

August 2025

4 East Programs Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 8:35am One to One Visits - V 4E 8:45am Walking Club - V 4E 9:45am Hymn Singing - V 4E 10:00am Bingo Club/Outdoor Patio - AR4E 2:30pm Jewish Service - MPR 3:15pm Praise & Worship Songs - V 4E	2 10:30am Church Service - MPR 2:30pm Spiritual Songs MPR
3 10:30am Outdoor Activities - C 2:30pm Outdoor Activities - C	4 CIVIC HOLIDAY 8:30am One to One Restorative Feeding and Activities - V 4E 8:40am Walking Club - V 4E 10:30am Adapted Dance with Riki - MPR 1:30pm Calming Sensory Relaxation - V 4E 1:30pm Montessori Group - AR4E 2:30pm Community Ice Cream Social - V	5 8:40am Walking Club - V 4E 10:30am Bingo Club - AR4E 10:30am Throwback Tuesdays - MPR 2:15pm Outdoor Activities - C	6 8:45am Walking Club - V 4E 10:00am Table Top Activities - AR4E 10:30am Hymn Sing - MPR 2:30pm Outdoor Active Games - C 2:30pm Outdoor Active Games - C 3:00pm Movie - V 4E	7 8:45am Walking Club - V 4E 10:00am Moving to Music - V 4E 10:30am Patio Pals Club - V 4E 2:00pm Tranquil Nature - AR4E 2:30pm Colouring and Painting - AR4E 2:30pm Live Entertainment - Zachary Erickson - MPR 3:30pm Window on the World - V 4E	8 8:35am One to One Visits - V 4E 8:45am Walking Club - V 4E 9:45am Hymn Singing - V 4E 10:00am Bingo Club/Outdoor Patio - AR4E 2:30pm Jewish Service - MPR 3:15pm Praise & Worship Songs - V 4E	9 10:30am Church Service - MPR 2:30pm Spiritual Songs MPR 3:00pm Bethel Church Group - MPR
10 10:30am Outdoor Activities - C 2:30pm Outdoor Activities - C	11 8:30am One to One Restorative Feeding and Activities - V 4E 8:40am Walking Club - V 4E 10:30am Adapted Dance with Riki - MPR 1:30pm Calming Sensory Relaxation - V 4E 1:30pm Montessori Group - AR4E	12 8:40am Walking Club - V 4E 10:30am Bingo Club - AR4E 10:30am Throwback Tuesdays - MPR 2:15pm Outdoor Activities - C	13 8:45am Walking Club - V 4E 10:00am Table Top Activities - AR4E 12:00pm Annual Picnic - MPR 3:00pm Movie - V 4E 	14 8:45am Walking Club - V 4E 10:00am Moving to Music - V 4E 10:30am Patio Pals Club - V 4E 2:00pm Comedy Time - V 4E 2:30pm Outdoor BINGO - C 3:30pm Window on the World - V 4E	15 8:35am One to One Visits - V 4E 8:45am Walking Club - V 4E 9:45am Hymn Singing - V 4E 10:00am Bingo Club/Outdoor Patio - AR4E 2:30pm Jewish Service - MPR 3:15pm Praise & Worship Songs - V 4E	16 10:30am Church Service - MPR 2:30pm Spiritual Songs MPR 3:00pm Japanese SDA Church Group - MPR
17 10:30am Outdoor Activities - C 2:30pm Outdoor Activities - C	18 8:30am One to One Restorative Feeding and Activities - V 4E 8:40am Walking Club - V 4E 10:30am Adapted Dance with Riki - MPR 10:30am VR Event - sign up required! 1:30pm Calming Sensory Relaxation - V 4E 1:30pm Montessori Group - AR4E 2:30pm Residents' Council - MPR	19 8:40am Walking Club - V 4E 10:30am Bingo Club - AR4E 10:30am Throwback Tuesdays - MPR 2:15pm Outdoor Activities - C	20 8:45am Walking Club - V 4E 10:00am Table Top Activities - AR4E 10:30am Hymn Sing - MPR 2:30pm Outdoor Singalong - V 3:00pm Movie - V 4E	21 8:45am Walking Club - V 4E 10:00am Moving to Music - V 4E 10:30am Patio Pals Club - V 4E 2:00pm Armchair Travel - V 4E 2:00pm Pet Therapy - Hands on Exotic - V 3:30pm Window on the World - V 4E	22 8:35am One to One Visits - V 4E 8:45am Walking Club - V 4E 9:45am Hymn Singing - V 4E 10:00am Bingo Club/Outdoor Patio - AR4E 2:30pm Jewish Service - MPR 3:15pm Praise & Worship Songs - V 4E	23 10:30am Church Service - MPR 2:30pm Spiritual Songs MPR
24 10:30am Outdoor Activities - C 2:30pm Outdoor Activities - C	25 8:30am One to One Restorative Feeding and Activities - V 4E 8:40am Walking Club - V 4E 10:30am Adapted Dance with Riki - MPR 1:30pm Calming Sensory Relaxation - V 4E 1:30pm Montessori Group - AR4E 1:30pm VR Event - sign up required!	26 8:40am Walking Club - V 4E 10:30am Bingo Club - AR4E 10:30am Throwback Tuesdays - MPR 2:15pm Outdoor Activities - C	27 8:45am Walking Club - V 4E 10:00am Table Top Activities - AR4E 10:30am Hymn Sing - MPR 2:30pm Birthday Party - MPR 3:00pm Movie - V 4E 	28 8:45am Walking Club - V 4E 10:00am Moving to Music - V 4E 10:30am Patio Pals Club - V 4E 2:00pm Music Appreciation - V 4E 2:30pm Live Entertainment - David Wildsmith - MPR 3:30pm Window on the World - V 4E	29 8:35am One to One Visits - V 4E 8:45am Walking Club - V 4E 9:45am Hymn Singing - V 4E 10:00am Bingo Club/Outdoor Patio - AR4E 2:30pm Jewish Service - MPR 3:15pm Praise & Worship Songs - V 4E	30 10:30am Church Service - MPR 2:30pm Spiritual Songs MPR
31 10:30am Outdoor Activities - C 2:30pm Outdoor Activities - C						