
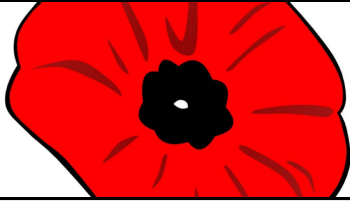


November 2024



4 East Programs Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
					1	2
					8:45am Walking Club - V 4E 10:00am Hymn Singing - V 4E 11:45am One to One Visits - V 4E 2:30pm Jewish Service - MPR	8:45am Walking Club - V 4E 10:00am Hymn Singing - V 4E 10:30am Church Service - MPR 2:30pm Spiritual Songs MPR 3:30pm One to One Visits - V 4E
3	4	5	6	7	8	9
8:45am Walking Club - V 4E 10:30am Catholic Service T. V Virtual on YouTube - AR4E 12:00pm Resident Sing-Along - AR4E 2:00pm Home Area Activities - V 2:30pm Creative Artists Group - AR4E	8:40am Walking Club - V 4E 10:00am Residents Choice (TV) - V 4E 10:30am Adapted Dance with Riki - MPR 2:30pm Calming Sensory Relaxation - V 4E	8:40am Walking Club - V 4E 10:30am Throwback Tuesdays with Chaplain Jake - MPR Unit Decorating - V 4E 11:45am One to One Visits - V 4E 2:30pm Baby Care Corner - AR4E	8:45am Walking Club - V 4E 10:15am Residents Choice (TV) - V 4E 10:30am Church Service - MPR 2:00pm Community Artists Club - Fall Craft - MPR 3:00pm Movie - V 4E	8:45am Walking Club - V 4E 10:00am Table Top Activities - AR4E 10:30am Window on the World - V 4E 2:00pm Pet Therapy - Hands on Exotic - V	8:45am Walking Club - V 4E 10:00am Hymn Singing - V 4E 10:00am Special Event - Crawford Service Day - MPR 2:30pm Jewish Service - MPR 3:45pm One to One Visits - V 4E	10:30am Church Service - MPR 2:30pm Spiritual Songs MPR
10	11	12	13	14	15	16
2:00pm Home Area Activities - V	REMEMBRANCE DAY 8:40am Walking Club - V 4E 10:00am Montessori Group - AR4E 10:30am Remembrance Day Service - MPR 2:00pm Reminiscing - Trip Down Memory Lane - AR4E	8:40am Walking Club - V 4E 10:30am Bingo Club - AR4E 10:30am Throwback Tuesdays with Chaplain Jake - MPR 11:45am One to One Visits - V 4E 2:30pm Folding And Sorting (Montessori Group) - AR4E	8:45am Walking Club - V 4E 10:15am Residents Choice (TV) - V 4E 10:30am Church Service - MPR 2:00pm Community Obie Games - MPR 3:00pm Movie - V 4E	8:45am Walking Club - V 4E 10:00am Baking Social Club - AR4E 10:30am Window on the World - V 4E 11:00am Reminiscing - Trip Down Memory Lane - AR4E 2:30pm Music Appreciation - V 4E 2:30pm Residents' Council - MPR	8:45am Walking Club - V 4E 10:00am Hymn Singing - V 4E 10:30am Bingo Club - AR4E 11:45am One to One Visits - V 4E 2:30pm Jewish Service - MPR	10:30am Church Service - MPR 2:30pm Spiritual Songs MPR
17	18	19	20	21	22	23
2:00pm Home Area Activities - V	8:40am Walking Club - V 4E 10:00am Montessori Group - AR4E 10:30am Tai Chi with Gina - MPR 2:30pm Armchair Travel - V 4E 2:30pm Residents' Council - MPR 3:30pm One to One Visits - V 4E	8:40am Walking Club - V 4E 10:30am Bingo Club - AR4E 11:45am One to One Visits - V 4E 2:30pm 4 Express (Sports Games) - AR4E	8:45am Walking Club - V 4E 10:15am Residents Choice (TV) - V 4E 10:30am Church Service - MPR 2:30pm Community Melodies - MPR 3:00pm Movie - V 4E	8:45am Walking Club - V 4E 10:00am Celebration of Culture - AR4E 10:30am Coffee & Tea Social Club - AR4E 10:30am Window on the World - V 4E 2:30pm Entertainment - Harmony Duet - MPR	8:45am Walking Club - V 4E 10:00am Hymn Singing - V 4E 10:30am Bingo Club - AR4E 11:45am One to One Visits - V 4E 2:30pm Jewish Service - MPR	10:30am Church Service - MPR 2:30pm Spiritual Songs MPR
24	25	26	27	28	29	30
2:00pm Home Area Activities - V	8:40am Walking Club - V 4E 10:00am Montessori Group - AR4E 10:30am Yoga with Nancy - MPR 2:30pm Comedy Time - V 4E 3:30pm One to One Visits - V 4E	8:40am Walking Club - V 4E 10:30am Bingo Club - AR4E 11:45am One to One Visits - V 4E 2:30pm Table Top Activities - AR4E	8:45am Walking Club - V 4E 10:15am Residents Choice (TV) - V 4E 10:30am Church Service - MPR 2:30pm Community Bingo Club - MPR 3:00pm Movie - V 4E	8:45am Walking Club - V 4E 10:30am Chair Exercises - V 4E 10:30am Window on the World - V 4E 11:00am Moving to Music - V 4E 3:00pm Tranquil Nature - AR4E	8:45am Walking Club - V 4E 10:00am Hymn Singing - V 4E 10:30am Bingo Club - AR4E 11:45am One to One Visits - V 4E 2:30pm Jewish Service - MPR	10:30am Church Service - MPR 2:30pm Spiritual Songs MPR

AR4E - Activity Room 4E

MPR - Multi-Purpose Room

V - Varied

V 4E - Varied 4E

