
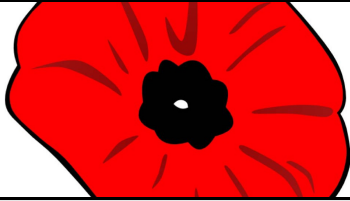


November 2024



2 West Programs Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Bingo - AR2W 2:00pm Spiritual Songs - TV2W 2:30pm Jewish Service - MPR
3 10:30am Residents Choice (TV) - TV2W 2:00pm Home Area Activities - V 2:30pm 1:1 - V 2W	4 9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Adapted Dance with Riki - MPR 2:30pm Resident Sing-a-Long - TV2W	5 9:30am Oldies Tunes/Music Appreciation - TV2W 10:30am 1:1 - V 2W 10:30am Throwback Tuesdays with Chaplain Jake - MPR 2:30pm Lovable Companions (Pet Therapy) - AR2W 2:30pm Residents Choice (TV) - TV2W	6 9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Church Service - MPR 2:00pm Community Artists Club - Fall Craft - MPR	7 10:30am 1:1 Puzzles - V 2W 10:30am Armchair Travel - TV2W 2:00pm Pet Therapy - Hands on Exotic - V 2:30pm Residents Choice (TV) - TV2W	8 9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:00am Special Event - Crawford Service Day - MPR 10:30am Bingo - AR2W 2:00pm Spiritual Songs - TV2W 2:30pm Jewish Service - MPR	9 10:30am Church Service - MPR 2:30pm Spiritual Songs MPR
10 10:30am Residents Choice (TV) - TV2W 2:00pm Home Area Activities - V 2:30pm 1:1 - V 2W	11 REMEMBRANCE DAY 9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Remembrance Day Service - MPR 2:30pm Resident Sing-a-Long - TV2W	12 9:30am Oldies Tunes/Music Appreciation - TV2W 10:30am 1:1 - V 2W 10:30am Throwback Tuesdays with Chaplain Jake - MPR 2:30pm Lovable Companions (Pet Therapy) - AR2W 2:30pm Residents Choice (TV) - TV2W	13 9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Church Service - MPR 2:00pm Community Obie Games - MPR	14 10:30am 1:1 Puzzles - V 2W 10:30am Armchair Travel - TV2W 2:30pm Residents Choice (TV) - TV2W 2:30pm Residents' Council - MPR	15 9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Bingo - AR2W 2:00pm Spiritual Songs - TV2W 2:30pm Jewish Service - MPR	16 10:30am Church Service - MPR 2:30pm Spiritual Songs MPR
17 10:30am Residents Choice (TV) - TV2W 2:00pm Home Area Activities - V 2:30pm 1:1 - V 2W	18 9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Tai Chi with Gina - MPR 2:30pm Resident Sing-a-Long - TV2W 2:30pm Residents' Council - MPR	19 9:30am Oldies Tunes/Music Appreciation - TV2W 10:30am 1:1 - V 2W 2:30pm Lovable Companions (Pet Therapy) - AR2W 2:30pm Residents Choice (TV) - TV2W	20 9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Church Service - MPR 2:30pm Community Melodies - MPR	21 10:30am 1:1 Puzzles - V 2W 10:30am Armchair Travel - TV2W 2:30pm Entertainment - Harmony Duet - MPR 2:30pm Residents Choice (TV) - TV2W	22 9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Bingo - AR2W 2:00pm Spiritual Songs - TV2W 2:30pm Jewish Service - MPR	23 10:30am Church Service - MPR 2:30pm Spiritual Songs MPR
24 10:30am Residents Choice (TV) - TV2W 2:00pm Home Area Activities - V 2:30pm 1:1 - V 2W	25 9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Yoga with Nancy - MPR 2:30pm Resident Sing-a-Long - TV2W	26 9:30am Oldies Tunes/Music Appreciation - TV2W 10:30am 1:1 - V 2W 2:30pm Lovable Companions (Pet Therapy) - AR2W 2:30pm Residents Choice (TV) - TV2W	27 9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Church Service - MPR 2:30pm Community Bingo Club - MPR	28 10:30am 1:1 Puzzles - V 2W 10:30am Armchair Travel - TV2W 2:30pm Residents Choice (TV) - TV2W	29 9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Bingo - AR2W 2:00pm Spiritual Songs - TV2W 2:30pm Jewish Service - MPR	30 10:30am Church Service - MPR 2:30pm Spiritual Songs MPR

AR2W - Activity Room 2W

MPR - Multi-Purpose Room

TV2W - TV Room 2W

V - Varied

V 2W - Varied 2W

