## **March 2025**

## **3 West Programs Calendar**

| Sunday                  | Monday  | Tuesday  | Wednesday  | Thursday  | Friday  | Saturday                     |    |
|-------------------------|---|--|--|---|---|------------------------------|----|
|                         |   |  |  |   |   |                              | 1  |
|                         |   |  |  |   |   | 10:30am Church Service - MPR |    |
|                         | 2 3   | 4  | 5  | 6   | 7   | ,                            | 8  |
|                         | 9:30am Seasonal Decorating - V 3W<br>1:30pm Group Exercises - TV3W<br>3:00pm Seasonal Decorating - V 3W   | 10:00am One to One Visits - RR3W<br>11:15am Sing a long - TV3W<br>1:30pm Group Exercises - TV3W<br>2:30pm Bingo - AR3W   | Chaplain Jake - MPR<br>2:30pm Community Melodies - MPR                                     | 9:30am Jeopardy - AR3W<br>11:15am Sing a long - TV3W<br>1:30pm Group Exercises - TV3W<br>2:30pm Live Entertainment -<br>Zachary Erickson - MPR          | 10:00am Arts and Crafts - V 3W<br>11:15am Hymn Singing - TV3W<br>2:30pm Jewish Service - MPR        | 10:30am Church Service - MPR |    |
|                         | 9 10  | 11   | 12   | 13  | 14  |                              | 15 |
|                         | 9:30am One to One Visits - RR3W<br>1:30pm Group Exercises - TV3W<br>2:30pm Bingo - AR3W   | 10:00am Baking - AR3W<br>10:30am Throwback Tuesdays - MPR<br>10:45am Coffee/Tea Social - AR3W<br>1:30pm Group Exercises - TV3W<br>2:30pm Hot Chocolate Social - AR3W   | Chaplain Jake - MPR<br>2:00pm Movie - MPR  | 9:30am Trivia - TV3W<br>11:15am Sing a long - TV3W<br>1:30pm Group Exercises - TV3W<br><b>2:30pm Live Entertainment -</b><br><b>Country Kenny - MPR</b> | PURIM<br>2:30pm Jewish Service - MPR  | 10:30am Church Service - MPR |    |
| 10                      | 6 17  | 18   | 19   | 20  | 21  |                              | 22 |
|                         | ST. PATRICK'S DAY<br>10:30am Adapted Dance with Riki -<br>MPR<br>1:30pm Group Exercises - TV3W<br>2:00pm St. Patrick's Day Tea Social<br>- MPR  | 10:00am Baking - AR3W<br>10:30am Throwback Tuesdays - MPR<br>10:45am Coffee/Tea Social - AR3W<br>1:30pm Group Exercises - TV3W<br>2:30pm St. Patrick Day Social - AR3W | 10:30am Church Service with<br>Chaplain Jake - MPR<br>2:30pm Community Bingo Club -<br>MPR | <b>10:00am Pet Therapy - Hands on</b><br>Exotic - V<br>11:15am Sing a long - TV3W<br>1:30pm Group Exercises - TV3W<br>2:30pm Bingo - AR3W               | 10:00am Arts and Crafts - V 3W<br>11:15am Hymn Singing - TV3W<br><b>2:30pm Jewish Service - MPR</b> | 10:30am Church Service - MPR |    |
| 23                      | 3 24  | 25   | 26   | 27  | 28  |                              | 29 |
|                         | <ul> <li>9:30am One to One Visits - RR3W</li> <li>10:30am Adapted Dance with Riki - MPR</li> <li>1:30pm Group Exercises - TV3W</li> <li>2:30pm Bingo - AR3W</li> <li>2:30pm Residents' Council - MPR</li> </ul> | 10:00am Baking - AR3W<br>10:30am Throwback Tuesdays - MPR<br>10:45am Coffee/Tea Social - AR3W<br>1:30pm Group Exercises - TV3W<br>2:30pm Spring Social - AR3W          | 10:30am Church Service with<br>Chaplain Jake - MPR<br>2:30pm Birthday Party - MPR          | 9:00am Trivia - TV3W<br>11:15am Sing a long - TV3W<br>1:30pm Group Exercises - TV3W<br><b>2:00pm Community Obie Games -</b><br>MPR                      | 10:00am One to One Visits - RR3W<br>11:15am Hymn Singing - TV3W<br>2:30pm Jewish Service - MPR      | 10:30am Church Service - MPR |    |
| 30                      | 0 31  |  |  |   |   |                              |    |
|                         | <b>10:30am Tai Chi with Gina - MPR</b><br>1:30pm Group Exercises - TV3W<br>2:30pm Bingo - AR3W  |  |  |   |   |                              |    |
| AR3W - Activity Room 3W | MPR - Multi-Purpose Ro  | nom RR3W -   | - Resident Rooms 3W  | TV3W - TV Room 3W   | V - Varied  |                              |    |

AR3W - Activity Room 3W

MPR - Multi-Purpose Room

RR3W - Resident Rooms 3W

TV3W - TV Room 3W

V 3W - Varied 3W



V - Varied

Programs may be subject to change