March 2025



2 West Programs Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
							1
						10:30am Church Service - MPR	
2	3	4	5	6	7		8
10:30am Residents Choice (TV) - TV2W 2:30pm 1:1 - V 2W	9:30am Group Exercise - TV2W 9:30am one to one - V 2W 2:30pm Resident Sing-a-Long - TV2W	9:30am Oldies Tunes/Music Appreciation - TV2W 10:30am 1:1 - V 2W 2:30pm Lovable Companions (Pet Therapy) - AR2W 2:30pm Residents Choice (TV) - TV2W	9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Church Service with Chaplain Jake - MPR 2:30pm Community Melodies - MPR	10:30am Armchair Travel - TV2W 2:30pm Live Entertainment - Zachary Erickson - MPR	9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Bingo - AR2W 2:00pm Spiritual Songs - TV2W 2:30pm Jewish Service - MPR	10:30am Church Service - MPR	
9	10	11	12	13	14		15
10:30am Residents Choice (TV) - TV2W 2:30pm	9:30am Group Exercise - TV2W 9:30am one to one - V 2W 2:30pm Resident Sing-a-Long - TV2W	10:30am 1:1 - V 2W 10:30am Throwback Tuesdays - MPR	9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Church Service with Chaplain Jake - MPR 2:00pm Movie - MPR	10:30am 1:1 Puzzles - V 2W 10:30am Armchair Travel - TV2W 2:30pm Live Entertainment - Country Kenny - MPR 2:30pm Residents Choice (TV) - TV2W	PURIM 9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Bingo - AR2W 2:00pm Spiritual Songs - TV2W 2:30pm Jewish Service - MPR	10:30am Church Service - MPR	
16	17	18	19	20	21		22
10:30am Residents Choice (TV) -	9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Adapted Dance with Riki - MPR 2:00pm St. Patrick's Day Tea Social - MPR 2:30pm Resident Sing-a-Long - TV2W	9:30am Oldies Tunes/Music Appreciation - TV2W 10:30am 1:1 - V 2W 10:30am Throwback Tuesdays - MPR 2:30pm Lovable Companions (Pet Therapy) - AR2W 2:30pm Residents Choice (TV) -	9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Church Service with Chaplain Jake - MPR	10:00am Pet Therapy - Hands on Exotic - V 10:30am 1:1 Puzzles - V 2W 10:30am Armchair Travel - TV2W	9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Bingo - AR2W 2:00pm Spiritual Songs - TV2W 2:30pm Jewish Service - MPR	10:30am Church Service - MPR	
23	24	25	26	27	28		29
TV2W 2:30pm 1:1 - V 2W	9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Adapted Dance with Riki - MPR 2:30pm Resident Sing-a-Long - TV2W 2:30pm Residents' Council - MPR	Appreciation - TV2W 10:30am 1:1 - V 2W 10:30am Throwback Tuesdays - MPR 2:30pm Lovable Companions (Pet Therapy) - AR2W	9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Church Service with Chaplain Jake - MPR 2:30pm Birthday Party - MPR	10:30am 1:1 Puzzles - V 2W 10:30am Armchair Travel - TV2W 2:00pm Community Obie Games - MPR 2:30pm Residents Choice (TV) - TV2W	9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Bingo - AR2W 2:00pm Spiritual Songs - TV2W 2:30pm Jewish Service - MPR	10:30am Church Service - MPR	
30	31						
10:30am Residents Choice (TV) - TV2W 2:30pm 1:1 - V 2W	9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Tai Chi with Gina - MPR 2:30pm Resident Sing-a-Long - TV2W						

AR2W - Activity Room 2W MPR - Multi-Purpose Room TV2W - TV Room 2W V - Varied V - Varied V - Varied 2W

Programs may be subject to change