

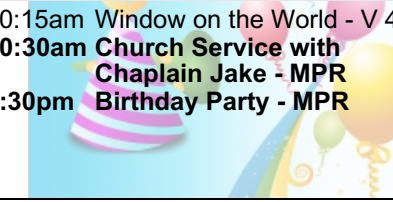


March 2025



4 West Programs Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 10:30am Church Service - MPR
2	3	4	5	6	7	8 10:30am Church Service - MPR
	9:30am Walk And Roll Club - V 4W 10:15am Residents Choice (TV) - V 4W 10:30am Obie Games - AR4W 2:15pm Classic Concert (TV) - V 4W 2:30pm Unit Decorating - V 4W 3:45pm One To Ones - V 4W	10:15am Armchair Travel and Talk - TV4W 1:30pm Group Exercises - TV4W 2:15pm Tranquil Nature - V 4W 2:30pm Cool Rhythms Percussion Band - V 4W	9:30am Walk And Roll Club - V 4W 10:15am Window on the World - V 4W 10:30am Church Service with Chaplain Jake - MPR 2:30pm Community Melodies - MPR	10:00am Music Appreciation - V 4W 10:45am Willowdale Warriors (Sports Games) - V 4W 2:15pm Talent Show (TV) - V 4W 2:30pm Live Entertainment - Zachary Erickson - MPR	9:30am Group Exercises - TV4W 10:15am Comedy Club - V 4W 10:30am Creative Artists Group - St. Patrick's Day Theme - AR4W 2:00pm Spiritual Songs - V 4W 2:30pm Jewish Service - MPR	
9 	10	11	12	13	14 PURIM	15 10:30am Church Service - MPR
	9:30am Walk And Roll Club - V 4W 10:15am Music Appreciation - V 4W 2:15pm Guess The Answer! - V 4W 2:45pm Good Neighbours Discussion Club - V 4W	10:00am Sweet Scents Baking Club - AR4W 10:00am Tranquil Nature - V 4W 10:30am Throwback Tuesdays - MPR 1:30pm Group Exercises - TV4W 2:15pm Talent Show (TV) - V 4W 2:30pm Table Top Activities - AR4W	9:30am Walk And Roll Club - V 4W 10:15am Window on the World - V 4W 10:30am Church Service with Chaplain Jake - MPR 2:00pm Movie - MPR 2:00pm Unit Movie - TV4W	10:00am Residents Choice (TV) - V 4W 10:45am Creative Artists Group - Purim Theme - AR4W 2:15pm Armchair Travel - TV4W 2:30pm Live Entertainment - Country Kenny - MPR	9:30am Group Exercises - TV4W 10:00am Music Appreciation - Jewish Songs - V 4W 10:30am Celebration of Culture - Purim - TV4W 2:00pm Spiritual Songs - V 4W 2:30pm Jewish Service - MPR	
16 	17 ST. PATRICK'S DAY	18	19	20	21	22 10:30am Church Service - MPR 2:15pm Hymn Singing - V 4W 2:30pm Lovable Companions (Pet Therapy) - AR4W 2:30pm Tender Moments (Doll Therapy) - V 4W
	9:30am Walk And Roll Club - V 4W 10:15am Celebration of Culture - Ireland - TV4W 10:30am Adapted Dance with Riki - MPR 2:00pm Music Appreciation - Songs of Ireland - V 4W 2:00pm St. Patrick's Day Tea Social - MPR	10:15am Reminiscing - Trip Down Memory Lane - V 4W 10:30am Throwback Tuesdays - MPR 1:30pm Group Exercises - TV4W 2:15pm St. Patrick's Day Parade (TV) - V 4W 2:30pm Creative Artists Group - AR4W	9:30am Walk And Roll Club - V 4W 10:15am Window on the World - V 4W 10:30am Church Service with Chaplain Jake - MPR 2:30pm Community Bingo Club - MPR	9:30am Music Appreciation - V 4W 10:00am Pet Therapy - Hands on Exotic - V 2:15pm Tranquil Nature - V 4W 2:30pm Sensory Therapy - AR4W	9:30am Group Exercises - TV4W 10:30am Residents Choice (TV) - V 4W 2:30pm Jewish Service - MPR	
23	24	25	26 	27	28	29 10:30am Church Service - MPR
10:15am Comedy Club - V 4W 10:30am Bingo Buddies Club - AR4W 2:15pm Tranquil Nature - V 4W 2:30pm Creative Artists Group - AR4W	9:30am Walk And Roll Club - V 4W 10:30am Adapted Dance with Riki - MPR 2:30pm Music Appreciation - V 4W 2:30pm Residents' Council - MPR	10:15am You Got To Know When To Fold 'Em (Laundry Club) - AR4W 10:30am Throwback Tuesdays - MPR 1:30pm Group Exercises - TV4W 2:15pm Brain Teasers - V 4W 2:45pm Sing With Us - TV4W	10:15am Window on the World - V 4W 10:30am Church Service with Chaplain Jake - MPR 2:30pm Birthday Party - MPR	10:00am Morning Movie - TV4W 10:30am Keeping Cozy - Hot Beverages Social - AR4W 2:00pm Community Obie Games - MPR 3:45pm One To Ones - V 4W	9:30am Group Exercises - TV4W 10:30am Making Connections - V 4W 10:30am Residents Choice (TV) - V 4W 2:00pm Spiritual Songs - V 4W 2:30pm Jewish Service - MPR	
30	31					
	9:30am Walk And Roll Club - V 4W 10:30am Tai Chi with Gina - MPR 2:30pm Music Appreciation - V 4W					

AR4W - Activity Room 4W

MPR - Multi-Purpose Room

TV4W - TV Room 4W

V - Varied

V 4W - Varied 4W

Programs may be subject to change