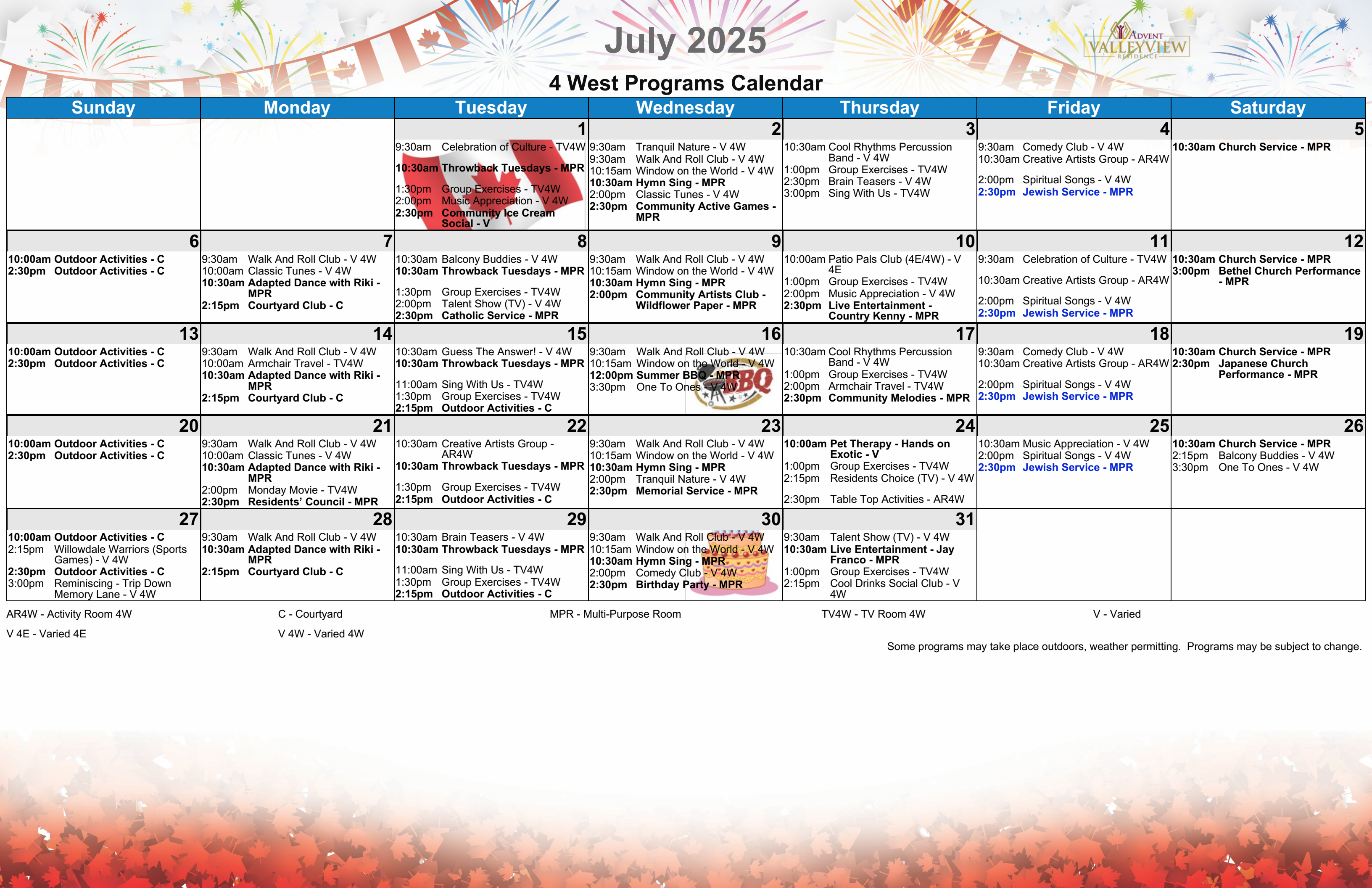




July 2025

4 West Programs Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:30am Celebration of Culture - TV4W 10:30am Throwback Tuesdays - MPR 1:30pm Group Exercises - TV4W 2:00pm Music Appreciation - V 4W 2:30pm Community Ice Cream Social - V	2 9:30am Tranquil Nature - V 4W 9:30am Walk And Roll Club - V 4W 10:15am Window on the World - V 4W 10:30am Hymn Sing - MPR 2:00pm Classic Tunes - V 4W 2:30pm Community Active Games - MPR	3 10:30am Cool Rhythms Percussion Band - V 4W 1:00pm Group Exercises - TV4W 2:30pm Brain Teasers - V 4W 3:00pm Sing With Us - TV4W	4 9:30am Comedy Club - V 4W 10:30am Creative Artists Group - AR4W 2:00pm Spiritual Songs - V 4W 2:30pm Jewish Service - MPR	5 10:30am Church Service - MPR
6 10:00am Outdoor Activities - C 2:30pm Outdoor Activities - C	7 9:30am Walk And Roll Club - V 4W 10:00am Classic Tunes - V 4W 10:30am Adapted Dance with Riki - MPR 2:15pm Courtyard Club - C	8 10:30am Balcony Buddies - V 4W 10:30am Throwback Tuesdays - MPR 1:30pm Group Exercises - TV4W 2:00pm Talent Show (TV) - V 4W 2:30pm Catholic Service - MPR	9 9:30am Walk And Roll Club - V 4W 10:15am Window on the World - V 4W 10:30am Hymn Sing - MPR 2:00pm Community Artists Club - Wildflower Paper - MPR	10 10:00am Patio Pals Club (4E/4W) - V 4E 1:00pm Group Exercises - TV4W 2:00pm Music Appreciation - V 4W 2:30pm Live Entertainment - Country Kenny - MPR	11 9:30am Celebration of Culture - TV4W 10:30am Creative Artists Group - AR4W 2:00pm Spiritual Songs - V 4W 2:30pm Jewish Service - MPR	12 10:30am Church Service - MPR 3:00pm Bethel Church Performance - MPR
13 10:00am Outdoor Activities - C 2:30pm Outdoor Activities - C	14 9:30am Walk And Roll Club - V 4W 10:00am Armchair Travel - TV4W 10:30am Adapted Dance with Riki - MPR 2:15pm Courtyard Club - C	15 10:30am Guess The Answer! - V 4W 10:30am Throwback Tuesdays - MPR 11:00am Sing With Us - TV4W 1:30pm Group Exercises - TV4W 2:15pm Outdoor Activities - C	16 9:30am Walk And Roll Club - V 4W 10:15am Window on the World - V 4W 12:00pm Summer BBQ - MPR 3:30pm One To Ones - V 4W	17 10:30am Cool Rhythms Percussion Band - V 4W 1:00pm Group Exercises - TV4W 2:00pm Armchair Travel - TV4W 2:30pm Community Melodies - MPR	18 9:30am Comedy Club - V 4W 10:30am Creative Artists Group - AR4W 2:00pm Spiritual Songs - V 4W 2:30pm Jewish Service - MPR	19 10:30am Church Service - MPR 2:30pm Japanese Church Performance - MPR
20 10:00am Outdoor Activities - C 2:30pm Outdoor Activities - C	21 9:30am Walk And Roll Club - V 4W 10:00am Classic Tunes - V 4W 10:30am Adapted Dance with Riki - MPR 2:00pm Monday Movie - TV4W 2:30pm Residents' Council - MPR	22 10:30am Creative Artists Group - AR4W 10:30am Throwback Tuesdays - MPR 1:30pm Group Exercises - TV4W 2:15pm Outdoor Activities - C	23 9:30am Walk And Roll Club - V 4W 10:15am Window on the World - V 4W 10:30am Hymn Sing - MPR 2:00pm Tranquil Nature - V 4W 2:30pm Memorial Service - MPR	24 10:00am Pet Therapy - Hands on Exotic - V 1:00pm Group Exercises - TV4W 2:15pm Residents Choice (TV) - V 4W 2:30pm Table Top Activities - AR4W	25 10:30am Music Appreciation - V 4W 2:00pm Spiritual Songs - V 4W 2:30pm Jewish Service - MPR	26 10:30am Church Service - MPR 2:15pm Balcony Buddies - V 4W 3:30pm One To Ones - V 4W
27 10:00am Outdoor Activities - C 2:15pm Willowdale Warriors (Sports Games) - V 4W 2:30pm Outdoor Activities - C 3:00pm Reminiscing - Trip Down Memory Lane - V 4W	28 9:30am Walk And Roll Club - V 4W 10:30am Adapted Dance with Riki - MPR 2:15pm Courtyard Club - C	29 10:30am Brain Teasers - V 4W 10:30am Throwback Tuesdays - MPR 11:00am Sing With Us - TV4W 1:30pm Group Exercises - TV4W 2:15pm Outdoor Activities - C	30 9:30am Walk And Roll Club - V 4W 10:15am Window on the World - V 4W 10:30am Hymn Sing - MPR 2:00pm Comedy Club - V 4W 2:30pm Birthday Party - MPR	31 9:30am Talent Show (TV) - V 4W 10:30am Live Entertainment - Jay Franco - MPR 1:00pm Group Exercises - TV4W 2:15pm Cool Drinks Social Club - V 4W		

AR4W - Activity Room 4W

C - Courtyard

MPR - Multi-Purpose Room

TV4W - TV Room 4W

V - Varied

V 4E - Varied 4E

V 4W - Varied 4W

Some programs may take place outdoors, weather permitting. Programs may be subject to change.