






# February 2025



## 4 West Programs Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<b>1</b> 10:30am Church Service - MPR
<b>2</b> 	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b> 10:30am Church Service - MPR 2:15pm Armchair Travel - TV4W 2:30pm Hymn Singing - V 4W 3:30pm One To Ones - V 4W
	9:30am Walk And Roll Club - V 4W 10:30am <b>Tai Chi with Gina - MPR</b> 2:30pm Creative Artists Group - Making Chinese Fans - AR4W 3:30pm Unit Decorating - V 4W	10:00am Residents Choice (TV) - V 4W 10:30am Willowdale Warriors (Sports Games) - V 4W 1:30pm Group Exercises - TV4W 2:30pm Sing With Us - TV4W	9:30am Walk And Roll Club - V 4W 10:15am Window on the World - V 4W 10:30am <b>Church Service with Chaplain Jake - MPR</b> 2:30pm <b>Community Bingo Club - MPR</b>	10:00am Music Appreciation - V 4W 10:30am Celebration of Culture - Chinese New Year - TV4W 2:00pm <b>Movie - MPR</b> 2:00pm Classic Movie - TV4W	9:30am Group Exercises - TV4W 10:30am Residents Choice (TV) - V 4W 2:30pm <b>Jewish Service - MPR</b>	
<b>9</b> 	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b> <b>VALENTINE'S DAY</b>	<b>15</b> 10:30am Church Service - MPR
10:30am Creative Artists Group - Black History Theme - AR4W 2:15pm Tranquil Nature - V 4W 2:30pm Sensory Therapy - AR4W	9:30am Walk And Roll Club - V 4W 10:30am <b>Adapted Dance with Riki - MPR</b> 2:30pm Residents Choice (TV) - V 4W	10:15am Armchair Travel - TV4W 10:30am Obie Games - AR4W 1:30pm Group Exercises - TV4W 2:30pm Music Appreciation - Celebrating Black Artists - V 4W	9:30am Walk And Roll Club - V 4W 10:15am Window on the World - V 4W 10:30am <b>Church Service with Chaplain Jake - MPR</b> 2:00pm <b>Valentine's Day Tea Social - MPR</b>	10:30am Celebration of Culture - Black History Month - TV4W 10:30am Tiny Talent (TV) - V 4W 2:00pm Tranquil Nature - V 4W 2:30pm <b>Live Entertainment - Harmony Duet - MPR</b>	9:30am Group Exercises - TV4W 10:15am Love Songs - V 4W 10:30am Creative Artists Group - Love Theme - AR4W 2:30pm <b>Jewish Service - MPR</b>	
<b>16</b> 	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b> 10:30am Church Service - MPR
	9:30am Walk And Roll Club - V 4W 10:15am Music Appreciation - Songs From Around the World - V 4W 10:30am <b>Tai Chi with Gina - MPR</b> 2:00pm <b>Family Day Hot Chocolate Social - MPR</b>	10:30am Making Connections - V 4W 1:30pm Group Exercises - TV4W 2:30pm Lovable Companions (Pet Therapy) - AR4W 2:30pm Tender Moments (Doll Therapy) - V 4W	9:30am Walk And Roll Club - V 4W 10:15am Window on the World - V 4W 10:30am <b>Church Service with Chaplain Jake - MPR</b> 2:30pm <b>Board Games Bonanza - MPR</b>	10:00am Music Appreciation - V 4W 11:00am Sing With Us - TV4W 2:00pm <b>Pet Therapy - Hands on Exotic - V</b> 3:45pm One To Ones - V 4W	9:30am Group Exercises - TV4W 10:15am Residents Choice (TV) - V 4W 10:30am Creative Artists Group - AR4W 2:30pm <b>Jewish Service - MPR</b>	
<b>23</b> 	<b>24</b>	<b>25</b>	<b>26</b> 	<b>27</b> <b>Provincial Election Day</b>	<b>28</b>	
	9:30am Walk And Roll Club - V 4W 10:15am Comedy Club - V 4W 10:30am <b>Adapted Dance with Riki - MPR</b> 2:00pm Monday Movie - TV4W 2:00pm <b>Residents' Council - MPR</b>	10:15am Tiny Talent (TV) - V 4W 10:30am Bingo Buddies Club - AR4W 1:30pm Group Exercises - TV4W 2:30pm Sensory Therapy - AR4W 2:30pm Tranquil Nature - V 4W	9:30am Walk And Roll Club - V 4W 10:15am Window on the World - V 4W 10:30am <b>Church Service with Chaplain Jake - MPR</b> 2:30pm <b>Birthday Party - MPR</b>	10:15am Brain Teasers - V 4W 10:30am Good Neighbours Discussion Club - V 4W 2:15pm Armchair Travel - TV4W 2:30pm <b>Live Entertainment - Shannon Graham - MPR</b>	9:30am Group Exercises - TV4W 10:15am Residents Choice (TV) - V 4W 10:30am Creative Artists Group - AR4W 2:30pm <b>Jewish Service - MPR</b>	

AR4W - Activity Room 4W

MPR - Multi-Purpose Room

TV4W - TV Room 4W

V - Varied

V 4W - Varied 4W