

July 2025



3 West Programs Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 10:30am Throwback Tuesdays - MPR 2:30pm Community Ice Cream Social - V	2 10:30am Hymn Sing - MPR 2:30pm Community Active Games - MPR	3 1:30pm Group Exercises - TV3W	4 2:30pm Jewish Service - MPR	5 10:30am Church Service - MPR
6 10:00am Outdoor Activities - C 2:30pm Outdoor Activities - C	7 10:30am Adapted Dance with Riki - MPR 1:30pm Group Exercises - TV3W 2:15pm Courtyard Club - C	8 10:30am Throwback Tuesdays - MPR 1:30pm Group Exercises - TV3W 2:30pm Catholic Service - MPR	9 10:30am Hymn Sing - MPR 2:00pm Community Artists Club - Wildflower Paper - MPR	10 11:15am Sing Along - AR3W 1:30pm Group Exercises - TV3W 2:30pm Live Entertainment - Country Kenny - MPR	11 11:15am Hymn Singing - TV3W 2:30pm Jewish Service - MPR 3:30pm Oldies Music - AR3W	12 10:30am Church Service - MPR 3:00pm Bethel Church Performance - MPR
13 10:00am Outdoor Activities - C 2:30pm Outdoor Activities - C	14 10:30am Adapted Dance with Riki - MPR 1:30pm Group Exercises - TV3W 2:15pm Courtyard Club - C 3:30pm One to One Visits - RR3W	15 10:30am Throwback Tuesdays - MPR 1:30pm Group Exercises - TV3W 2:15pm Outdoor Activities - C 2:30pm Bingo - AR3W	16 12:00pm Summer BBQ - MPR 	17 11:15am Sing Along - TV3W 1:30pm Group Exercises - TV3W 2:30pm Community Melodies - MPR	18 11:15am Hymn Singing - TV3W 2:30pm Jewish Service - MPR 3:30pm Oldies Music - AR3W	19 10:30am Church Service - MPR 2:30pm Japanese Church Performance - MPR
20 10:00am Outdoor Activities - C 2:30pm Outdoor Activities - C	21 10:30am Adapted Dance with Riki - MPR 1:30pm Group Exercises - TV3W 2:30pm Residents' Council - MPR	22 10:30am Throwback Tuesdays - MPR 1:30pm Group Exercises - TV3W 2:15pm Outdoor Activities - C 2:30pm Bingo - AR3W	23 10:30am Hymn Sing - MPR 2:30pm Memorial Service - MPR	24 10:00am Pet Therapy - Hands on Exotic - V 1:30pm Group Exercises - TV3W 3:30pm One to One Visits - RR3W	25 11:15am Hymn Singing - TV3W 2:30pm Jewish Service - MPR 3:30pm Oldies Music - AR3W	26 10:30am Church Service - MPR
27 10:00am Outdoor Activities - C 2:30pm Outdoor Activities - C	28 10:30am Adapted Dance with Riki - MPR 1:30pm Group Exercises - TV3W 2:15pm Courtyard Club - C 3:30pm One to One Visits - RR3W	29 10:30am Throwback Tuesdays - MPR 1:30pm Group Exercises - TV3W 2:15pm Outdoor Activities - C 2:30pm Bingo - AR3W	30 10:30am Hymn Sing - MPR 2:30pm Birthday Party - MPR 	31 10:30am Live Entertainment - Jay Franco - MPR 11:15am Sing Along - TV3W 1:30pm Group Exercises - TV3W 2:30pm Outdoor Activity - V 3W		

AR3W - Activity Room 3W

C - Courtyard

MPR - Multi-Purpose Room

RR3W - Resident Rooms 3W

TV3W - TV Room 3W

V - Varied

V 3W - Varied 3W

Some programs may take place outdoors, weather permitting. Programs may be subject to change.