

July 2025



2 West Programs Calendar

| Sunday                                                                                                                                     | Monday                                                                                                                                                                                   | Tuesday                                                                                                                                                                                                                                                 | Wednesday                                                                                                                                                                                                                 | Thursday                                                                                                                                                      | Friday                                                                                                                                                  | Saturday                                                                               |
|--------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------|
|                                                                                                                                            |                                                                                                                                                                                          | 1                                                                                                                                                                                                                                                       | 2                                                                                                                                                                                                                         | 3                                                                                                                                                             | 4                                                                                                                                                       | 5                                                                                      |
|                                                                                                                                            |                                                                                                                                                                                          | 9:30am Oldies Tunes/Music Appreciation - TV2W<br>10:30am 1:1 - V 2W<br>10:30am <b>Throwback Tuesdays - MPR</b><br>2:30pm <b>Community Ice Cream Social - V</b><br>2:30pm Lovable Companions (Pet Therapy) - AR2W<br>2:30pm Residents Choice (TV) - TV2W | 9:30am Group Exercise - TV2W<br>9:30am one to one - V 2W<br>10:30am <b>Hymn Sing - MPR</b><br>2:30pm <b>Community Active Games - MPR</b>                                                                                  | 10:30am 1:1 Puzzles - V 2W<br>10:30am Armchair Travel - TV2W<br>2:30pm Residents Choice (TV) - TV2W                                                           | 9:30am Group Exercise - TV2W<br>9:30am one to one - V 2W<br>10:30am Bingo - AR2W<br>2:00pm Spiritual Songs - TV2W<br>2:30pm <b>Jewish Service - MPR</b> | 10:30am <b>Church Service - MPR</b>                                                    |
| 6                                                                                                                                          | 7                                                                                                                                                                                        | 8                                                                                                                                                                                                                                                       | 9                                                                                                                                                                                                                         | 10                                                                                                                                                            | 11                                                                                                                                                      | 12                                                                                     |
| 10:00am <b>Outdoor Activities - C</b><br>10:30am Residents Choice (TV) - TV2W<br>2:30pm 1:1 - V 2W<br>2:30pm <b>Outdoor Activities - C</b> | 9:30am Group Exercise - TV2W<br>9:30am one to one - V 2W<br>10:30am <b>Adapted Dance with Riki - MPR</b><br>2:15pm <b>Courtyard Club - C</b><br>2:30pm Resident Sing-a-Long - TV2W       | 9:30am Oldies Tunes/Music Appreciation - TV2W<br>10:30am 1:1 - V 2W<br>10:30am <b>Throwback Tuesdays - MPR</b><br>2:30pm <b>Catholic Service - MPR</b><br>2:30pm Lovable Companions (Pet Therapy) - AR2W<br>2:30pm Residents Choice (TV) - TV2W         | 9:30am Group Exercise - TV2W<br>9:30am one to one - V 2W<br>10:30am <b>Hymn Sing - MPR</b><br>2:00pm <b>Community Artists Club - Wildflower Paper - MPR</b>                                                               | 10:30am 1:1 Puzzles - V 2W<br>10:30am Armchair Travel - TV2W<br>2:30pm <b>Live Entertainment - Country Kenny - MPR</b><br>2:30pm Residents Choice (TV) - TV2W | 9:30am Group Exercise - TV2W<br>9:30am one to one - V 2W<br>10:30am Bingo - AR2W<br>2:00pm Spiritual Songs - TV2W<br>2:30pm <b>Jewish Service - MPR</b> | 10:30am <b>Church Service - MPR</b><br>3:00pm <b>Bethel Church Performance - MPR</b>   |
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| 10:00am <b>Outdoor Activities - C</b><br>10:30am Residents Choice (TV) - TV2W<br>2:30pm 1:1 - V 2W<br>2:30pm <b>Outdoor Activities - C</b> | 9:30am Group Exercise - TV2W<br>9:30am one to one - V 2W<br>10:30am <b>Adapted Dance with Riki - MPR</b><br>2:15pm <b>Courtyard Club - C</b><br>2:30pm Resident Sing-a-Long - TV2W       | 9:30am Oldies Tunes/Music Appreciation - TV2W<br>10:30am 1:1 - V 2W<br>10:30am <b>Throwback Tuesdays - MPR</b><br>2:15pm <b>Outdoor Activities - C</b><br>2:30pm Lovable Companions (Pet Therapy) - AR2W<br>2:30pm Residents Choice (TV) - TV2W         | 9:30am Group Exercise - TV2W<br>9:30am one to one - V 2W<br>12:00pm <b>Summer BBQ - MPR</b><br>                                      | 10:30am 1:1 Puzzles - V 2W<br>10:30am Armchair Travel - TV2W<br>2:30pm <b>Community Melodies - MPR</b><br>2:30pm Residents Choice (TV) - TV2W                 | 9:30am Group Exercise - TV2W<br>9:30am one to one - V 2W<br>10:30am Bingo - AR2W<br>2:00pm Spiritual Songs - TV2W<br>2:30pm <b>Jewish Service - MPR</b> | 10:30am <b>Church Service - MPR</b><br>2:30pm <b>Japanese Church Performance - MPR</b> |
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| 10:00am <b>Outdoor Activities - C</b><br>10:30am Residents Choice (TV) - TV2W<br>2:30pm 1:1 - V 2W<br>2:30pm <b>Outdoor Activities - C</b> | 9:30am Group Exercise - TV2W<br>9:30am one to one - V 2W<br>10:30am <b>Adapted Dance with Riki - MPR</b><br>2:30pm Resident Sing-a-Long - TV2W<br>2:30pm <b>Residents' Council - MPR</b> | 9:30am Oldies Tunes/Music Appreciation - TV2W<br>10:30am 1:1 - V 2W<br>10:30am <b>Throwback Tuesdays - MPR</b><br>2:15pm <b>Outdoor Activities - C</b><br>2:30pm Lovable Companions (Pet Therapy) - AR2W<br>2:30pm Residents Choice (TV) - TV2W         | 9:30am Group Exercise - TV2W<br>9:30am one to one - V 2W<br>10:30am <b>Hymn Sing - MPR</b><br>2:30pm <b>Memorial Service - MPR</b>                                                                                        | 10:00am <b>Pet Therapy - Hands on Exotic - V</b><br>10:30am 1:1 Puzzles - V 2W<br>10:30am Armchair Travel - TV2W<br>2:30pm Residents Choice (TV) - TV2W       | 9:30am Group Exercise - TV2W<br>9:30am one to one - V 2W<br>10:30am Bingo - AR2W<br>2:00pm Spiritual Songs - TV2W<br>2:30pm <b>Jewish Service - MPR</b> | 10:30am <b>Church Service - MPR</b>                                                    |
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