

# January 2025



## 4 East Programs Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>1</b> <b>Hanukkah</b> 8:45am Walking Club - V 4E 10:15am Residents Choice (TV) - V 4E 10:30am Hymn Singing - V 4E 2:00pm Table Top Activities - AR4E 3:00pm Movie - V 4E 4:15pm <b>Menorah Lighting - V</b>	<b>2</b> <b>Hanukkah</b> 8:45am Walking Club - V 4E 10:00am Creative Artists Group - AR4E 10:30am Unit Decorating - V 4E 2:00pm Music Appreciation - V 4E 3:30pm Window on the World - V 4E	<b>3</b> 8:45am Walking Club - V 4E 9:45am Hymn Singing - V 4E 10:30am Bingo Club - AR4E 11:45am One to One Visits - V 4E 2:30pm Jewish Service/ Sabbath Shalom - V 4E 3:00pm Colouring and Painting - M - AR4E	<b>4</b> 2:30pm Spiritual Songs MPR
<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
	8:40am Walking Club - V 4E 10:00am Montessori Group - AR4E 1:30pm Snoezelen Experience - V 4E 3:00pm Calming Sensory Relaxation - V 4E 3:30pm One to One Visits - V 4E	8:40am Walking Club - V 4E 10:30am Bingo Club - AR4E 11:45am One to One Visits - V 4E 2:00pm Moving to Music - V 4E 3:00pm Armchair Travel - V 4E	8:45am Walking Club - V 4E 10:15am Residents Choice (TV) - V 4E 10:30am Hymn Singing - V 4E 2:00pm Table Top Activities - AR4E 3:00pm Movie - V 4E	8:45am Walking Club - V 4E 10:30am Colouring and Painting - M - AR4E 2:30pm Baby Care Corner - AR4E 3:30pm Window on the World - V 4E	8:45am Walking Club - V 4E 9:45am Hymn Singing - V 4E 10:30am Bingo Club - AR4E 11:45am One to One Visits - V 4E 2:30pm Jewish Service/ Sabbath Shalom - V 4E	2:30pm Spiritual Songs MPR
<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
	8:40am Walking Club - V 4E 10:00am Montessori Group - AR4E 1:30pm Snoezelen Experience - V 4E 3:00pm Calming Sensory Relaxation - V 4E 3:30pm One to One Visits - V 4E	8:40am Walking Club - V 4E 10:30am Bingo Club - AR4E 11:45am One to One Visits - V 4E 2:00pm Music Appreciation - V 4E 3:00pm Lovable Companions (Pet Therapy) - AR4E	8:45am Walking Club - V 4E 10:15am Residents Choice (TV) - V 4E 2:00pm Table Top Activities - AR4E 2:30pm Hymn Singing - V 4E 3:00pm Movie - V 4E	8:45am Walking Club - V 4E 10:30am Resident Sing-Along - AR4E 2:30pm Comedy Time - V 4E 3:30pm Window on the World - V 4E	8:45am Walking Club - V 4E 9:45am Hymn Singing - V 4E 10:30am Bingo Club - AR4E 11:45am One to One Visits - V 4E 2:30pm <b>Jewish Service - MPR</b>	2:30pm Spiritual Songs MPR 10:30pm <b>Church Service - MPR</b>
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
	8:40am Walking Club - V 4E 10:00am Montessori Group - AR4E 1:30pm Snoezelen Experience - V 4E 2:30pm <b>Residents' Council - MPR</b> 3:00pm Calming Sensory Relaxation - V 4E 3:30pm One to One Visits - V 4E	8:40am Walking Club - V 4E 10:30am Bingo Club - AR4E 10:30am <b>Throwback Tuesdays - MPR</b> 11:45am One to One Visits - V 4E 2:30pm <b>Memorial Service TBC - MPR</b>	8:45am Walking Club - V 4E 10:15am Residents Choice (TV) - V 4E 10:30am <b>Hymn Sing - MPR</b> 2:00pm Table Top Activities - AR4E 2:30pm <b>Community Melodies - MPR</b> 3:00pm Movie - V 4E	8:45am Walking Club - V 4E 10:00am <b>Pet Therapy - Hands on Exotic - V</b> 2:30pm Exploring The Internet - AR4E 3:30pm Window on the World - V 4E	8:45am Walking Club - V 4E 9:45am Hymn Singing - V 4E 10:30am Bingo Club - AR4E 11:45am One to One Visits - V 4E 2:30pm <b>Jewish Service - MPR</b>	8:30am Walking Club - V 4E 2:30pm Spiritual Songs MPR 10:30pm <b>Church Service - MPR</b>
<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	
8:30am Walking Club - V 4E 10:30am Catholic Service T. V Virtual on YouTube - AR4E 2:00pm Movie - V 4E	8:40am Walking Club - V 4E 10:00am Montessori Group - AR4E 10:30am <b>Adapted Dance with Riki - MPR</b> 1:30pm Snoezelen Experience - V 4E 3:00pm Calming Sensory Relaxation - V 4E 3:30pm One to One Visits - V 4E	8:40am Walking Club - V 4E 10:30am Bingo Club - AR4E 10:30am <b>Throwback Tuesdays - MPR</b> 11:45am One to One Visits - V 4E 2:30pm Keeping Cozy - Hot Beverages Social (4E/4W) - AR4W	8:45am Walking Club - V 4E 10:15am Residents Choice (TV) - V 4E 10:30am <b>Hymn Sing - MPR</b> 2:00pm Table Top Activities - AR4E 2:30pm <b>Birthday Party - MPR</b> 3:00pm	8:45am Walking Club - V 4E 10:30am 4 Express (Sports Games) - AR4E 2:30pm <b>Entertainment - Country Kenny - MPR</b> 3:30pm Window on the World - V 4E 4:00pm Moving to Music - V 4E	8:45am Walking Club - V 4E 9:45am Hymn Singing - V 4E 10:30am Bingo Club - AR4E 11:45am One to One Visits - V 4E 2:30pm <b>Jewish Service - MPR</b>	

AR4E - Activity Room 4E

AR4W - Activity Room 4W

MPR - Multi-Purpose Room

V - Varied

V 4E - Varied 4E