

February 2025



3 East Programs Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 10:30am Church Service - MPR
2 	3 10:30am Comedy Hour - V 3E 10:30am Tai Chi with Gina - MPR 2:30pm music appreciation - V 3E	4 10:30am armchair travel - V 3E 2:30pm Cognitive game - AR3E	5 10:30am Church Service with Chaplain Jake - MPR 10:30am cook show - V 3E 2:30pm Community Bingo Club - MPR 2:30pm animal show - TV3E	6 10:30am Cognitive game - AR3E 2:00pm Movie - MPR 2:30pm Nature appreciation. - TV3E 3:30pm cook show - V 3E	7 10:30am Arts & Crafts Appreciation - V 3E 10:30am Cognitive game - AR3E 2:30pm Jewish Service - MPR 2:30pm cook show - V 3E	8 10:30am Church Service - MPR
9 	10 10:30am Adapted Dance with Riki - MPR 10:30am Comedy Hour - V 3E 2:30pm music appreciation - V 3E	11 10:30am armchair travel - V 3E 2:30pm Cognitive game - AR3E	12 10:30am Church Service with Chaplain Jake - MPR 10:30am cook show - V 3E 2:00pm Valentine's Day Tea Social - MPR 2:30pm animal show - TV3E	13 10:30am Cognitive game - AR3E 2:30pm Live Entertainment - Harmony Duet - MPR 2:30pm Nature appreciation. - TV3E 3:30pm cook show - V 3E	14 VALENTINE'S DAY 10:30am Arts & Crafts Appreciation - V 3E 10:30am Cognitive game - AR3E 2:30pm Jewish Service - MPR 2:30pm cook show - V 3E	15 10:30am Church Service - MPR
16 	17 10:30am Comedy Hour - V 3E 10:30am Tai Chi with Gina - MPR 2:00pm Family Day Hot Chocolate Social - MPR 2:30pm music appreciation - V 3E	18 10:30am armchair travel - V 3E 2:30pm Cognitive game - AR3E	19 10:30am Church Service with Chaplain Jake - MPR 10:30am cook show - V 3E 2:30pm Board Games Bonanza - MPR 2:30pm animal show - TV3E	20 10:30am Cognitive game - AR3E 2:00pm Pet Therapy - Hands on Exotic - V 2:30pm Nature appreciation. - TV3E 3:30pm cook show - V 3E	21 10:30am Arts & Crafts Appreciation - V 3E 10:30am Cognitive game - AR3E 2:30pm Jewish Service - MPR 2:30pm cook show - V 3E	22 10:30am Church Service - MPR
23 	24 10:30am Adapted Dance with Riki - MPR 10:30am Comedy Hour - V 3E 2:00pm Residents' Council - MPR 2:30pm music appreciation - V 3E	25 10:30am armchair travel - V 3E 2:30pm Cognitive game - AR3E	26 10:30am Church Service with Chaplain Jake - MPR 10:30am cook show - V 3E 2:30pm Birthday Party - MPR 2:30pm animal show - TV3E 2:30pm cook show - V 3E	27 Provincial Election Day 10:30am Cognitive game - AR3E 2:30pm Live Entertainment - Shannon Graham - MPR 2:30pm Nature appreciation. - TV3E 3:30pm cook show - V 3E	28 10:30am Arts & Crafts Appreciation - V 3E 10:30am Cognitive game - AR3E 2:30pm Jewish Service - MPR 2:30pm cook show - V 3E	

AR3E - Activity Room 3E

MPR - Multi-Purpose Room

TV3E - TV Room 3E

V - Varied

V 3E - Varied 3E