




December 2024



2 West Programs Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:30am Residents Choice (TV) - TV2W 2:30pm 1:1 - V 2W 2:30pm Christmas Sing a long - MPR	2 9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Adapted Dance with Riki - MPR 2:30pm Resident Sing-a-Long - TV2W	3 9:30am Oldies Tunes/Music Appreciation - TV2W 10:30am 1:1 - V 2W 10:30am Throwback Tuesdays - MPR 2:30pm Lovable Companions (Pet Therapy) - AR2W 2:30pm Residents Choice (TV) - TV2W	4 9:30am Group Exercise - TV2W 9:30am one to one - V 2W	5 10:30am 1:1 Puzzles - V 2W 10:30am Armchair Travel - TV2W 2:30pm Community Music Jamming Session - MPR 2:30pm Residents Choice (TV) - TV2W	6 9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Bingo - AR2W 2:00pm Spiritual Songs - TV2W 2:30pm Jewish Service - MPR	7 10:30am Church Service - MPR 2:30pm Visit with Pathfinders - MPR
8 10:30am Residents Choice (TV) - TV2W 2:00pm Home Area Activities - V 2:30pm 1:1 - V 2W	9 9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Tai Chi with Gina - MPR 2:30pm Resident Sing-a-Long - TV2W	10 9:30am Oldies Tunes/Music Appreciation - TV2W 10:30am 1:1 - V 2W 10:30am Throwback Tuesdays - MPR 2:30pm Lovable Companions (Pet Therapy) - AR2W 2:30pm Residents Choice (TV) - TV2W	11 9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Hymn Sing - MPR 2:00pm Community Artists Club - Ornaments - MPR	12 10:30am 1:1 Puzzles - V 2W 10:30am Armchair Travel - TV2W 2:30pm Live Entertainment - Jay Franco - MPR 2:30pm Residents Choice (TV) - TV2W	13 9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:00am Cookie Decorating with Crawford Academy - MPR 10:30am Bingo - AR2W 2:00pm Spiritual Songs - TV2W 2:30pm Jewish Service - MPR	14 10:30am Church Service - MPR
15 10:30am Residents Choice (TV) - TV2W 2:00pm Home Area Activities - V 2:30pm 1:1 - V 2W	16 9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Adapted Dance with Riki - MPR 2:30pm Resident Sing-a-Long - TV2W 2:30pm Residents' Council - MPR	17 9:30am Oldies Tunes/Music Appreciation - TV2W 10:30am 1:1 - V 2W 10:30am Throwback Tuesdays - MPR 2:30pm Lovable Companions (Pet Therapy) - AR2W 2:30pm Residents Choice (TV) - TV2W	18 9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Hymn Sing - MPR 2:30pm Holiday Bingo - MPR	19 10:30am 1:1 Puzzles - V 2W 10:30am Armchair Travel - TV2W 2:30pm Live Entertainment - Country Kenny - MPR 2:30pm Residents Choice (TV) - TV2W	20 9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Bingo - AR2W 2:00pm Spiritual Songs - TV2W 2:30pm Jewish Service - MPR	21 10:30am Church Service - MPR
22 10:30am Residents Choice (TV) - TV2W 2:00pm Holiday Tea Social - MPR 2:30pm 1:1 - V 2W	23 9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Yoga with Nancy - MPR 2:30pm Resident Sing-a-Long - TV2W	24 9:30am Oldies Tunes/Music Appreciation - TV2W 10:30am 1:1 - V 2W 10:30am Throwback Tuesdays - MPR 2:30pm Lovable Companions (Pet Therapy) - AR2W 2:30pm Residents Choice (TV) - TV2W	25 Happy Hanukka 9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Hymn Sing - MPR 4:15pm Menorah Lighting - V 	26 Happy Hanukka 10:30am 1:1 Puzzles - V 2W 10:30am Armchair Travel - TV2W 2:30pm Live Entertainment - Zachary Erickson - MPR 2:30pm Residents Choice (TV) - TV2W 4:15pm Menorah Lighting - V	27 Happy Hanukka 9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Bingo - AR2W 2:00pm Spiritual Songs - TV2W 2:30pm Jewish Service - MPR 4:15pm Menorah Lighting - V	28 Happy Hanukka 10:30am Church Service - MPR 4:15pm Menorah Lighting - V
29 Happy Hanukka 10:30am Residents Choice (TV) - TV2W 2:00pm Home Area Activities - V 2:30pm 1:1 - V 2W 4:15pm Menorah Lighting - V	30 Happy Hanukka 9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Tai Chi with Gina - MPR 2:30pm Resident Sing-a-Long - TV2W 4:15pm Menorah Lighting - V	31 Happy Hanukka 9:30am Oldies Tunes/Music Appreciation - TV2W 10:30am 1:1 - V 2W 10:30am Throwback Tuesdays - MPR 2:00pm Live Entertainment - Michael Khinkis - MPR 2:30pm Lovable Companions (Pet Therapy) - AR2W 2:30pm Residents Choice (TV) - TV2W 4:15pm Menorah Lighting - V	MERRY CHRISTMAS 	 HAPPY HANUKKAH		

AR2W - Activity Room 2W

MPR - Multi-Purpose Room

TV2W - TV Room 2W

V - Varied

V 2W - Varied 2W

