





February 2025



4 East Programs Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 10:30am Church Service - MPR 2:30pm Spiritual Songs MPR
2 	3	4	5	6	7	8 10:30am Church Service - MPR 2:30pm Spiritual Songs MPR
	8:40am Walking Club - V 4E 10:00am Montessori Group - AR4E 10:30am Tai Chi with Gina - MPR 1:30pm Snoezelen Experience - V 4E 3:00pm Calming Sensory Relaxation - V 4E 3:30pm One to One Visits - V 4E	8:40am Walking Club - V 4E 10:30am Bingo Club - AR4E 11:45am One to One Visits - V 4E 2:30pm Creative Artists Group - AR4E 3:00pm Unit Decorating - V 4E	8:45am Walking Club - V 4E 10:15am Residents Choice (TV) - V 4E 10:30am Church Service with Chaplain Jake - MPR 2:00pm Table Top Activities - AR4E 2:30pm Community Bingo Club - MPR 3:00pm Movie - V 4E	8:45am Walking Club - V 4E 10:30am Folding And Sorting (Montessori Group) - AR4E 2:00pm Movie - MPR 3:30pm Window on the World - V 4E	8:45am Walking Club - V 4E 9:45am Hymn Singing - V 4E 10:30am Bingo Club - AR4E 11:45am One to One Visits - V 4E 2:00pm Praise & Worship Songs - V 4E 2:30pm Jewish Service - MPR	
9 	10	11	12	13	14 VALENTINE'S DAY	15 10:30am Church Service - MPR 2:30pm Spiritual Songs MPR
	8:40am Walking Club - V 4E 10:00am Montessori Group - AR4E 10:30am Adapted Dance with Riki - MPR 1:30pm Snoezelen Experience - V 4E 3:00pm Calming Sensory Relaxation - V 4E 3:30pm One to One Visits - V 4E	8:40am Walking Club - V 4E 10:30am Bingo Club - AR4E 11:45am One to One Visits - V 4E 2:00pm Music Appreciation - V 4E	8:45am Walking Club - V 4E 10:15am Residents Choice (TV) - V 4E 10:30am Church Service with Chaplain Jake - MPR 2:00pm Valentine's Day Tea Social - MPR 2:00pm Table Top Activities - AR4E 3:00pm Movie - V 4E	8:45am Walking Club - V 4E 10:30am Exploring The Internet - AR4E 2:30pm Live Entertainment - Harmony Duet - MPR 3:30pm Window on the World - V 4E	8:45am Walking Club - V 4E 9:45am Hymn Singing - V 4E 10:30am Valentine's Day Coffee & Tea Social Club - AR4E 11:45am One to One Visits - V 4E 2:30pm Jewish Service - MPR 6:00pm Praise & Worship Songs - V 4E	
16 <i>Love</i>	17	18	19	20	21	22 10:30am Church Service - MPR 2:30pm Spiritual Songs MPR
	8:40am Walking Club - V 4E 10:00am Montessori Group - AR4E 10:30am Tai Chi with Gina - MPR 1:30pm Snoezelen Experience - V 4E 2:00pm Family Day Hot Chocolate Social - MPR 3:00pm Calming Sensory Relaxation - V 4E	8:40am Walking Club - V 4E 10:30am Bingo Club - AR4E 11:45am One to One Visits - V 4E 2:30pm Resident Sing-Along - AR4E	8:45am Walking Club - V 4E 10:15am Residents Choice (TV) - V 4E 10:30am Church Service with Chaplain Jake - MPR 2:00pm Table Top Activities - AR4E 2:30pm Board Games Bonanza - MPR 3:00pm Movie - V 4E	8:45am Walking Club - V 4E 10:30am Colouring and Painting - M - AR4E 2:00pm Pet Therapy - Hands on Exotic - V 3:30pm Window on the World - V 4E	8:45am Walking Club - V 4E 9:45am Hymn Singing - V 4E 10:30am Bingo Club - AR4E 11:45am One to One Visits - V 4E 2:30pm Jewish Service - MPR 6:00pm Praise & Worship Songs - V 4E	
23 	24	25	26 	27 Provincial Election Day	28	
	8:40am Walking Club - V 4E 10:30am Adapted Dance with Riki - MPR 10:30am Baby Care Corner - AR4E 1:30pm Snoezelen Experience - V 4E 2:00pm Residents' Council - MPR 3:00pm Calming Sensory Relaxation - V 4E 3:30pm One to One Visits - V 4E	8:40am Walking Club - V 4E 10:30am Bingo Club - AR4E 11:45am One to One Visits - V 4E 2:30pm 4 Express (Sports Games) - AR4E	8:45am Walking Club - V 4E 10:15am Residents Choice (TV) - V 4E 10:30am Church Service with Chaplain Jake - MPR 2:00pm Table Top Activities - AR4E 2:30pm Birthday Party - MPR 3:00pm Movie - V 4E	8:45am Walking Club - V 4E 10:30am Tranquil Nature - AR4E 2:30pm Live Entertainment - Shannon Graham - MPR 3:30pm Window on the World - V 4E	8:45am Walking Club - V 4E 9:45am Hymn Singing - V 4E 10:30am Bingo Club - AR4E 11:45am One to One Visits - V 4E 2:30pm Jewish Service - MPR 6:00pm Praise & Worship Songs - V 4E	

AR4E - Activity Room 4E

MPR - Multi-Purpose Room

V - Varied

V 4E - Varied 4E