August 2025



3 West Programs Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	HAPPY CIVIC HOLIDAY				10:00am Outdoor Activity - V 3W 11:15am Hymn Singing - TV3W 2:30pm Jewish Service - MPR 3:30pm Oldies Music - AR3W	10:30am Church Service - MPR
3	4	. 5	6	7	8	Ç
10:30am Outdoor Activities - C 2:30pm Outdoor Activities - C	9:00am One to One Visits - RR3W 10:30am Adapted Dance with Riki - MPR 1:30pm Group Exercises - TV3W	10:30am Throwback Tuesdays - MPR		10:00am Outdoor Activity - V 3W 11:15am Sing Along - TV3W 1:30pm Group Exercises - TV3W 2:30pm Live Entertainment - Zachary Erickson - MPR		10:30am Church Service - MPR 3:00pm Bethel Church Group - MPR
10	11	12	13	14	1 15	16
10:30am Outdoor Activities - C 2:30pm Outdoor Activities - C	10:30am Adapted Dance with Riki - MPR 1:30pm Group Exercises - TV3W	9:30am Walking Club - V 3W 10:30am Throwback Tuesdays - MPR 1:30pm Group Exercises - TV3W 2:15pm Outdoor Activities - C	3:30pm Oldies Music - AR3W	9:30am Jeopardy - AR3W 11:15am Sing Along - TV3W 1:30pm Group Exercises - TV3W 2:15pm Bingo - AR3W 2:30pm Outdoor BINGO - C		10:30am Church Service - MPR 3:00pm Japanese SDA Church Group - MPR
17	18	19	20	21	22	23
10:30am Outdoor Activities - C 2:30pm Outdoor Activities - C	10:30am Adapted Dance with Riki - MPR 10:30am VR Event - sign up required! 1:30pm Group Exercises - TV3W 2:30pm Residents' Council - MPR 3:30pm Oldies Music - AR3W	10:30am Throwback Tuesdays - MPR 11:30pm Group Exercises - TV3W 2:15pm Bingo - AR3W 2:15pm Outdoor Activities - C		10:00am Outdoor Activity - V 3W 11:15am Sing Along - TV3W 1:30pm Group Exercises - TV3W 2:00pm Pet Therapy - Hands on Exotic - V		10:30am Church Service - MPR
24				28	29	30
10:30am Outdoor Activities - C 2:30pm Outdoor Activities - C	10:30am Adapted Dance with Riki - MPR 1:30pm Group Exercises - TV3W 1:30pm VR Event - sign up required!	1:30pm Group Exercises - TV3W		1:30pm Group Exercises - TV3W 2:30pm Live Entertainment - David Wildsmith - MPR		10:30am Church Service - MPR 2:30pm Hymn Singing - TV3W
31						
10:30am Outdoor Activities - C 11:00am Sing Along - TV3W 2:30pm Bingo - AR3W 2:30pm Outdoor Activities - C						
AR3W - Activity Room 3W	C - Courtyard	MPR - N	Multi-Purpose Room	RR3W - Resident Rooms 3W	TV3W - TV Rooi	ım 3W

V - Varied

V 3W - Varied 3W

Some programs may take place outdoors, weather permitting. Programs may be subject to change.