

January 2025



2 East Programs Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Hanukkah 10:30am Hymn Singing - V 2E 2:30pm Valleyview News - TV2E 4:15pm Menorah Lighting - V	2 Hanukkah 10:30am Friendly Visits - V 2E 2:30pm Music Trivia - TV2E	3 10:30am Armchair Travel - TV2E 2:30pm Reminiscing - TV2E	4 10:30am Spiritual Songs - TV2E 2:30pm Music Appreciation - TV2E
5 10:30am Music Appreciation - TV2E 2:30pm Hymn Singing - V 2E	6 2:30pm Resident Sing-a-Long	7 2:30pm Bingo - AR2E	8 10:30am Hymn Singing - V 2E 2:30pm current events - TV2E	9 10:30am Friendly Visits - V 2E 2:30pm Jolly Good Interest Club - TV2E	10 10:30am Video Entertainment and Discussion - TV2E 2:30pm Valleyview News - TV2E	11 10:30am Spiritual Songs - TV2E 2:30pm movie - TV2E
12 10:30am Video Entertainment and Discussion - TV2E 2:30pm Hymn Singing - V 2E	13 2:30pm Resident Sing-a-Long	14 2:30pm Bingo - AR2E	15 10:30am Hymn Singing - V 2E 2:30pm current events - TV2E	16 10:30am Friendly Visits - V 2E 2:30pm Music Appreciation - TV2E	17 10:30am Favorite Entertainers - TV2E 2:30pm Jewish Service - MPR	18 2:30pm Armchair Travel - TV2E 10:30pm Church Service - MPR
19 10:30am Video Concert - TV2E 2:30pm Hymn Singing - V 2E	20 2:30pm Resident Sing-a-Long 2:30pm Residents' Council - MPR	21 10:30am Throwback Tuesdays - MPR 2:30pm Bingo - AR2E 2:30pm Memorial Service TBC - MPR	22 10:30am Hymn Sing - MPR 2:30pm Community Melodies - MPR	23 10:00am Pet Therapy - Hands on Exotic - V 2:30pm Armchair Travel - TV2E	24 10:30am Activity Calendar Planning - TV2E 2:30pm Jewish Service - MPR	25 2:30pm Reminiscing - TV2E 10:30pm Church Service - MPR
26 10:30am Jolly Good Interest Club - TV2E 2:30pm Hymn Singing - V 2E	27 10:30am Adapted Dance with Riki - MPR 2:30pm Resident Sing-a-Long	28 10:30am Throwback Tuesdays - MPR 2:30pm Bingo - AR2E	29 10:30am Hymn Sing - MPR 2:30pm Birthday Party - MPR	30 10:30am Valleyview News - TV2E 2:30pm Entertainment - Country Kenny - MPR	31 10:30am Cultural Mosaic - TV2E 2:30pm Jewish Service - MPR	

AR2E - Activity Room 2E

MPR - Multi-Purpose Room

TV2E - TV Room 2E

V - Varied

V 2E - Varied 2E