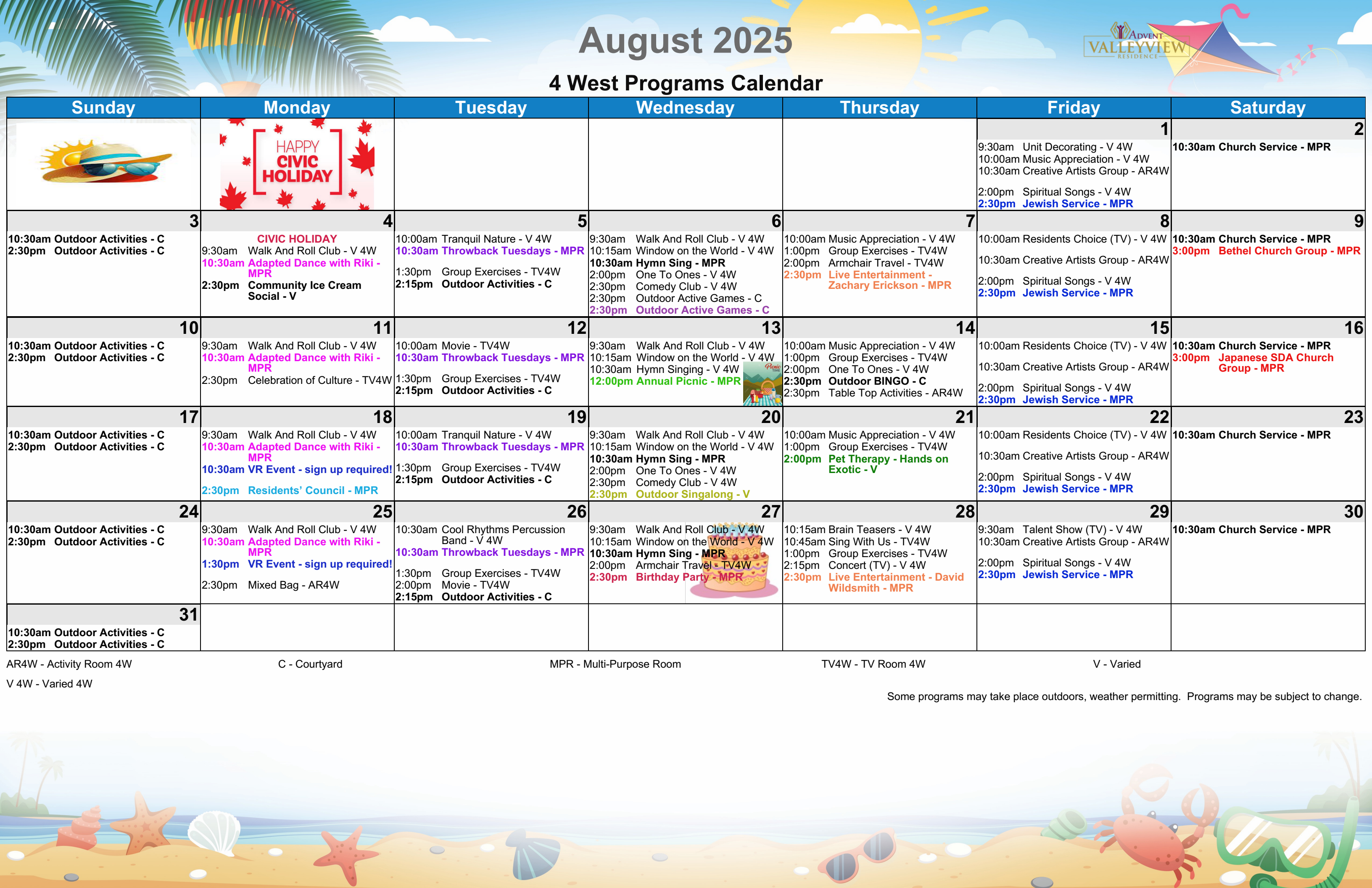




August 2025

4 West Programs Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 9:30am Unit Decorating - V 4W 10:00am Music Appreciation - V 4W 10:30am Creative Artists Group - AR4W 2:00pm Spiritual Songs - V 4W 2:30pm Jewish Service - MPR	2 10:30am Church Service - MPR
3 10:30am Outdoor Activities - C 2:30pm Outdoor Activities - C	4 CIVIC HOLIDAY 9:30am Walk And Roll Club - V 4W 10:30am Adapted Dance with Riki - MPR 2:30pm Community Ice Cream Social - V	5 10:00am Tranquil Nature - V 4W 10:30am Throwback Tuesdays - MPR 1:30pm Group Exercises - TV4W 2:15pm Outdoor Activities - C	6 9:30am Walk And Roll Club - V 4W 10:15am Window on the World - V 4W 10:30am Hymn Sing - MPR 2:00pm One To Ones - V 4W 2:30pm Comedy Club - V 4W 2:30pm Outdoor Active Games - C 2:30pm Outdoor Active Games - C	7 10:00am Music Appreciation - V 4W 1:00pm Group Exercises - TV4W 2:00pm Armchair Travel - TV4W 2:30pm Live Entertainment - Zachary Erickson - MPR	8 10:00am Residents Choice (TV) - V 4W 10:30am Creative Artists Group - AR4W 2:00pm Spiritual Songs - V 4W 2:30pm Jewish Service - MPR	9 10:30am Church Service - MPR 3:00pm Bethel Church Group - MPR
10 10:30am Outdoor Activities - C 2:30pm Outdoor Activities - C	11 9:30am Walk And Roll Club - V 4W 10:30am Adapted Dance with Riki - MPR 2:30pm Celebration of Culture - TV4W	12 10:00am Movie - TV4W 10:30am Throwback Tuesdays - MPR 1:30pm Group Exercises - TV4W 2:15pm Outdoor Activities - C	13 9:30am Walk And Roll Club - V 4W 10:15am Window on the World - V 4W 10:30am Hymn Singing - V 4W 12:00pm Annual Picnic - MPR 	14 10:00am Music Appreciation - V 4W 1:00pm Group Exercises - TV4W 2:00pm One To Ones - V 4W 2:30pm Outdoor BINGO - C 2:30pm Table Top Activities - AR4W	15 10:00am Residents Choice (TV) - V 4W 10:30am Creative Artists Group - AR4W 2:00pm Spiritual Songs - V 4W 2:30pm Jewish Service - MPR	16 10:30am Church Service - MPR 3:00pm Japanese SDA Church Group - MPR
17 10:30am Outdoor Activities - C 2:30pm Outdoor Activities - C	18 9:30am Walk And Roll Club - V 4W 10:30am Adapted Dance with Riki - MPR 10:30am VR Event - sign up required! 2:30pm Residents' Council - MPR	19 10:00am Tranquil Nature - V 4W 10:30am Throwback Tuesdays - MPR 1:30pm Group Exercises - TV4W 2:15pm Outdoor Activities - C	20 9:30am Walk And Roll Club - V 4W 10:15am Window on the World - V 4W 10:30am Hymn Sing - MPR 2:00pm One To Ones - V 4W 2:30pm Comedy Club - V 4W 2:30pm Outdoor Singalong - V	21 10:00am Music Appreciation - V 4W 1:00pm Group Exercises - TV4W 2:00pm Pet Therapy - Hands on Exotic - V	22 10:00am Residents Choice (TV) - V 4W 10:30am Creative Artists Group - AR4W 2:00pm Spiritual Songs - V 4W 2:30pm Jewish Service - MPR	23 10:30am Church Service - MPR
24 10:30am Outdoor Activities - C 2:30pm Outdoor Activities - C	25 9:30am Walk And Roll Club - V 4W 10:30am Adapted Dance with Riki - MPR 1:30pm VR Event - sign up required! 2:30pm Mixed Bag - AR4W	26 10:30am Cool Rhythms Percussion Band - V 4W 10:30am Throwback Tuesdays - MPR 1:30pm Group Exercises - TV4W 2:00pm Movie - TV4W 2:15pm Outdoor Activities - C	27 9:30am Walk And Roll Club - V 4W 10:15am Window on the World - V 4W 10:30am Hymn Sing - MPR 2:00pm Armchair Travel - TV4W 2:30pm Birthday Party - MPR 	28 10:15am Brain Teasers - V 4W 10:45am Sing With Us - TV4W 1:00pm Group Exercises - TV4W 2:15pm Concert (TV) - V 4W 2:30pm Live Entertainment - David Wildsmith - MPR	29 9:30am Talent Show (TV) - V 4W 10:30am Creative Artists Group - AR4W 2:00pm Spiritual Songs - V 4W 2:30pm Jewish Service - MPR	30 10:30am Church Service - MPR
31 10:30am Outdoor Activities - C 2:30pm Outdoor Activities - C						

AR4W - Activity Room 4W

C - Courtyard

MPR - Multi-Purpose Room

TV4W - TV Room 4W

V - Varied

V 4W - Varied 4W

Some programs may take place outdoors, weather permitting. Programs may be subject to change.

