





April 2025



4 West Programs Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 APRIL FOOL'S DAY 10:00am Concert (TV) - V 4W 10:30am Comedy Club - V 4W 1:30pm Group Exercises - TV4W 2:15pm Movie - TV4W 2:30pm Unit Decorating - V 4W	2 9:30am Walk And Roll Club - V 4W 10:15am Window on the World - V 4W 10:30am Hymn Singing - MPR 2:30pm Community Music Jamming Session - MPR	3 10:15am Music Appreciation - V 4W 10:45am Willowdale Warriors (Sports Games) - V 4W 2:00pm Tranquil Nature - V 4W 2:30pm Community Active Games - MPR	4 9:30am Group Exercises - TV4W 10:15am Residents Choice (TV) - V 4W 10:30am Creative Artists Group - AR4W 2:00pm Spiritual Songs - V 4W 2:30pm Jewish Service - MPR	5 10:30am Church Service - MPR
6	7 9:30am Walk And Roll Club - V 4W 10:30am Adapted Dance with Riki - MPR 2:15pm Tranquil Nature - V 4W 2:30pm Sensory Therapy - AR4W	8 10:00am Sweet Scents Baking Club - AR4W 10:30am Throwback Tuesdays - MPR 1:30pm Group Exercises - TV4W 2:30pm Armchair Travel and Talk - TV4W	9 9:30am Walk And Roll Club - V 4W 10:15am Window on the World - V 4W 10:30am Church Service with Chaplain Jake - MPR 2:30pm Craft Group - Spring Theme - MPR	10 10:30am Celebration of Culture - Passover - TV4W 2:00pm Music Appreciation - V 4W 2:30pm Live Entertainment - David Wildsmith - MPR	11 9:30am Group Exercises - TV4W 10:15am Residents Choice (TV) - V 4W 10:30am Creative Artists Group - Passover Theme - AR4W 2:00pm Spiritual Songs - V 4W 2:30pm Jewish Service - MPR	12 PASSOVER 10:30am Church Service - MPR
13 PASSOVER	14 PASSOVER 9:30am Walk And Roll Club - V 4W 10:30am Tai Chi with Gina - MPR 2:15pm Music Appreciation - V 4W 2:30pm Lovable Companions (Pet Therapy) - AR4W 2:30pm Table Top Activities - AR4W	15 PASSOVER 10:30am Reminiscing - Trip Down Memory Lane - V 4W 10:30am Throwback Tuesdays - MPR 1:30pm Group Exercises - TV4W 2:30pm Brain Teasers - V 4W 3:00pm Sing With Us - TV4W	16 PASSOVER 9:30am Walk And Roll Club - V 4W 10:15am Window on the World - V 4W 10:30am Church Service with Chaplain Jake - MPR 1:30pm Music Appreciation - V 4W 2:00pm Easter Tea - MPR	17 PASSOVER 10:00am Concert (TV) - V 4W 2:00pm Pet Therapy - Hands on Exotic - V 3:45pm One To Ones - V 4W	18 GOOD FRIDAY PASSOVER 9:30am Group Exercises - TV4W 10:15am Residents Choice (TV) - V 4W 10:30am Creative Artists Group - Easter Theme - AR4W 2:00pm Spiritual Songs - V 4W 2:30pm Jewish Service - MPR	19 PASSOVER 10:30am Church Service - MPR
20 EASTER PASSOVER	21 9:30am Walk And Roll Club - V 4W 10:30am Adapted Dance with Riki - MPR 2:15pm Tranquil Nature - V 4W 2:30pm Residents' Council - MPR 2:30pm Sensory Therapy - AR4W	22 10:15am Sing With Us - TV4W 1:30pm Group Exercises - TV4W 2:00pm Movie - TV4W 2:30pm Keeping Cozy - Hot Beverages Social - AR4W	23 9:30am Walk And Roll Club - V 4W 10:15am Window on the World - V 4W 10:30am Church Service with Chaplain Jake - Town Hall - MPR 2:15pm Music Appreciation - V 4W 2:30pm Celebration of Culture - TV4W	24 10:00am Comedy Club - V 4W 2:30pm Community Bingo Club - MPR 4:00pm One To Ones - V 4W	25 9:30am Group Exercises - TV4W 10:30am Creative Artists Group - AR4W 10:30am Residents Choice (TV) - V 4W 2:00pm Spiritual Songs - V 4W 2:30pm Jewish Service - MPR	26 10:30am Church Service - MPR
27 2:00pm Live Entertainment - TBC - MPR	28 Federal Election Day 9:30am Walk And Roll Club - V 4W 10:30am Willowdale Warriors (Sports Games) - V 4W 11:15am Good Neighbours Discussion Club - V 4W 2:15pm Residents Choice (TV) - V 4W 2:30pm Sensory Therapy - AR4W	29 10:00am Sweet Scents Baking Club - AR4W 10:30am Throwback Tuesdays - MPR 1:30pm Group Exercises - TV4W 2:30pm Making Connections - V 4W	30 9:30am Walk And Roll Club - V 4W 10:15am Window on the World - V 4W 10:30am Church Service with Chaplain Jake - MPR 2:00pm Music Appreciation - V 4W 2:30pm Birthday Party - MPR			

AR4W - Activity Room 4W

MPR - Multi-Purpose Room

TV4W - TV Room 4W

V - Varied

V 4W - Varied 4W

Programs may be subject to change