


October 2024



4 West Programs Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 10:30am Armchair Travel and Talk - TV4W 10:30am Throwback Tuesdays with Chaplain Jake - MPR 2:30pm Outdoor Singalong - V 3:45pm Music Appreciation - V 4W 3:45pm One To Ones - V 4W	2 Rosh Hashanah 9:30am Walk And Roll Club - V 4W 10:15am Window on the World - V 4W 10:30am Church Service - MPR 2:30pm Tranquil Nature - V 4W 2:30pm Unit Decorating - V 4W 3:30pm One To Ones - V 4W	3 Rosh Hashanah 10:00am Music Appreciation - V 4W 10:30am Creative Artists Group - AR4W 2:30pm Comedy Club - V 4W 2:30pm Sensory Therapy - AR4W	4 Rosh Hashanah 9:30am Walk And Roll Club - V 4W 10:30am Music Appreciation - V 4W 2:30pm Jewish Service - MPR 2:30pm Residents Choice (TV) - V 4W	5 10:30am Church Service - MPR 2:30pm Celebration of Culture - TV4W 2:30pm Hymn Singing - V 4W 2:30pm Spiritual Songs - MPR
6 10:30am Lovable Companions (Pet Therapy) - AR4W 2:15pm Movie - TV4W 2:30pm One To Ones - V 4W Residents Choice - V	7 9:30am Walk And Roll Club - V 4W 10:30am Adapted Dance with Riki - MPR 2:15pm Tranquil Nature - V 4W	8 10:15am Willowdale Warriors (Sports Games) - V 4W 10:30am Throwback Tuesdays with Chaplain Jake - MPR 2:30pm Sensory Therapy - AR4W	9 9:30am Walk And Roll Club - V 4W 10:15am Window on the World - V 4W 10:30am Church Service - MPR 2:15pm Residents Choice (TV) - V 4W 2:30pm Community Bingo Club - MPR	10 10:00am Brain Teasers - V 4W 10:45am You Got To Know When To Fold 'Em (Laundry Club) - AR4W 2:30pm Entertainment - Country Kenny - MPR	11 9:30am Walk And Roll Club - V 4W 10:30am Creative Artists Group - AR4W 2:00pm Music Appreciation - V 4W 2:30pm Jewish Service - MPR	12 10:30am Church Service - MPR 2:30pm Spiritual Songs MPR
13 Residents Choice - V	14 9:30am Walk And Roll Club - V 4W 10:30am Music Appreciation - V 4W 	15 10:15am Sweet Scents Baking Club - AR4W 10:30am Throwback Tuesdays with Chaplain Jake - MPR 2:30pm Armchair Travel and Talk - TV4W 3:45pm One To Ones - V 4W	16 SUKKOT 9:30am Walk And Roll Club - V 4W 10:15am Window on the World - V 4W 10:30am Church Service - MPR 2:15pm Residents Choice (TV) - V 4W 2:30pm Fall Sing a long - MPR	17 SUKKOT 10:00am Comedy Club - V 4W 2:30pm Songs, Stories & Jokes by the Campfire - TV4W 3:45pm One To Ones - V 4W	18 SUKKOT 9:30am Walk And Roll Club - V 4W 10:30am Creative Artists Group - AR4W 2:00pm Music Appreciation - V 4W 2:30pm Jewish Service - MPR	19 SUKKOT 10:30am Church Service - MPR 2:30pm Spiritual Songs MPR
20 SUKKOT Residents Choice - V	21 SUKKOT 9:30am Walk And Roll Club - V 4W 10:30am Tai Chi with Gina - MPR 2:15pm Music Appreciation - V 4W 2:30pm Sensory Therapy - AR4W	22 SUKKOT 10:30am Throwback Tuesdays with Chaplain Jake - MPR 10:30am Willowdale Warriors (Sports Games) - V 4W 2:30pm Residents' Council - MPR 2:30pm Sing With Us - TV4W 3:45pm One To Ones - V 4W	23 SUKKOT 9:30am Walk And Roll Club - V 4W 10:15am Window on the World - V 4W 10:30am Church Service - MPR 2:10pm Movie - MPR 2:15pm Residents Choice (TV) - V 4W	24 9:45am Morning Movie - TV4W Reminiscing - Trip Down Memory Lane - V 4W 2:30pm Entertainment - Oktoberfest Celebration - MPR	25 9:30am Walk And Roll Club - V 4W 10:30am Creative Artists Group - AR4W 2:00pm Music Appreciation - V 4W 2:30pm Jewish Service - MPR	26 10:30am Church Service - MPR 2:30pm Spiritual Songs MPR
27 Residents Choice - V	28 9:30am Walk And Roll Club - V 4W 10:30am Yoga with Nancy - MPR 2:15pm Talent Show (TV) - V 4W 2:30pm Obie Games - AR4W	29 10:15am Tea Social Club - AR4W 10:30am Throwback Tuesdays with Chaplain Jake - MPR 2:30pm Celebration of Culture - TV4W 3:45pm One To Ones - V 4W	30 9:30am Walk And Roll Club - V 4W 10:15am Window on the World - V 4W 10:30am Church Service - MPR 2:30pm Craft Group - MPR 2:30pm Residents Choice Concert - V 4W	31		

AR4W - Activity Room 4W

MPR - Multi-Purpose Room

TV4W - TV Room 4W

V - Varied

V 4W - Varied 4W