

May 2025



3 West Programs Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:30am Jeopardy - AR3W 11:15am Sing a long - TV3W 1:30pm Group Exercises - TV3W 2:30pm Community Melodies with Ruth - MPR	2 10:00am Active Games - AR3W 11:15am Hymn Singing - TV3W 2:30pm Jewish Service - MPR 3:30pm Oldies Music - AR3W	3 10:30am Church Service - MPR
4	5 10:30am Adapted Dance with Riki - MPR 1:30pm Group Exercises - TV3W 3:00pm Bingo - AR3W	6 10:00am Baking - AR3W 10:30am Throwback Tuesdays - MPR 10:45am Coffee/Tea Social - AR3W 1:30pm Group Exercises - TV3W 2:30pm Ice Cream Social - V 3W	7 10:30am Hymn Sing - MPR 2:00pm Movie - MPR	8 9:30am Jeopardy - AR3W 11:15am Sing a long - TV3W 1:30pm Group Exercises - TV3W 2:30pm Bingo - AR3W	9 10:00am Crawford Service Day - MPR 2:30pm Jewish Service - MPR 3:30pm Oldies Music - AR3W	10 10:30am Church Service - MPR
11 MOTHER'S DAY 2:00pm Special Event - Mother's Day Tea - MPR	12 10:30am Tai Chi with Gina - MPR 1:30pm Group Exercises - TV3W 3:00pm Bingo - AR3W	13 10:00am Baking - AR3W 10:30am Throwback Tuesdays - MPR 10:45am Coffee/Tea Social - AR3W 1:30pm Group Exercises - TV3W 2:30pm Hot Chocolate Social - AR3W	14 10:30am Hymn Sing - MPR 2:30pm Board Games Bonanza - MPR	15 9:30am Jeopardy - AR3W 11:15am Sing a long - TV3W 1:30pm Group Exercises - TV3W 2:30pm Entertainment - Michael Khinkis - MPR	16 2:30pm Jewish Service - MPR	17 10:30am Church Service - MPR
18	19 VICTORIA DAY 10:30am Adapted Dance with Riki - MPR 2:30pm Community Ice Cream Social - V	20 10:00am Bingo - AR3W 10:30am Throwback Tuesdays - MPR 1:30pm Group Exercises - TV3W	21 10:30am Hymn Sing - MPR 2:30pm Community Active Games - MPR	22 10:00am Pet Therapy - Hands on Exotic - V 1:30pm Group Exercises - TV3W 2:30pm Bingo - AR3W	23 10:00am Arts and Crafts - V 3W 11:15am Hymn Singing - TV3W 2:30pm Jewish Service - MPR 3:30pm Oldies Music - AR3W	24 10:30am Church Service - MPR
25	26 10:30am Tai Chi with Gina - MPR 1:30pm Group Exercises - TV3W 3:00pm Bingo - AR3W	27 10:00am Baking - AR3W 10:30am Throwback Tuesdays - MPR 10:45am Coffee/Tea Social - AR3W 1:30pm Group Exercises - TV3W 2:30pm Spring Social - AR3W	28 10:30am Hymn Sing - MPR 2:30pm Birthday Party - MPR	29 9:30am Jeopardy - AR3W 11:15am Sing a long - TV3W 1:30pm Group Exercises - TV3W 2:30pm Entertainment - Country Kenny - MPR	30 10:00am Active Games - AR3W 11:15am Hymn Singing - TV3W 2:30pm Jewish Service - MPR 3:30pm Oldies Music - AR3W	31 10:30am Church Service - MPR

AR3W - Activity Room 3W

MPR - Multi-Purpose Room

TV3W - TV Room 3W

V - Varied

V 3W - Varied 3W

Some programs may take place outdoors, weather permitting. Programs may be subject to change.