4 East Programs Calendar

July 2025

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		8 <mark>:40am</mark> Walking Club - V 4E 10:00am Celebration of Culture - AR4E	10:30am Hymn Sing - MPR	8:45am Walking Club - V 4E 10:15am Reminiscing - Trip Down Memory Lane - AR4E 10:30am Unit Decorating - V 4E 10:40am Creative Artists Group - AR4E 2:00pm Music Appreciation - V 4E 3:30pm Window on the World - V 4E	8:35am One to One Visits - V 4E 8:45am Walking Club - V 4E 9:45am Hymn Singing - V 4E 10:30am Bingo Club - AR4E 2:30pm Jewish Service - MPR 3:15pm Praise & Worship Songs - V 4E	10:30am Church Service - MPR 2:30pm Spiritual Songs MPR
6		7 8	9	10	11	12
2:30pm Outdoor Activities - C	 8:30am One to One Restorative Feeding and Activities - V 4E 8:40am Walking Club - V 4E 10:30am Adapted Dance with Riki - MPR 1:30pm Calming Sensory Relaxation V 4E 1:30pm Montessori Group - AR4E 1:30pm Snoezelen Experience - V 4E 	10:30am Bingo Člub - AR4E 10:30am Throwback Tuesdays - MPR - 2:30pm Catholic Service - MPR	8:45am Walking Club - V 4E 10:00am Table Top Activities - AR4E 10:15am Residents Choice (TV) - V 4E 10:30am Hymn Sing - MPR 2:00pm Community Artists Club - Wildflower Paper - MPR 3:00pm Movie - V 4E	8:45am Walking Club - V 4E 10:00am Patio Pals Club (4E/4W) - V 4E 10:30am Moving to Music - V 4E 1:30pm Resident Sing-Along - AR4E 2:30pm Live Entertainment - Country Kenny - MPR 3:30pm Window on the World - V 4E	8:35am One to One Visits - V 4E 8:45am Walking Club - V 4E 9:45am Hymn Singing - V 4E 10:30am Bingo Club - AR4E 2:30pm Jewish Service - MPR 3:15pm Praise & Worship Songs - V 4E	8:45am Walking Club - V 4E 10:00am Hymn Singing - V 4E 10:30am Church Service - MPR 1:30pm Spiritual Songs - V 4E 2:30pm Spiritual Songs MPR 3:00pm Bethel Church Performance - MPR
13	2:15pm Courtyard Club - C	1 15	16	17	18	3 19
 10:00am Catholic Service T. V Virtual on YouTube - AR4E 10:00am Outdoor Activities - C 2:00pm Movie - V 4E 2:30pm Outdoor Activities - C 	 8:30am One to One Restorative Feeding and Activities - V 4E 8:40am Walking Club - V 4E 10:30am Adapted Dance with Riki - MPR 1:30pm Calming Sensory Relaxation V 4E 1:30pm Montessori Group - AR4E 1:30pm Snoezelen Experience - V 4E 2:15pm Courtyard Club - C 	8:40am Walking Club - V 4E 10:30am Bingo Club - AR4E 10:30am Throwback Tuesdays - MPR - 2:15pm Outdoor Activities - C	8:45am Walking Club - V 4E 10:00am Table Top Activities - AR4E 10:15am Residents Choice (TV) - V 4E 12:00pm Summer BBQ - MPR 3:00pm Movie - V 4E	1:30pm Armchair Travel - V 4E	8:35am One to One Visits - V 4E 8:45am Walking Club - V 4E 9:45am Hymn Singing - V 4E 10:30am Bingo Club - AR4E 2:30pm Jewish Service - MPR 3:15pm Praise & Worship Songs - V 4E	10:30am Church Service - MPR 2:30pm Japanese Church Performance - MPR 2:30pm Spiritual Songs MPR
20	2	1 22	23	24	25	5 26
2:30pm Outdoor Activities - C	 8:30am One to One Restorative Feeding and Activities - V 4E 8:40am Walking Club - V 4E 10:30am Adapted Dance with Riki - MPR 1:30pm Calming Sensory Relaxation V 4E 1:30pm Montessori Group - AR4E 1:30pm Snoezelen Experience - V 4E 2:30pm Residents' Council - MPR 	8:40am Walking Club - V 4E 10:30am Bingo Club - AR4E 10:30am Throwback Tuesdays - MPR - 2:15pm Outdoor Activities - C	8:45am Walking Club - V 4E 10:00am Table Top Activities - AR4E 10:15am Residents Choice (TV) - V 4E 10:30am Hymn Sing - MPR 2:30pm Memorial Service - MPR 3:00pm Movie - V 4E	2:00pm Music Appreciation - V 4E	8:35am One to One Visits - V 4E 8:45am Walking Club - V 4E 9:45am Hymn Singing - V 4E 10:30am Bingo Club - AR4E 2:30pm Jewish Service - MPR 3:15pm Praise & Worship Songs - V 4E	10:30am Church Service - MPR 2:30pm Spiritual Songs MPR
27	-	3 29	30	31		
10:00am Outdoor Activities - C 2:30pm Outdoor Activities - C	 8:30am One to One Restorative Feeding and Activities - V 4E 8:40am Walking Club - V 4E 10:30am Adapted Dance with Riki - MPR 1:30pm Calming Sensory Relaxation V 4E 1:30pm Montessori Group - AR4E 1:30pm Snoezelen Experience - V 4E 2:15pm Courtyard Club - C 	8:30am One to One Visits - V 4E 8:40am Walking Club - V 4E 10:30am Bingo Club - AR4E 10:30am Throwback Tuesdays - MPR - 2:15pm Outdoor Activities - C	8:45am Walking Club - V 4E 10:00am Table Top Activities - AR4E 10:15am Residents Choice (TV) - V 4E 10:30am Hymn Sing - MPR 2:30pm Birthday Party - MPR 3:00pm Movie - V 4E	8:45am Walking Club - V 4E 9:45am Table Top Activities - AR4E		

VALLEYVIEW

V 4E - Varied 4E Some programs may take place outdoors, weather permitting. Programs may be subject to change.